

FFWPU Europe and the Middle East: Japan's Guide to Abducting Offspring Sold in Shops

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May 13, 2025



Asako Shukuya (1964-2012), forcibly detained for five months and forced to renounce her faith. The trauma she suffered due to the coercive faith-breaking was immense. She developed severe PTSD, bipolar disorder, insomnia, and nightmares. She also suffered from atopic dermatitis. The photo above shows how she suffered terribly, almost to the point of death. She passed away in 2012.



Toru Goto's new book *Deadly Struggle: Surviving 4,536 Days of Confinement*



The front cover page of Tamiya Taguchi's book *"Unification Church: Rescue and Rehabilitation"*

**Manual for dehumanizing abuse of one's own offspring readily available in Japanese bookstores with step-by-step guide to abduction, confinement and faith-breaking**

Part 6 (final) of a talk given 10th February 2025, in Tokyo, at the [official launch](#) of the book "Deadly Struggle: Surviving 4,536 Days of Confinement" by Toru Goto (後藤徹), held captive for [12 years and 5 months](#) in an attempt to have his faith broken.

See [part 1](#), [part 2](#), [part 3](#), [part 4](#), [part 5](#)

Then, in 1994, a book by Tamiya Taguchi (田口民也) was published titled Unification Church: Rescue and Rehabilitation (統一教会、救出とリハビリテーション). Taguchi was a well-known "deprogrammer" (faith-breaker) who specialized in persuading people under conditions of confinement. That year alone, 204 cases of [abduction and confinement](#) were reported. (Showing image) Here is the book, Unification Church: Rescue and Rehabilitation.

Having published a book myself, I understand that getting a book into stores is not easy. A book must pass through multiple levels of review before being deemed acceptable for publication.

However, I want you all to be aware of what was actually written in this book of Taguchi, which was sold in bookstores.

(Showing image) This may be difficult to read due to its small text, but this is the Rescue Flowchart from the book. This is a direct excerpt from the book itself. It includes the following instructions:

"Parents must be prepared for a long-term siege. They must take extended leave from work, and in some cases, may even have to quit their jobs. [...] Typically, confinement lasts between 1 to 3 months, but in some cases, it extends up to six months."



*Property for confinement: The location of the 8th floor apartment in Ogikubo, Tokyo where Toru Goto was held captive and dehumanized*

The book also refers to this process as "protection", but its true nature is clear:

"Rent a property for the confinement. Secure the exit with locks from the inside. Seal all windows with security measures to prevent escape. Check for any possible escape routes or places where the person might try to barricade themselves."

This systematic approach to abduction and forced de-conversion was not just an isolated practice - it was structured, documented, and widely implemented. This book was lined up in bookstores.

"Where and when to conduct the confinement." Here is the timetable.

"A condominium above the 4th floor is preferable to a standalone house. And the location must be thoroughly cleaned from the inside after an escape attempt, with all entrances sealed. The front door should have a padlock installed from the inside, along with a door stopper and additional locks."

The details are extremely meticulous: "This is the method for sealing windows."

The red section lists:

"Measuring tape, nails, screws, wire, saw, hammer, pliers, flathead and Phillips screwdrivers, and an electric drill for convenience."

It's this detailed:

"Materials to prepare: long, thin wooden slats, transparent acrylic sheets, and corrugated plastic sheets."

Even the method of securing the corrugated sheets is written here.

"First, nail the long wooden slats on both sides of the column. Try not to damage the apartment structure too much, but some damage is inevitable. If using acrylic sheets, line them up as needed and secure them with screws from behind. Use an electric drill to fix them in place."



*Removing ceiling panels in order to escape in May 2025*

It goes this far in detail.

"There have been cases where people escaped through ceiling panels for bathroom plumbing."

This is common among victims of abduction and confinement. These victims are desperate to escape. When they look up, they often see openings, thinking,

"Could I get out through there?"

Many victims of [abduction and confinement](#) say they remember the movie Die Hard. They wonder, "What would John McClane do in this situation?"

These (what I'm describing) are true stories. However, things don't go as smoothly as in the movies.

Usually, the ceiling pathways are closed off between units, so escape attempts often fail.

"For transport, use an 8-passenger van."

And here it says,

"Stay in constant communication with the persuaders (説得者)." This shows that it's not just the family involved.

According to our research, the average confinement period is about two months. This is also written here:

"Typically, it lasts one to three months, with the average being two months." Now, let's do some calculations.

 <p><i>Locked up to have your faith broken: The door was always chained</i></p>	 <p><i>Toru Goto in 2008, barely able to move after being held in forcible detention by his own family in league with professional faith-breakers for more than 12 years</i></p>	 <p><i>Miraculously, a famished and exhausted Toru Goto met a female member who gave him money for a taxi ride.</i> <i>Illustration</i></p>
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There were [4,300 victims](#). If the average confinement period is two months per person, what does that add up to? 8,600 months. How long is that in years? 716 years.

Imagine stretching out the confinement periods of each victim - it would amount to 716 years. That takes us back to the Kamakura period (which lasted from the late 12th century to 1333).

(Screen) This is the photo that is now being shown worldwide. This was taken after I endured 12 years and five months of confinement, during which I went on a 30-day hunger strike. Even after that, my family, influenced by the "deprogrammers", refused to give me proper food. I truly respected my family. They were just an ordinary family. However, under the influence of these deprogrammers, they ended up doing these terrible things.

For details, please read Deadly Struggle (死闘). In a way, I believe my family was also a victim.

I have spoken about the value of freedom, and in Deadly Struggle, I also write about my faith, as I am a believer.

Finally, I want to share my concluding remarks. In my darkest and most painful moments, I had no choice but to pray to [God](#). I prayed intensely. And I believe [God](#) gave me answers, guidance, strength, and hope, which allowed me to survive this period.

Seventeen years ago, on this very day, in the late afternoon, I was suddenly thrown out of the apartment where I was confined. I walked 10 kilometers toward my church headquarters, but eventually, I couldn't walk anymore.

The person who called out to me at that moment - just by chance - was a member of the [church](#). I firmly believe that this, too, was [God](#)'s intervention.

For 12 years and 5 months, I endured this ordeal. You may dismiss my experience as mere delusion or personal perception - that's fine.

However, I sincerely hope that through Deadly Struggle, you will take a moment to reflect on the preciousness of faith.

Thank you very much for listening.

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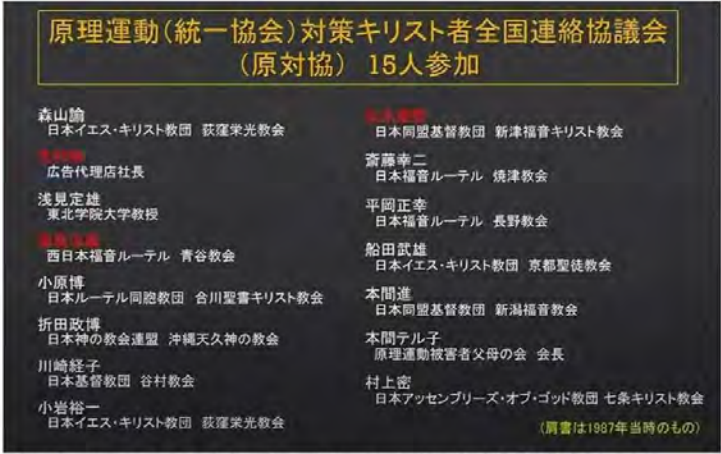
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The 15 who attended the founding meeting in 1987 of National Liaison Council of Christian Countermeasures Against the Principle Movement (Unification Church) (原理運動 (統一教会) 対策キリスト者の全国連絡協議会, abbreviated as Gentaikyo). Photo: National Association of Victims of Abduction, Confinement, and Forced Deconversion

abbreviated as Gentaikyo). This organization was primarily composed of Christian pastors. During its founding meeting, the following statement was declared:

“To rescue the sheep who have been tempted and led astray by the Unification Church, we, as comrades, must communicate closely and swiftly, cooperate with each other, and actively promote countermeasures. That is why we are holding this meeting today.”

This organization was born out of a motivation akin to a heresy hunt. At this meeting, 15 individuals, mainly pastors, participated. Among them were three individuals – Takashi Miyamura (宮村 峻), Yasutomo Matsunaga (松永 康智), and Atsuyoshi Oshima (尾島敦義) – who were later found guilty of illegal acts in abduction and confinement trials. The fact that these individuals gathered to share information raises serious concerns.

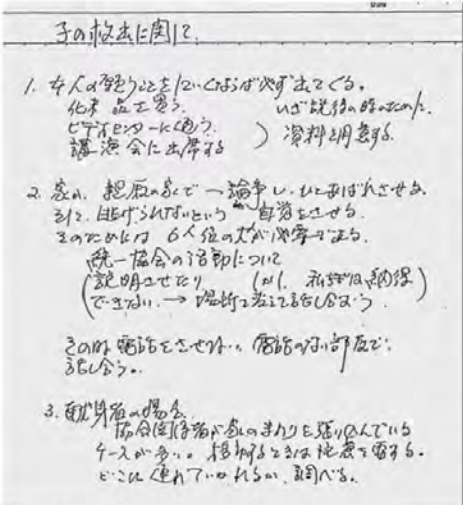


Professional faith-breaker and advisor to the Constitutional Democratic Party (CDP): Takashi Miyamura (宮村 峻). Photo: FFWPU



Faith-breaker: pastor Yasutomo Matsunaga (松永康智) of the Niitsu Evangelical Christian Church. Photo: FFWPU

Even now, there are still people who claim, “Such things never happened,” or “There was no systematic organization involved in these abductions and confinements.” However, I would like to present two clear pieces of evidence, both of which were submitted as evidence in my court case.



Page from handwritten faith-breaking manual produced by National Liaison Council of Christian Countermeasures Against the Principle Movement (Unification Church) (原理運動 (統一教会) 対策キリスト者の全国連絡協議会, abbreviated as Gentaikyo). Photo: National Association of Victims of

First, this is the faith-breaking manual that was presented at a Gentaikyo meeting. It was handwritten in its entirety by Yasutomo Matsunaga (松永康智). This document is undeniable proof of the coercive de-conversion process through abduction and confinement. I would like to share it with everyone here today.

Regarding this so-called “rescue” process, the manual states:

“At a client’s

Send us a message

First Name \* Last Name

Email \*

Email Address

Your Message \*

Submit



home or at his or  
her relative's  
house [...], let  
yourself go wild."

Reading each line is painful. The manual is filled with violent and coercive instructions, almost as if it were written by a criminal syndicate. It instructs parents:

"Do not allow the person to go outside without the permission of the deprogrammer or persuader. Never tell them about this plan. [...] Cut off all contact with the outside world. Unless the person believes there is absolutely no escape, they will not obey."

This is the kind of manual they shared and used in practice.

The manual further includes the following tactics:

1. When the confined person says, "Let me out," the response is:  
"Listen first. You are not trustworthy."
2. If the believer refuses to talk:  
"If you don't talk, this situation will continue indefinitely. [...] This 'situation' refers to their continued confinement."
3. If the believer starts fasting:  
"Go ahead, fast all you want. Once you are too weak to move, you won't be able to escape."



**One of the 15 founders of Christian deprogramming organization: Pastor and faith-breaker Kyoko Kawasaki (川崎経子).**  
Illustration: Grok xAI, April 2025.

This manual was widely shared among deprogrammers.

The manual also includes *criteria for release*. As mentioned earlier, it states:

"They will always pretend to have left the **church**. If they are trying to escape, they will *fake* their de-conversion."

To detect this, a *fumi-e* (踏み絵) test was used – a method originally employed during the Edo period to identify Christians by forcing them to step on religious images [See [editor's note below](#)]. In this context, the *fumi-e* involved forcing believers to betray those they had converted into the **Unification Church**.

"Spiritual children" – the people they had converted – had to be named. This was, in effect, forcing them to *sell out* their spiritual children to the deprogrammers.

The *fumi-e* was widely shared among deprogrammers, reinforcing their methods and ensuring its continued use.

Continued in [part 6](#).

See [part 1](#), [part 2](#), [part 3](#), [part 4](#), [part 6](#)

**Featured image** above: Page from handwritten faith-breaking manual produced by National Liaison Council of Christian Countermeasures Against the Principle Movement (Unification Church) (原理運動 (統一教会) 対策キリスト者の全国連絡協議会, abbreviated as Gentaikyo). Photo: [National Association of Victims of Abduction, Confinement, and Forced Deconversion](#)

**[Editor's note:**  
The illustration to the right depicts a **fumi-e** (踏み絵), which literally means "stepping-on picture" – typically an image of the Cross, Jesus Christ, or the Virgin Mary. The Tokugawa Shogunate used this practice to



identify hidden Christians (known as *Kirishitan*) and their sympathizers during a time when Christianity was banned in Japan. While the act of stepping



This print shows Fumi-e (踏み絵 fumi “stepping-on” + e “picture”); step on a picture with the likeness of e.g. the Cross of Jesus or the Virgin Mary. Photo: Unknown author. [Public domain](#) image. Cropped

on these images was originally called **efumi** (絵踏), the term **fumi-e** is now commonly used to refer to both the practice and the object itself.

Those who hesitated or refused to step on the images were suspected of being Christians. They were taken to Nagasaki and ordered to renounce their faith. If they refused, they faced torture – and if they continued to resist, execution, often by burning at the stake.

This systematic persecution began in 1614 and was enforced by regional authorities. By the mid-17th century, the Tokugawa Shogunate had escalated its crackdown, ordering the expulsion of all European missionaries and the execution of Japanese converts. The suppression of Christianity continued for more than two centuries.]

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