

FFWPU UK: Peace School Book Recommendations for Children and Families

Ala Zubovskis
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Summer Reading for the Heart and Soul

Peace School Book Recommendations for Children and Families

Summer is a wonderful time to slow down, enjoy family moments, and discover stories that inspire children to grow in heart, character, and faith. Reading together not only develops imagination but also encourages meaningful conversations about virtues, kindness, and our relationship with God, our Heavenly Parent.

Here are some of our favourite books to enjoy over the holidays.

Ages 4 - 7

The Tale of Peter Rabbit - Beatrix Potter A timeless story about curiosity, responsibility, and learning from mistakes.

The Velveteen Rabbit - Margery Williams. A touching tale of love, friendship, and becoming our true selves.

The Story of Ferdinand - Munro Leaf A gentle reminder that true strength is found in peace and kindness.

Saint Francis and the Wolf - Margaret Hodges A beautiful story about peace, compassion, and

caring for all creation.

I Am Peace - Susan Verde (all Susan Verde's books). Introduces mindfulness, gratitude, and finding calm in everyday life.

Ages 7 - 10

Charlotte's Web - E. B. White: A beautiful story of friendship, loyalty, and selfless love.

The Secret Garden - Frances Hodgson Burnett A classic about hope, healing, and transformation.

Heidi - Johanna Spyri Celebrates gratitude, family, simplicity, and the beauty of nature.

The Chronicles of Narnia - C. S. Lewis An unforgettable adventure exploring faith, courage, forgiveness, and sacrifice.

Little Pilgrim's Progress - Helen L. Taylor A gentle introduction to perseverance, trust, and choosing the right path.

Ages 10 - 13

The Lion, the Witch and the Wardrobe - C. S. Lewis A timeless story of courage, hope, and the victory of goodness.

Wonder - R. J. Palacio An inspiring novel about empathy, kindness, and seeing the best in others.

The Little Prince - Antoine de Saint-Exupéry A thoughtful story about friendship, responsibility, and what truly matters.

Treasures of the Snow - Patricia St. John A moving Christian classic centred on forgiveness, healing, and reconciliation.

The Hiding Place: Young Reader's Edition - Corrie ten Boom A true story of faith, courage, compassion, and living for the sake of others.

A Peace School Family Challenge

After reading together, ask one simple question: "Which virtue did you discover in today's story, and how can we practise it this week?"

Children might also enjoy keeping a Peace Journal, drawing their favourite scenes or writing one act of kindness they would like to do each day.

May this summer be filled with joyful adventures, inspiring stories, and many opportunities to grow in wisdom, love, and faith, becoming true peacemakers in our families and communities.

Happy reading from the Peace School team!