

## **FFWPU UK: Get To Know Our New BFD Officer: Betty R.**

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We were able to sit down with Betty to delve into her background, discover the motivations that led her to the role of our Blessed Family Department Officer, and gain insights into her aspirations as she charts her course in this position.

### **How does it feel to become our Blessed Family Department Officer?**

It's an exciting new challenge for me because it involves lots of new learning and an opportunity to grow and develop. It pushes me to have more discipline and consistency in my life of faith and challenges me to improve my time management and organization when working from home. It is a bit daunting because it involves the responsibility and expectation of a deep understanding about the Blessing and the reality is that it is a work in progress and I'm on the same journey side by side with everyone else and as always, there will be lots of learning on the job. After having been an NHS Physiotherapist and a stay-at-home mum, it's a bit of a different line of work! I'm excited to meet brothers and sisters and couples and organize events together with pastors and community leaders.

### **Why did you decide to become our Blessed Family Department Officer?**

In the past few years, my experience of becoming a parent led me to realize the importance of building a village for raising our children, and I have really wanted to connect and gather with the like-minded people in our community to get to know other families and support each other.

I developed a greater interest and passion for the importance of connection in our relationships and especially in developing a strong bond with my husband and children, and I'm passionate about the importance of healing ourselves in order to be better spouses and parents. I want to see couples and families feel more strongly connected within themselves and feel support and friendship in our community.

Around the same time, I got 'head-hunted' by the late auntie Susan Crosthwaite to be part of the sharing project which is an initiative to offer a non-judgmental listening ear to others, which led to becoming a matching supporter and supporting the Blessed Family Department. More and more, I have begun to love the people in our community - they inspire and intrigue me, and I want them to have the healthiest and most wonderful marriages and families. I want to be part of making our community a really great place to be. So, I am keen to support pastors and community leaders and learn how to facilitate education and social events to prepare individuals for matching and the commitment of marriage and provide aftercare.

### **What can you bring to our community?**

I'm an ideas girl, quite idealistic and optimistic for the potential that we have as individuals and families, and also realistic that life is tough and it's not easy to do the important and hard things, so I hope I can bring this enthusiasm and compassion to look after our health and wellbeing, heal and nurture our marriages, families, friendships, community togetherness through facilitating support groups, marriage and parenting courses and social, culture and sports gatherings and events.



### **Can you tell us a bit about yourself?**

I have a French mother and Irish father, born in the 80s, the 2nd eldest of 5, and raised as a second generation blessed child in the unification movement and family federation in Ireland and the UK. My family moved from Dublin to London to Belfast in my childhood and teens. I went to learn Korean while living in an international dormitory for second generation in Seoul when I was 12, and attended SunHwa Performing Arts School and took singing lessons. I did my GCSEs and A levels in Belfast, went to STF, got matched and blessed to Ando, and then studied Chinese Medicine and then Physiotherapy. Ando and I have 2 children Clara (8) and Liam (5) and we live in Oxford - so we're part of both west country as well as the North Thames communities!

### **What are your goals moving forward in this role?**

First, I hope to get a better understanding of what kind of education, courses and event blessed couples and families want and need on the topics of self-improvement, couple intimacy and growth, how to have harmony in our family and help our children achieve their potential.

I intend to work with and learn from HARP leaders and European and international chapters of the Blessed Family Department and Ministries. There is potential to run the marriage course, refresh your blessing, character and personal development education and communication seminars, parents' education about matching and blessing; roots and healing. There are lots of talented educators, coaches, therapists, healers in our community and I hope to put together a list of all the people in our community who are open to providing support to our members through 1:1, couple or group talks, training and courses. I hope we can bring together families in our homes, and community centers to meet the desire for a wholesome and meaningful time together through prayer and meditation, bible and divine principles study, podcast or book club, sport, music, art, dance and community service.

Let's come together to offer a heartfelt welcome to Betty R. as she embarks on this exciting new role! To get in contact with Betty, please email: [betty@ffwpu.org.uk](mailto:betty@ffwpu.org.uk) or [bfd@ffwpu.org.uk](mailto:bfd@ffwpu.org.uk).