



**The most important  
fundamental insights  
for a happy life**

This book is dedicated to those  
who strive for true happiness on the  
foundation of building loving relationships



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## Text for the back of the book

The longing of our Creator is surely for all of humanity to prosper. This is certainly possible if we use the resources available to us on earth correctly. There is not the slightest reason to doubt the concrete realization of this ideal state, unless I am still so immature in my personal development that I mainly revolve around myself and am not capable of looking at reality from a higher point of view.

At this point, opinions differ: some people cannot really get beyond their own self-centered needs in their thinking and feeling, while others are determined to get out of any state of dissatisfaction with themselves in order to experience true freedom, which is only possible if I have learned to love myself and others in the right way.

I am addressing this book to those who have understood this basic truth and have already taken the step of leaving the realm of selfishness to live for the good of others, because only when I bring joy to my fellow human beings can I be truly happy myself.



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## Foreword

Dear reader,

There are three basic questions in life that everyone answers for themselves:

- 1) Who am I?
- 2) What do I want to live for?
- 3) What is necessary to be happy?

After decades of searching for a deeper understanding, writing down thousands of pages related to my beliefs and sharing them with those interested, I would like to summarize here the most important points I have learned in my life so far.

The three fundamental questions mentioned here are directly connected. From my true identity comes the answer to how I can experience true fulfillment. This is what all people have in common: Everyone wants to be happy.

In order to reach this ideal state of bliss in daily life, I have to behave in a way that makes this possible by doing what corresponds to my original nature. The word 'original' here refers to what is present in me as potential. I did not give this to myself, but it was created in me by my Creator. Therefore, the answer to the first question: "Where do I come from?" is clear: I am the result of God's work of creation.

As soon as we think logically and consistently, we come to the conclusion that the magnificent cosmos cannot be the result of chance, but must have a Creator, just like all the things we use in our daily lives. Not a single person has created themselves, and therefore it should be the most natural thing in the world for everyone to first ask the question, to what being do I owe my existence here on earth?

The answer to this question is much easier than most people think: just as every artist expresses himself in his work of art, I too am an expression of the essence of God, who created me in his image. How do I know that this is true? We can be sure of this because every person with a healthy heart feels this way: When I do something, I want to express myself in it in a way that makes me feel good. We feel best when we have someone with whom we can have a deep exchange in every respect.

This fact clearly provides the answer to the question: Who am I? I am the image of my Creator, whom I resemble. The feelings in the innermost part of my soul come from God and are therefore also present in Him.

This leads to further insights: I long for love, for the good, the true and the beautiful, because this is just as much the longing of the Creator, who created me in order to make these contents visible in my life in a unique way.

Based on this understanding, the correct answers to the other two essential questions of life also arise: the purpose of life is to become a perfect image of God ourselves and to bring the ideal of love, which is present in us as a potential, to full bloom.

That answers the most important questions in just a few sentences. Now it is up to you, to decide how you feel about it. I use the personal form of address because, as children of God, we are brothers and sisters of a worldwide family and should therefore treat each other as brothers and sisters.

Of course, it may take some time to think through and internalize this fundamental understanding, in which God's love is at the center, but there are no more effective answers than those presented here.



What still needs to be clarified for those who are not yet sure: There are only 2 possibilities: Either nothing makes sense, since everything is just the result of random events, or EVERYTHING makes sense and there is a logical and reasonable answer to every essential question. I am absolutely certain that the latter is the case.

Digital technology has been able to reach such a high standard because it works logically, whereby there are always 2 possibilities and countless combinations of 0 or 1. We must also apply this consistent logic to the area of inner questions in order to arrive at the right answers and recognize the full truth.

To summarize, we can say that there is a concrete Creator of the universe who expresses His traits in it, and as the crown of creation, it is our task to achieve personal perfection in accordance with His desire. This is all about maturity in the ability to love, because if I have learned to love myself, I will also turn lovingly to my fellow human beings and ensure that everyone is happy and content.

This is the wish of our Creator that all mankind should be well, and it is possible if we use the resources available to us on earth properly. There is not the slightest reason to doubt the concrete realization of this ideal state, unless I am still so immature in my personal development that I mostly revolve around myself and am not able to look at reality from a higher point of view.

At this point, opinions differ: some people cannot get beyond their own self-centered needs in their thinking and feeling, while others are determined to get out of this state of dissatisfaction with themselves in order to experience true freedom, which is only possible if I have learned to love myself and others in the right way.

I am addressing this book to those who have understood this basic truth and have already taken the step to leave the realm of selfishness in order to live for the good of others, because only when I bring joy to my fellow human beings can I be truly happy myself.

Nikolaus Beutl



## There is one absolute truth that we should all be familiar with

Scientists try to find out the laws and processes in the various areas of visible nature through research. The more consistently this is done, the better the results. This also applies to the inner realm of the heart and soul of every human being: We absolutely must apply the laws of logic and reason to arrive at the correct answers.

In the foreword, I have already made it clear what it is essentially about: knowing the right answers to the crucial questions in life and putting them into practice. It is important to recognize that there is only one correct answer to each specific question.

The truth about our identity is nothing complicated, but simple and easy to understand at its core: as images of our ultimate origin, it should be clear to everyone that our daily task is to be as perfect as our Creator. In practical terms, this means meeting all people with a loving heart, just as God lets the sun shine on everyone, no matter what spiritual level they may be on.

The individual is somewhere between 0 and 100, between no love for others and a heart that is 100% concerned for the good of humanity. If I have no harmony within myself, I cannot really love myself, and therefore not others either. This is the lowest point where the majority of people unfortunately find themselves. They live in the darkness of ignorance about their actual dignity as sons and daughters of God, who were created to experience His love to the fullest extent. For this, however, it is necessary to develop a loving heart myself, because otherwise I am incapable of recognizing true love and responding to it in the right way.

If you have followed me in these reflections so far, then you have already reached your first goal: you know the answers to the 3 main questions in life and are on the way to putting them into practice day by day. You live with a deep peace at the bottom of your soul, and no one can take this precious foundation away from you, because you are one with the truth that we were created to manifest selfless love.

We need about three times seven years to develop to maturity physically and in our individual personality. While the former happens more or less automatically when we adopt a healthy lifestyle, our spiritual development requires a conscious effort. Feeding one's soul well with spiritual nourishment in the form of love and truth is a basic prerequisite for practicing these precious contents in the best possible way.

As we have not all reached maturity of heart at the age of majority, there is a lot of catching up to do for everyone in this respect. It is important to realize that at the core it is about nothing other than our ability to love, and not about any kind of enlightenment. The only light that should dawn on everyone is the realization that I was born to manifest true love by living in harmony with God's eternal truth.

In this sense, our common goal is to reach the point where we, as children of God, can say: "I and the Father - as Jesus put it - or I and my Creator are one. Whoever sees me sees the essence of our ultimate origin because I embody it by following the path of divine love." This is not an unattainable utopia, but the state that everyone should have reached when they come of age in order to then start a family and pass on God's love to their children together as husband and wife, as father and mother.

This is the ideal of creation, which unfortunately was not realized by our first human ancestors in the Garden of Eden. However, this is possible if we fully understand the connections and resolve any problems by taking a close look at what is going wrong and what the right behavior looks like.



This is exactly what I have been concerned with since my early youth, when at the age of 10 I was sent to boarding school in a Capuchin monastery, where around 40 high school students from different classes slept together in a single dormitory. We were not allowed to speak a word to each other after spiritual reading, the study of Holy Scriptures from 7 to 8 o'clock in the evening until the church service the following morning. After breakfast, we walked about half an hour to the grammar school on the

nearby mountain and after school we had one or two hours of free time before we went to study in the study room and then to the dining room for dinner at 6 pm.

Since that time, I have been accustomed to living a disciplined life, focusing on studying the scriptures, and in later years of school I also spent much of my free time on this, knowing that we should live a holy life here on earth. I mention this to let you know that I have around six decades of intensive searching for answers behind me, and of course continue to strive for deeper insights. As a result, I am familiar with many different philosophies and theologies, with many kinds of views on the meaning and purpose of life, and also with the various "ifs and buts", the objections that are raised, each of which can be invalidated or resolved in the light of the principle of true love.

To put it in a nutshell: In computer technology, there are only 2 signal states, 0 and 1. That's all there is. The term digital comes from digitus (finger). It is high time we stopped pointing the finger at God and blaming Him for the problems in the world, and instead recognized our own responsibility and fulfilled it completely. The overall situation is logically clear and comprehensible, and this of course also applies to the search for the irrefutable truth. There are only two possibilities: I look at every question from the perspective of God's love and get the correct answers, or I don't and remain in the realm of endless theories without ever arriving at the final truth.

I am not asking you to believe me, but to think for yourself and ask yourself the relevant questions and then consider them in the light of the timeless truth that the cosmos was created by God out of love. Without this understanding, many things are theoretically possible, but once you take this point of view, you inevitably come to the right conclusions, because from the perspective of the reality of God's endless love and our personal share of responsibility, everything makes sense and any contradiction can be resolved based on this realization. The answers to the core questions of life arise automatically from the standpoint of the existence of divine love as the source of all being. It is up to us to recognize it and become one with it so that we can experience the greatest possible joy and fulfillment.

Everything exists for the sake of love and is given unique value through it

I hope it is clear to you by now that I am not talking about a belief, but about scientifically proven content. With regard to love, it is obvious that no human life is possible without it, and it has even been proven that babies who are only fed without any affection are unable to survive.

The essence of reality: without true love, nothing makes sense, and with it, everything.



Being aware of this fact is the starting point on the way to achieving the ultimate goal, where everyone can say of themselves: I live for the sake of love. I care for the common good of humanity and will never give up until all people are happy and content. In such a situation, it never occurs to anyone to take advantage of others, deceive them or cheat them. Once all people turn to the practice of genuine care, evil in the world is over.

But why is evil so powerful? Because there are countless pent-up problems, not only in individuals but in humanity as a whole. Evil forces have the upper hand because so far the side of good has not been victorious in eliminating the root of all evil. This lies in the fact that immature love, which expresses itself in self-centered relationships, prevails at all levels.

The various religious and spiritual teachings try to help people to get and stay on the right path, although unfortunately many abuses prevail in this area too, and accordingly the diabolical forces seem to be getting stronger and stronger, while love is growing cold in people's hearts.

The path to a wonderful future therefore begins where the individual decides to uncompromisingly follow the path of true love and not to be dissuaded by anything or anyone. I have written down my understanding of what this means in concrete terms in the book entitled "What is our shared responsibility to realize a loving world?" and in the comments on the topic *"Manifesting true love is the purpose of creation and our lives"*.

You can freely download the content at this (1) link: <https://www.trulyhealthy.live/>.

What is true for technology is also true for human life: If the software is correct, the computer or whatever digital device one may be using will work. Once I have adopted the correct view of life, I will be able to deal well with all challenges because I know what is important: with love in the heart, the world can be completely healed.

The ultimate right answers are freely available to everyone. The only question is: am I aligning my own life with this without making any false compromises and thus ending up with unresolved problems again? From God's point of view, we were created for the sake of love, so that we can be truly happy by carrying God's love within us and expressing it at all times. This is the only correct answer that leads to lasting fulfillment, whereby everyone decides for themselves to what extent this is implemented in their own lives and bears wonderful fruit.

## The distinction between truth and deception is extremely important

How can we know what is true? Basically, it is quite simple: what is in harmony with the principle of creation is good and right, while anything that destroys the order of the cosmos is wrong. The problem lies in the fact that we are far too little familiar with basic facts regarding both the material and spiritual realms, but instead have learned a long series of false concepts from an early age. Recognizing these and eliminating any incorrect views is the prerequisite for coming closer to the truth from God's perspective.

This task is of the utmost importance, because only when we know our Creator's point of view will we be able to behave in a way that is in our best interests. Unfortunately, very few people are prepared to look behind the scenes in every respect and ask why certain things are believed, but simply assume that something must be right because most people say so. For example, that there are infectious diseases. However, there is not a single scientifically confirmed proof of this. This is only known after I have taken the trouble to check exactly whether there is valid confirmation for what is being claimed, or whether it is just a scientific consensus, i.e. an opinion that mainstream scientists have agreed on.

You may say: *"That's too much for me. I'm not a scientist or a doctor and therefore can't know what's really true."* But you know what matters more than anything else: God exists as a loving Creator who expresses Himself in His work, and in this it is obvious that ultimately the experience of genuine love is the most important thing for all people. You only need to apply this standard and ask: Is it an expression of love that someone becomes ill without doing anything wrong themselves because someone transfers their own illness to them? Of course not, and therefore the theory of transmitting illness from one person to another cannot be correct in the first place. It is exactly the same, and no different: contagious diseases are a completely false interpretation of events that in reality have other causes.

I can say this with absolute certainty because I have spent years working intensively on questions of health and disease, and you can read the results in three of my books. Even if there are thousands of medical publications on the other side, this says absolutely nothing about their accuracy, because conventional medicine is based on a materialistic view of the world, which makes it impossible from the outset to arrive at the correct results, as man is in reality a spiritual being, and every state of illness has its origin in the psyche, in the inner life of a person, i.e. in unresolved emotional problems.

What about the diagnosis of cancer as the second most common cause of death? This is also a completely false concept, with patients actually dying from toxic chemo and other harmful treatments. To better understand this, I recommend studying real scientific research such as that of Dr. Ryke Geerd Hamer [\(2\)](#) and many others who have

come to very different conclusions than the medical establishment. I suggest that you listen to this important talk by Dr. Stefan Lanka [\(3\)](#).



Once you really understand that God is a loving Creator, you will also realize that there can be no deadly diseases in the first place, because not a single loving parent would expose their children to mortal danger. Why, then, is it assumed that God is so cruel and created a world in which fathers and mothers can suffer the indescribable pain of losing their children at any time?

At this point, it becomes clear what kind of person you really are: you have recognized that there must be a Creator. Among the creatures, you see how mother animals risk their own lives to protect the survival of their offspring, a quality that is expressed above all in truly loving parents. And at the same time you may say: *"I trust*

*the medical profession who tell me that there are fatal diseases, even though patients have fully recovered from each of these supposedly fatal conditions without taking any pharmaceutical products."* There is plenty of evidence of such "miraculous" cures that doctors cannot explain.

Please remember that finding the truth requires your logical thinking, your reason and above all your heart. You are shutting down these wonderful abilities if you simply trust the medical establishment, which does not see man as the crown of God's wonderful work of creation, but sees the body as the product of random mutations. If you want to be true to yourself, you can no longer trust the materialistic view of the establishment, but you start to think for yourself and look for the timeless truth, which is clearly that every human being can remain completely healthy from birth until the transition to the next world. There are enough examples of this in history to this day. Above all, you can prove it to yourself by living a healthy life and staying away from the many toxins in our environment.

This is where you show what you are worth to yourself? What are you prepared to invest in order to stay mentally and physically fit throughout your life? This is possible for everyone, as there can be no inherited diseases. Our loving Creator has certainly not built anything like this into His magnificent work of creation. All existing problems have their causes in the misbehavior of individuals, which affect others, just as good deeds have positive effects on the environment. God wanted a beautiful world from the beginning, but not by having human "robots" automatically act in His interest, but by giving us the freedom to create ourselves into a wonderful human being by developing our special qualities.

In six days of creation, God invested everything to create all the wonders of nature, whereby every animal can live healthily without pharmaceutical products. After He had completed His masterpiece, the time had come when Adam and Eve should have taken responsibility for their own development. Unfortunately, they allowed themselves to be led astray on the path to their personal perfection and this wrong way of living has continued to this day and is taking on worse and worse proportions, with the Covid crisis being a sad record in that healthy people have locked themselves up because they believe in the fairy tales they are told, such as that asymptomatic people, people without any signs of a disease state, can make others sick.

One fairy tale after another was told, and the majority willingly had toxic substances injected into their blood in the fatal belief that it would help them, when in reality billions of people were harmed in their health, while those who had set this plandemic in motion made hundreds of billions, so that the number of billionaires increased by 500 during this period!

It is up to you whether you wake up from your slumber, if you are still in it, or continue to dream and trust the narrative of the mainstream media, which is ultimately

owned by a few people who determine what is fed to the people and what content is kept hidden. Of course, it takes special effort to see through all the various deceptions, but since this is a matter of life or death, it should be worth your while.

Why do I say life or death? Because the side of evil is not only out to harm not only the human body but to exert total control over people. Please take 30 minutes to watch this presentation of the root of the current problems to see clearly through the 2030 Agenda. Positive causes are being feigned, while in reality satanic goals are being pursued. Evil began in the Garden of Eden and has been perfected by diabolical forces ever since. It is our common task to recognize these precisely and to overcome them completely, starting in our own hearts, so that we can only act in the spirit of goodness. True and Beautiful in harmony with the principles of creation.

At the end of this video, the speaker says: *"It is up to us, as all of humanity, to oppose this agenda."* What is your response to this? What are you yourself prepared to do to put an end to evil? Even though you may still be relatively well off now, the negative developments are reaching ever greater proportions and no one can escape them, whereby it is a global conflict between the side of good and all the satanic influences that now permeate almost all areas of life.



If you listen to this statement in the European Parliament [\(4\)](#), you will also learn that the European Medicines Agency (EMA) stated that *"Covid-19 vaccines have not been authorized to prevent transmission from one person to another."* It follows from this that, according to the law, mandatory vaccination and the propagation of the same is the equivalent of willful coercion, due to which millions have suffered damage to their health, and yet no one has been held accountable to this day. Even the WHO confirms that 9 million people have died as a result of the coronavirus measures.

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It is certainly a bitter awakening if you were not aware of the facts mentioned here, but no one is spared from one day having to deal with the truth about themselves and the world. In order to get through to this, you first have to recognize all the various deceptions, starting with your own situation: Where do I stand? What have I seen through so far? What have I recognized as truth and what do I align my life with?



After you have completed your homework and recognized all the half-truths and lies, the path is open to you to focus on the essentials by living day by day in harmony with the wonderful principles of creation and enjoying both spiritual and physical health and vitality in the knowledge that we were created to be happy and content here on earth for a lifetime, in order to then continue to develop our God-given potential without limits in the eternal spiritual world.

On the basis of this inner clarity, you can gain clarity regarding the truth about the sun, moon and stars as well as the earth below, for which I would like to recommend my book, which I have written on this important subject, as it is indeed crucial to know exactly what abode our Heavenly Father has made for us here on earth so that we can enjoy the beauty of his magnificent creation for around a century.



## The glorious freedom we should experience as children of God

After you have familiarized yourself with the wonderful self-healing powers of the human body and know that you must always listen to it, to what it shows you through the appropriate symptoms if you should change something in your way of life, and know what a wonderful stationary place we are allowed to live here on earth, protected by the firmament, then you know that there are no external dangers to fear in God's originally intended world. The only thing we need to worry about is our own spiritual state to ensure that we live only in harmony with our Creator's desire and allow nothing to distract us from this path of pure love.

On the basis that we have embraced God's point of view by knowing why and for what He created us, we are also free to experience the deepest happiness and greatest possible fulfillment by focusing 100% on acting according to the principle of true love in every situation. This is the basis for experiencing the most far-reaching personal freedom. Of course, we will not get there overnight, but one day all people here on earth or afterwards in the spiritual world will have learned to truly love themselves and others.



Ernst Modersohn wrote his reflection on *"The glorious freedom of the children of God"* from the perspective of a Christian. However, since all people are sons and daughters of God, it is important to open the way for everyone to heaven, nirvana, paradise or whatever the individual may long for. So we need to go beyond any religious teachings and get to where we know exactly why we are in a world full of problems and how they can all be completely solved. This does not require me to believe in a religion,

but to do the right thing. Of course we can learn from the various spiritual traditions, but we must not stop at one or the other; the search must continue until all open questions are answered logically and comprehensibly in a way that corresponds to our very own human soul. Only when an answer harmonizes with the longing in our innermost heart can it be right.



The task of each individual is to eliminate any contradictions by adopting the correct view and also living in full resonance with the principles of creation, i.e. aligning all my feelings and thoughts with the heart of God. What is our Father in heaven, the dear God, Allah, Jehovah, or whatever the ultimate source of all existence may be called? Nothing other than to see us happy. This is the standard by which all actions should be measured: Does my behavior serve the welfare of all mankind, all souls without exception who have ever seen the light of day. Just as God loves every human being, this is also our task as His image. How far someone has progressed in their spiritual development can therefore easily be gauged by the extent to which this person is able to love all kinds of people unconditionally. True freedom therefore consists of not being restricted in one's own ability to love. For this reason, developing it should be our most important priority.

## The alpha and omega, the beginning without end, is God's love

In the previous pages, I have tried to explain the essence of my understanding of God and the world in as few words as possible, yet in a way that is understandable for everyone. If you want to know exactly, you can read the thousands of pages I have written down to share my convictions with others.

My aim is for everyone to have access to the full truth, and this is basically possible if there is a willingness to deal with questions in depth. It is crucial from which perspective we look at things. There is only one correct point of view: To take the point of view of our Creator.

You may have thought you couldn't know it, and yet it is clear that you need to be familiar with God's purpose and desire in order to be truly happy. Everything makes sense and every relevant question can be answered clearly once I understand the principle of true love that underlies all creation.



Engaging with God's all-encompassing love is the starting point to truly arrive at the destination and live the way my soul longs to live. We all suffer from the miserable general situation of the world, but the heart of God bleeds unspeakably deeper in His parental love for all people as His children. When you internalize this fact, you will also realize that there is no other way than to work for everyone to learn to love themselves and others, because without selfless love there is no lasting happiness.

No one who has developed their own ability to love will be satisfied with being happy. There is a scale, so to speak, between zero and 8 billion and countless more. God loves all people who are currently on earth, as well as those who have ever lived before. At the lowest level are those who cannot even love themselves in the right way, which unfortunately includes the vast majority. From this perspective, it is clear that humanity is very far from the heart of God. We can learn from role models such as Jesus Christ, but it is important to develop an unconditionally loving heart ourselves.

Personal redemption therefore consists of freeing myself from the prison of the inability to truly love. Likewise, true realization consists of knowing with the deepest conviction that everything was created for the sake of realizing the ideal of true love, and that we must therefore give this goal our utmost attention.

Given these facts, it is clear that there is nothing more beautiful than experiencing God's love and His presence day by day by resonating with His heart, feeling as He feels and behaving accordingly. Then we will always strive to live in harmony with God's eternal truth by being one with Him and taking full responsibility for the situation of humanity as He does.

But who is prepared to do this? If you do not feel responsible for this yourself, you must ask yourself how serious you really are about your relationship with God.

## Concluding thoughts

In about 80 short paragraphs, I have tried to highlight the points that seem most essential to me in order to move from the present miserable world situation to building a happy future. Once we take these contents seriously, we know with certainty the existence of God as a loving parent for humanity, who has created a great environment for us as His children, which is the center of the cosmos, and where everyone can enjoy the best health for at least a century and then live on eternally in the invisible substantial world. Even if only this point is implemented, every country will save around 10% of the gross national product that is spent on healthcare on average. This money could be put to good use like all the other public money that, on closer inspection, is ultimately wasted.

With a caring attitude towards one another, we will be spared many problems from the outset and together we can realize a free society in which everyone is happy to take personal responsibility for the greater good in order to ensure the well-being of all people. God's ideal of a loving world will become a reality tomorrow if we decide to build it today. Nothing stands in the way of success except the selfishness and self-centeredness of the individual for not striving to love God and his fellow man with all his heart. This is the main commandment of Christianity, which unfortunately is practiced very poorly, and that is why we see endless suffering.

Since a materialistic ideology underlies all the countless evils, it is crucial to agree on a view of the world that has God at its center. However, since there is also much disagreement among the various religious and spiritual teachings, it is extremely crucial to find a common ground on which all sides can agree, and this is based solely on love. Only when everyone is aligned with the principle of true love is it possible to work together across all boundaries.

Just as only a tiny elite have worked for decades and centuries to realize their diabolical ideals, only a relatively small number of people would be needed on the side of good to work with the heart of God's love for the realization of His wonderful ideal. But how many unconditionally loving people are there here on earth? The sober balance sheet is that no one feels concretely responsible for the ideal originally planned by our Creator, and therefore the kingdom of God on earth has not yet become a reality.

This situation will only change when you and I are ready to take personal responsibility for completely eliminating evil from the world by bringing all that is satanic out into the open and exposing all the lies and deceptions so that it can become clear to everyone where the real problem lies and how the true, good and beautiful can be fully realized.

The origin of the universe lies in the love of God. The purpose of creation is realized by living in harmony with this wonderful love and enjoying a glorious life as a result. This can become a reality for everyone by building heartfelt connections that nothing can separate. This fact certainly cannot be refuted, for all 8 billion people ultimately long to be truly loved more than anything else. To say that God, who has placed this desire in the hearts of His children, does not also have this longing within Himself is certainly very dishonest, because this is the very logical conclusion that our Creator also wants to be loved, not by robots, but by His likenesses, each of whom can express their love in a unique way.



The quality of love that we nurture in our hearts is the central point at which I and you, every soul here on earth and in the spiritual world, decide how much joy and fulfillment we experience. Living only for ourselves certainly does not make us happy in the long run, everyone realizes that. Some people resign themselves and simply live for the day, while others make something of their lives by setting themselves goals and

investing in their fulfillment. But ultimately, everyone can only be truly happy and content to the extent that they manage to be there for others with an honest heart.

No matter how bad your personal circumstances may be, the way is open to everyone to show their best side, not just on special occasions, but every day, from morning to night. If we do this, we will reap the rewards and receive more and more positive responses from those around us. It is important to be aware that everyone ultimately wants to look good because we were created to realize the good, the true and the beautiful. In this sense, everyone is certainly the master of their own happiness.

You cannot easily say that you do not know what is important, because any other view will fail sooner or later. More than enough examples of problematic relationships and broken hearts show that we are unhappy if we don't manage to build well-functioning relationships, and this is only possible if we are wholeheartedly there for each other, i.e. if we invest ourselves completely.



We live in a world where the vast majority think of themselves first and in reality are not happy and satisfied, because putting their own needs first never leads to lasting uplifting friendships. On the other hand, there is the way of life intended by our Creator, in which the well-being of the person you love is more important than your own. Getting to the point where we are practicing this represents the personal breakthrough to achieving the precious goal of lasting happiness.

The correct approach is easy to understand: it consists of learning to live for each other without excluding anyone, and to bring joy to each other, as this ensures the well-being of all people. This is possible at any time, as soon as one person after another decides to leave the path of self-centeredness and live for others.

Many good people are committed to positive developments, but all these efforts will only be successful in the long run if they are linked to God's love and His creation principle of selfless giving, always focusing on the well-being of all humanity. Evil people are trapped in their personal problems. Therefore, the solution lies in the hands of those who are willing to connect in their hearts with our loving Creator and with each other as brothers and sisters to take joint responsibility for the realization of an ideal world.

So my final question is: Are you ready for this? I hope that your answer is an unconditional "yes" without any ifs or buts. I look forward to working with you towards this precious goal across all internal and external boundaries. With each person who decides to do this, the path becomes easier. The more willing we are to learn from each other, the faster we can reach the goal.

Bringing about the end of the miserable history of mankind is in our hands and we should not let anything stop us from putting 100% effort into it and constantly refining the quality of our love. For me, in any case, there is nothing more important than doing this.

With deep gratitude for everyone who is also willing to do so,

I remain,

Your brother Nikolaus

Links mentioned in this book

- (1) <https://www.trulyhealthy.live/>
- (2) <https://learninggnm.com/home.html>
- (3) <https://philosophers-stone.info/2022/08/24/stefan-lanka-biology-as-it-is-not-refutation-of-genetics-virology-and-cell-theory/>
- (4) <https://www.kla.tv/28463?autoplay=true>
- (5) <https://www.kla.tv/28306?autoplay=true>

