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Father’s Three Principles in Daily Life  
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Reading from the Bible, the Book of James Ch 1:17:

*Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.*

Good morning everyone,

This morning I would like to speak about Father’s three principles in daily life. When Father first began on the path for God’s will, he set a very large goal for himself.

The first thing was as he said, “Before I try to dominate the universe I am going to try to dominate myself.” This morning we need to think about and learn about how Father lived his life in order to accomplish these goals that he set for himself. When Father set out on the path for God’s will he did not just do so casually. He set a huge goal for himself; he set that as his standard, a very high standard, a very high bar for himself.

His goal was to be able to come to dominate the universe, but he realized that actually dominating himself was a much more difficult thing to do than to dominate the universe. Whenever he suffered or was feeling great pain, he realized that the self is always trying to run away from that. He lived a life of enduring everything, enduring all pain and he offered prayer conditions of sincerity and dedication for this purpose.

He realized that he could not be generous with respect to himself; he had to be very strict and even harsh towards himself. For example, it is human nature to only eat things that taste good, and not just through the mouth; the eyes, the ears and the nose have also the same nature to want to only have relation with those things that are pleasant.

Father was always conscious that he could not just live for his own pleasure, for things that were pleasant to him. He was always cognizant of the fact that behind him was the Living God who was always with him.
Father would offer a great deal of sincerity and dedication, even in the smallest things in life. With each step he took he was aware that he was taking that step with God and that God was with him in every aspect of his life; he had absolute faith in that respect.

For Father, the most difficult thing to endure was to sleep. He felt that people should not sleep in the way that they normally do; so he worked to overcome the urge to sleep.

Father was always telling himself that without dominating himself, he could never hope to exercise dominion over the universe, so he was always doing things that other people would not even think of, and would not even think were possible.

For Father the most difficult thing was to overcome the urge to sleep, and he worked to gain victory over that. And then there was the sexual urge; hunger was also an incredible thing to overcome.

With regard to the urge to sleep, Father actually for seven years did not set aside any particular time for sleep. He made a determination that if he was to accomplish God’s will then to overcome the urge for sleep would have to be his first task.

Next, what I want to talk about is the urge to eat, the hunger. Father said that until age 30, not a single day went by that he was not hungry. When he was hungry and it was difficult to endure, he would tell himself that this was the enemy that he had to overcome; that without overcoming this he could not hope to exercise dominion over the entire universe.

He would tell himself, “Even if I have to stay up all night and to skip meals in order to overcome this hunger, I have to do that.” That was his course of spiritual training. Father would tell himself, “How can I expect to accomplish anything if I just do as everyone else, sleeping eight hours a day, taking three meals a day, having sons and daughters and leading a normal life? “So he would bite his tongue if necessary in order to endure the very difficult urge to eat.

You may think that because Father was a special person he was able to live his life very easily, but that was not the case. Father said that his desires were actually much stronger than the normal person’s, so that was absolutely not an easy course for him to go through. Father worked incredibly hard, offering sincerity and dedication, offering all sorts of spiritual conditions in order to overcome all desires. He walked a course that no one is aware of.

In the Garden of Eden, Adam and Eve fell because they were unable to exercise dominion over themselves. Father said that it was incredibly difficult for him to fight
the urges of sleep, sex and hunger, and to get to a point where he could say, “OK now at this level, I should be fine.” He said that the more he tried to overcome sexual urge and sexual desires, the more he would fight to do that, the more Satan would send beautiful women into his life in order to tempt him. And I often heard Father say that the only reason why he was able to gain victory over sexual urge and sexual desires is that God was with him, that God was protecting him, was always cooperating with him and helping him.

Those of us who are from a fallen lineage have within ourselves a base for Satan to operate; we also have evil nature within us. Therefore Satan is able to make us do things that we do not want to do.

This morning, let us realize that for us to overcome these temptations and these urges it would take even a far greater amount of conditions of sincerity and dedication that it did for Father, but we must make ourselves do that.

Father said that without overcoming these urges God would not be able to work with him, God would not be able to be with him. He said that this was the greatest fear he had: that God would have to leave him if he could not overcome these urges, and that’s why he tried and worked so hard to do this.

For us to, the question is how much of a determination are we willing to make, how hard are we willing to determine ourselves to overcome these urges. Unless we do that we are not going to be victorious in this satanic world.

In order to gain victory in the world, Father would force himself to overcome these things. He realized that without gaining victory over sleep, hunger and sex, he would not be able to exercise dominion in the world or over the universe.

Whenever Father would be faced with a difficult problem or issue, he said he would think, “How would God deal with this situation? “That’s how he would pray and think and find the resolution. He would think, “How did Jesus deal with this kind of situation? “And not just Jesus, but how did the different saints in history deal with these kinds of situations. That is how he looked for solutions to the various problems that he faced.

Jesus prayed for his enemies on the cross and Father also, especially when he was young, applied himself to have that kind of heart that could pray for his enemies. It was a difficult thing to do but he worked hard for it. Father realized that he needed to achieve this in order to gain victory in the world, and that is how he strove to reach the position where he could exercise dominion over the universe.
We who are in Sanctuary Church are receiving a lot of persecution and criticism today but we need to have the kind of determination that says, “No matter who may oppose us, even if the entire universe opposes us we will never bend, we will never give up; we will keep going forward until we are able to gain victory. Let’s have the confidence that we are on the side of heaven that we are in the position of the commander-in-chief of the heavenly armies. Let’s have the seriousness that Jesus had when he prayed in the Garden of Gethsemane; let’s have that seriousness so we can be victorious in this fight. Let’s have the seriousness that Jesus had in the Garden of Gethsemane, when he prayed just prior to his crucifixion, so that we can have the strength and determination that will allow us to build God’s kingdom on this earth.

Let’s pray to God. Let’s tell God, “If there is something that no one else can do, the most difficult thing to do, please let me take responsibility for that, give that responsibility to me. “That is how Father lived and that is how he came to have the confidence that there was nothing in the world that he could not accomplish.

I remember Father telling us often that he told God, “I need the love of Jesus, I need the wisdom of Solomon, and I need the faith of Peter in order to accomplish; so please let me have these.” He also said that when he looked at a woman, he saw her from God’s perspective, as his sister or as his mother.

Today people in the East, people in the West, everyone who has heard the Principle and has come to the Unification faith loves Father, and is very fond of Father. The reason is that Father would say that if there was something that he could not believe, even if Satan were to put something before him, or even if Satan were to steal God’s name and put something before him, still he would believe that.

I also heard Father say, that whenever he was able to solve a problem, to find a solution to a problem, that the excitement of being able to do that was better than anything else in the universe. Father would often tell us that with faith you can accomplish anything; all you have to do is have faith. In many instances he would encourage us and ask us to have faith and move forward.

So Father has these three principles in his life that he absolutely adheres to, in order to gain victory. Father would often say, “People think that it was easy for me to accomplish what I have accomplished, to rise to the highest level in the world. But it was absolutely not easy. Of course God was with me, and God worked with me but I also had to put out an incredible effort in order to do the things that I have done.”

When we are able to exercise in our lives the three principles that Father exercised in his, I know that incredible victories and incredible miracles will be accomplished through our lives. If we are to become the sons and daughters of Father, then we
need to also adopt these same three principles and practice them in our own daily lives.

Father would often say that God is the subject partner to all of us, that each of us is his object partner, and that when the absolute plus appears then the absolute minus will be created in relation to that absolute plus. He would say that when we stand in the position of absolute minus to God’s absolute plus, we become recreated; we become a second God or a second Jesus.

Father was able to overcome everything and to exercise dominion over the world because he had this kind of a philosophical foundation. Let’s truly think of ourselves this morning as the owners of CIG; let’s think about how we can actually accomplish that in our lives. We can do that by practicing Father’s principles and through that we can work with God every day.

Sometimes God will test us to see how far we have grown, and to see how much we still have to accomplish. So in James 1:12 it says, “Blessed is the man who endures temptations, so when he is tried he shall receive the crown of light which the Lord has promised to them that love Him.” When we are able to live our life as Father lived his, and we are able to gain victory as Father did, then we will receive the crown of light.

The way that we can gain victory is also to endure, so in Romans Ch 5: 4, it says, *And patience, experience; and experience, hope:*  
With endurance, we can overcome hunger, we can overcome sleep, and we can overcome sexual desires. In the book of Job, in the Old Testament, we see that Job received a lot of difficulties but he overcame everything through endurance. In the end everything that he had lost was restored to him; in fact he was given more than he originally had.

Also in Mathew 5:11

*Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.*

By enduring we are able to gain this kind of blessing from God.

So let’s remember that Father gained victory through endurance; he endured everything, endured all manners of persecution. Let us also endure everything that comes before us so we also can be victorious and we can bring CIG to this earth,

Thank you very much.

Video: [https://youtu.be/0Eynckb18aQ?t=3061](https://youtu.be/0Eynckb18aQ?t=3061)