

How To Deal With Resentment From Divine Principle and True Parents' Teachings

Mario Magaz Armenteros

July 12, 2022

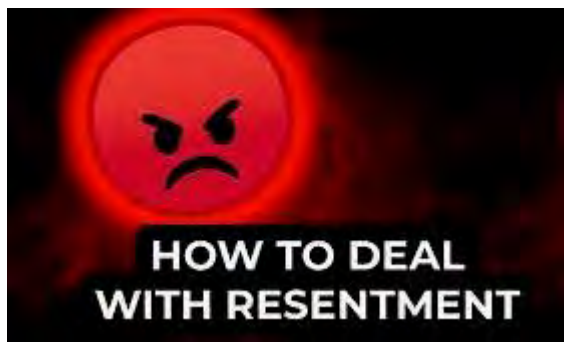


Sometimes we can't avoid feeling resentment. There can be many reasons that can trigger it. Many justifiable reasons if we see it only from our personal viewpoint. But the point is, what do we do about it? How do we deal with it?

Truly in the Unification Movement we are so blessed that we have True Parents. They have taught us in word and deed many valuable lessons for our spiritual growth and making the right decision in any circumstance. A decision that not only is the best for us, for our own personal spiritual maturity, but especially that can have a good and positive impact in God's providence and others around us.

From Divine Principle and True Parents' teachings we can understand that there are two ways to deal with resentment, Cain's attitude or Esau's attitude. The former is the wrong one; the latter is the right one.

We know from Divine Principle that Cain felt rejected by God because God didn't accept his offering. We know it was not because he made a shallow or lazy offering; it was a providential need for him to have the same feelings as Lucifer, who felt a lack of love from God. God hoped Cain would react in a different way than Lucifer and overcome those feelings of jealousy toward his brother Abel. Abel, from his part, should have helped Cain to overcome those negative feelings, by loving him and being humble and serving towards him. If they united they could maybe have made a new offering together that God could accept. Yet, both of them failed, Abel became arrogant and finally Cain's hostile feelings and jealousy towards Abel kept growing, until he became dominated by these negative feelings and murdered Abel, his brother...



On the other hand, we have the victory of Jacob and Esau. In Divine Principle lectures, oftentimes Esau's input is overlooked. Yet Esau had to deal for 21 years with the feeling that his brother Jacob and his mother cheated him, sold his birthright and the blessing of his father, Mr. Sudo said he was shooting targets as if it was Jacob during that time preparing for the day they would meet again and kill him. As soon as he heard Jacob was coming back, he took an army of 400 men and went to meet him. We all know how Jacob reacted when he

heard about it; he first of all prayed to God, then he got heavenly inspiration to melt down his brother's heart. He sent many gifts to Esau, saying: "this is a gift for my Lord", when they were near each other, Jacob would bow 7 times to the ground; Esau would embrace and kiss him. Jacob would tell him: "Seeing your face is like seeing God's face".

So Esau did the right thing to overcome his resentment that he was bearing for 21 long years, he could recognize the sincere heart of his brother Jacob, stopped being centered on his own perspective and feelings, and listened to what his original mind and consciousness told him: "forgive your brother and unite with him". He stopped seeing his brother as an enemy that wanted to harm him. He turned his resentment into genuine love.

If we want to be wise people, we have to choose Esau's way to deal with resentment. If we choose Cain's way instead, we will act foolishly and fuel our fallen nature and end up doing things we will regret in the long run.

Bless you