

Overview of the 3-Day Ceremony

This overview document has been contributed by Jim Stephens, Former Co-director, Blessed Family Dept., with added contributions by Dorit Smith.

Please read also the Cheon Seong Gyeong (CSG) p. 1,280-1,282 for all the words by Rev. Sun Myung Moon on this topic that he covered in his CSG book. You can download the CSG by [this web link](#).

"Due to the Fall God's Blood lineage was lost to the dominion of Satan. Mankind must be restored unto God the Father and Christ the Son of God. The Messiah is the Bridegroom and must meet His Bride. A Blessed Couple is in the position of the Bride that has been wed to Christ. Specifically the wife stands in the position of fallen woman or Eve and the husband in the position of fallen Archangel. Christ stands in the position of perfect Man and perfect Adam.

Through the 3-day ceremony the wife is reborn in Christ as the restored Bride of Christ and is bestowed to the husband as a princess in the Kingdom of God. The husband is reborn in Christ as the Son of God and the prince in the Kingdom of Heaven. After the Completion of these Holy consecrations the husband and wife will stand as prince and princess of God's Kingdom to glorify and honor him forever."

Rev. Hyung Jin Moon
April 21, 2015

The 3-Day Ceremony was created by Heavenly Father and True Parents as the external grace ceremony for substantial restoration from the satanic lineage of Adam and Eve back to the heavenly lineage of God. The 3-Day Ceremony comes from the blood, sweat, and tears of the returning Christ. No condition of faith or merit by descendants of fallen Adam and Eve could earn this grace.

Physical Redemption

This process brings about the change of blood lineage and adoption of our physical lives back to God's sinless lineage. It is known in the Bible as physical redemption.

"For we know that the whole creation groaneth and travaileth in pain together until now.."

Romans 8:22 (KJV)

*"And not only they, but ourselves also, which have the first fruits of the Spirit, even we ourselves groan within ourselves, waiting for the adoption, to wit, **the redemption of our body**. For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for? But if we hope for that we see not, then do we with patience wait for it."*

Romans 8:23-25 (KJV)

The husband and wife are conditionally restored as a true son and daughter of God through adoption by Christ at his second coming, who is given the authority by God to perform this adoption ceremony on the earth.

The adoption ceremony must be performed by God's chosen champion with a physical body in order to fulfill the condition explained in Matthew 18:18.

"Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven."

Matt. 18:18 (KJV)

After properly performing this this ceremony, a couple is forgiven of their Original Sin, and the children they conceive and bear do not have Original Sin. From God's point of view, they have been born pure and sinless like the original Adam and Eve.

40 Day Celibacy after the Blessing and before 3-Day Ceremony

"The 40-day separation period indemnified the four thousand years of history. The actual married life begins today, the end of the three-day ceremony. Since the day of the Blessing until now there has been a period of indemnity."

CSG p. 1,282 (11-161, 1961.6.24)

In order to properly prepare our hearts for the grace of forgiveness for of sins of our lineage and to prepare to receive God's adoption into His originally intended blood lineage, all couples preparing for the 3-Day Ceremony need to abstain from sexual relations for 40 days.

Like the 40-day flood judgment that God sent in Noah's time (Gen. 7:17), this is a time of purification and a new start.

General Contents of the 3-Day Ceremony

Before beginning the 3-Day Ceremony, it is best that each couple visits your local pastor for detailed instructions and prayer to start the ceremony.

All of the materials needed for the Blessing and 3-Day Ceremony are contained in the Blessing Kit (suggested donation is \$210).

First Day

"On the first day of the three-day ceremony, the realm of the Old Testament Age and the position of fallen Adam are restored."

CSG p. 1,281 (11-161, 1961.6.24)

Step-by-Step Instructions for the 1st Day of the Ceremony

- Sanctify the bedroom using Holy Salt.
- Place True Father's and 2nd King Hyung Jin Moon and Queen Yeon Ah Moon's picture in an appropriate location in the bedroom.
- Light the Holy Candle.
- Husband and wife each need their own individual Holy Handkerchief and they should never be mixed up. You can put a small initial in the corner.
- Perform the holy washing ceremony; the wife goes first:
 - The wife, and then husband take a bath or a shower.
 - The wife goes first while the husband stays in prayer.
 - After drying off, she wets her Holy Handkerchief and wipes her whole body with it.
 - The wife dries her body with a towel.
 - Next the husband takes a bath or a shower while the wife stays in prayer.
 - He dries off and then wets his Holy Handkerchief and wipes his whole body with it.
 - He dries off with a towel.
- Both wear clean clothes and bow to True Father and 2nd King Hyung Jin Moon and Queen Yeon Ah Moon.
- They recite the Family Pledge together.
- The Husband bows to the wife three times – symbolizing the fallen archangel submitting to the Bride of Christ.
- The wife, in the position of fallen Eve, prays for the husband to be reborn as a son of God.
- The husband and the wife have a sexual intercourse with the wife in the top position.
- Afterwards they put on clothes and the husband bows to the wife once.
- The wife reports to God and prays for the success of the first day.
- The first day symbolizes the restoration of the Old Testament Age and Adam's failure.

Second Day

“On the 2nd Day the position of Jesus in the New Testament Age is restored through indemnity.”

CSG p. 1,281 (11-161, 1961.6.24)

Step-by-Step Instructions for the 2nd Day of the Ceremony

- Place True Father’s and 2nd King Hyung Jin Moon and 2nd Queen Yeon Ah Moon’s picture in an appropriate location in the bedroom.
- Light the Holy Candle.
- Perform the holy washing ceremony; the wife goes first:
 - The wife takes a bath or shower while the husband stays in prayer.
 - After drying herself off, she wets her holy handkerchief and wipes her whole body with it.
 - The wife dries her body with a towel.
 - Next the husband takes a bath or shower while the wife stays in prayer.
 - He dries himself off and then wets his Holy Handkerchief and wipes his whole body with it.
 - He dries off with a towel.
- Both wear clean clothes and bow to True Father and 2nd King Hyung Jin Moon and Queen Yeon Ah Moon.
- Recite the Family Pledge together.
- The Husband bows to the wife 3 times – symbolizing the restored Adam growing to the top of the growth stage and not falling.
- The wife, in the position of Bride of Christ, prays for the husband to successfully grow to the top of the Growth Stage.
- The husband and the wife have a sexual intercourse with the wife in the top position.
- Afterwards they put on clothes and the husband bows to the wife once.
- The wife reports to God and prays for the success of the second day.
- The second day symbolizes the restoration of the New Testament Age and position of Jesus who could not obtain a bride.

Third Day

"On the third day, the groom, representing Jesus, recreates the bride."

CSG p. 1,281 (11-161, 1961.6.24)

The third day symbolizes full and complete restoration of man and woman. On this day the husband symbolically walks the path of True Father restoring the dominion of fallen man.

Step-by-Step Instructions for the 3rd Day of the Ceremony

- Perform the holy washing ceremony; the husband goes first:
 - The husband takes a bath or shower while the wife stays in prayer.
 - After drying off, he wets his Holy Handkerchief and wipes his whole body with it.
 - The husband dries his body with a towel.
 - Next the wife takes a bath or shower while the husband stays in prayer.
 - She dries off and then wets her Holy Handkerchief and wipes her whole body with it.
 - She dries off with a towel.
- Both wear clean clothes and bow to True Father and 2nd King Hyung Jin Moon and Queen Yeon Ah Moon.
- They recite the Family Pledge together.
- The husband and the wife face each other and offer three bows simultaneously to each other.
- The husband prays thanking God for restoration of manhood (he also repents for his sins).
- The husband and the wife have sexual intercourse with man in the top position (the subject position is restored).
- Afterwards they clean their bodies again with their individual Holy Handkerchiefs.
- Preserve the Holy Handkerchiefs as your family treasure.
- Put on clean clothes and the wife gives one bow to the husband.
- The husband prays to God thanking for the completion of the 3-Day Ceremony. They both vow absolute fidelity to God, each other and their family.