

## FFWPU USA BFM: How to Stop Letting Limiting Beliefs Hold You Back

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### Confronting Limiting Beliefs In the Matching Process (w/ Andrea, Christian, & Benjy)

Andrea, Christian, and Benjy get personal with some of their own limiting beliefs, and how singles can overcome unhealthy beliefs about themselves in order to find a Matching partner and create a successful Blessing.

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### Making Family A Priority | Myrna Lapres

Family is the foundation of society. History confirms it and every nation is built on that foundation. But the many changes and advances that our world has seen over the past 70 years puts enormous stress on family life...

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