

Graduation Ceremony for the Ilwon-Do Theory and Technique Course in S Korea

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Participants in the Ilwon-do theory and technique training celebrating their graduation

A step toward a healthy life

The graduation ceremony for the first-semester Ilwon-Do course of Academic Year 2026 was held on June 12 at the Sun Moon University Lifelong Education Center.

Certificates were presented to 14 participants who successfully completed the course in the foundational principles of Ilwon-Do.

Dr. Seuk Joon-ho emphasized that Ilwon-Do is a program that promotes health and peace.

The graduates shared that they had come to appreciate the importance of balancing mind and body through Ilwon-Do, and resolved to put those principles into practice in ways that would bring light to their families and communities.