

What is the Most Fearful War amongst All Wars?

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Excerpt from Book, "Before you desire to have dominion over the universe, you must first gain dominion over yourself"



The greatest damage you can experience in your life is the damage caused from the war between your mind and body; greater than any calamities, tribulations – or even devastation – in the world caused by any other wars. You must know clearly that there remains a mountain of wreckages and debris caused by the various incidents of defeat of your mind. Your mind has been defeated numerous times in these battles, every day, between the mind and body. Yet, people are unaware of this fact. However, you always remember any physical harm you have experienced. For instance, if you fell down, by tripping on a stone while you were walking on a street, you would remember clearly after one year; even you would not forget this for the rest of your life. You would recall an event saying, "I broke my foot right at this place, several decades ago, because I tripped and fell." You would never forget such a thing. On the other hand, there are countless people who would never think of or remember the defeats of their mind in the relentless war between their mind and body.

Considering this fact, no matter how loudly you may proclaim your own importance, you are really no more than a defeated soldier standing with a white flag in your hand. Originally, you were created to dominate your body, with the result of your mind being victorious, in the lifelong battle of mind and body. Yet, this ideal never came to pass; with the ensuing result that your mind and body each pursue contrary aims.

Then, what is the most fearful war among all wars? You must recognize that the war that continues centered on you and inside you is the most fearful in human history and may last forever. What? It is no comparison to World War II. "You" are in this eternal war within yourself. You must know that "you" are standing at the frontline of this theater in this eternal war.