

## CARP USA goes to the Sexuality, Integrity, and the University conference

Ryota Naito  
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Marriage. Family. Sexuality. There are many different opinions and perspectives about each of these topics - and the university has become a hotbed to converse about them.

CARP has [our perspectives](#) on them as well. And to sharpen our thoughts on them, a few representatives spent a weekend in Princeton, New Jersey from October 28th to 29th for an annual conference hosted by the [Love and Fidelity Network](#) (LFN) called Sexuality, Integrity, and the University (SIU). National CARP has been attending their SIU conferences annually for over five years now, building partnerships with LFN staff and presenters including LFN executive director Alain Oliver, who spoke at an event hosted by CARP New Jersey in 2019. This year, ten CARP student representatives from the Bay Area, Boston, Florida, Las Vegas, and New Jersey chapters came to attend, as well as six CARP staff and board members, alumni, and supporters.



The conference aims to empower college students to share the message of love and fidelity by equipping

them with research and arguments on the value of marriage, family, and sexual integrity. Various presentations were given on these topics from many accomplished speakers, each followed by a Q and A session. Over 80 students primarily from Ivy League schools and different Christian denominations came together.



Blair welcomes everyone to the conference.

The conference began with a welcome from the moderator, Mrs. Angela Blair. She shared about her decision to wait until marriage and the journey that followed. Driven by her adventurous spirit and a calling to be open to ways that she may meet her life partner, Blair signed up for a reality T.V. show called "Ready for Love" where she expressed and remained true to her stance on abstinence. Despite her countercultural stance, she ended up winning the series. Blair kept her commitment and eventually married a former MLB player who also waited until marriage.

After her introduction, Blair welcomed up the first presentation given by advocate and author Katy Faust. Her talk highlighted how people's decision to get married or divorced is contingent upon their personal happiness rather than the happiness and livelihood of their children. She asserted that the children's rights should be considered first. Faust emphasized that the potential for safety and feeling loved as a child is maximized when there is a biological father and a mother present in raising them.

"I loved how Faust outlined how we've come to our current standards of parenting through a cultural, technological, and legal standpoint. She pointed out that what has not changed are the children, as well as the unique roles which both father and mother provide as parents. She spoke clearly on how if the burden is not placed on parents improving themselves, it will automatically be put on the children." - Junta Naito, UC Berkeley graduate

"What I understood from her research is that children who grew up without the love and care of their direct, biological parents had their rights violated. In relation to CARP's perspective, I believe that children need both biological parents in the same household in order to grow to become a child who can discover their true identity as a child of God." - Keisetsu Nakamura, senior at the New Jersey Institute of Technology

"The first presentation by Katy Faust was the most impactful presentation in my opinion. In her presentation, she approached the issue of sexual immorality from a children's rights perspective. As someone in the education field, it really resonated with me and the work I do." - Luc Jean, sophomore at UMass Boston

The evening session closed with a Q and A and announcements for the following day.





Dr. Hawkins shares his research.

The next day was packed with more rich content. After a plentiful breakfast, the participants got back into learning. The first speaker was Brigham Young University professor Dr. Alan Hawkins. He talked about how there is a tendency now for people to see marriage as a "capstone," an end goal to accomplish, rather than as a "cornerstone," as the foundation for what's to come in our lives. His research focused on comparing findings between earlier and later married couples; it did not reveal significant differences but showed more favorable results for the earlier marriages such as how early-marriage couples experience more marital and sexual satisfaction.

The second speaker was Dr. Catherine Palaluk from the Catholic University of America. Palaluk shared her findings of interviewing families across America who had more than five children. She asked about their motivations for having many children, how happy they are with their decisions, and more surrounding the topic. Many of the anecdotal testimonies she shared revealed how despite the difficulties raising more children can bring, the families, especially the mothers, experienced greater happiness.







Following the two morning presentations, the participants went to lunch and had more opportunities to connect.

After lunch, the students received special remarks from Dr. Robert George of Princeton University. He shared his upbringing living through the Cold War believing that communism will always exist, but to his shock, the Soviet Union fell in his lifetime. His experience resembled how it may seem unimaginable or impossible for the college campus culture to change in our own life, but it is actually possible. Dr. George said that things can change over time, but leaders must stand up to bear the sacrifice. He encouraged the students to "be determined truth-seekers and courageous truth-speakers."

"Dr. Robert George's talk felt like an inaugural address, or a speech given by a colonel to his army of men; I felt it instilled hope and courage in me." - Lisa Regidor, sophomore at the College of Southern Nevada





CARP Princeton president Yujin Angolio asks a question to Dr. George.

Dr. George's talk was well-positioned before the third talk given by Dr. Carl R. Trueman, professor at Grove City College. He spoke on having a long-term mentality especially in the mission that the students are standing for. Trueman shared to them that their mission is to remain faithful to their mission, and acknowledged that their mission may take more than a lifetime.

"... what stood out from his [talk] was when he said that he's probably not going to see his fight won in his lifetime, or the next generation's but still has faith and will continue to fight for the future. And honestly I think that brought me a lot of hope in what we're doing as CARP... things cannot change so quickly, it's just not possible, but it will take time, hard work, faith and perseverance. And I think that is what I will take with me the most from this conference." - Lisa Regidor, sophomore at the College of Southern Nevada

The last presentation was given by Dr. Anthony Bradley of The King's College. "Fathers are the most important men in any community," Dr. Bradley said to begin his talk. He shared that any male who will be a father one day is destined for goodness. He evidenced that by showing how the absence of fathers is the cause of many pathological issues in our society. Bradley concluded by saying that good fathers are the solution to these social ills.



"In my opinion, the necessity of fatherhood and what healthy fathering looks like is not talked about enough. Especially as I aspire to be a father myself, it helped me to understand deeper the best practices of fathering, and how in effect, I am helping to resolve various social issues." - Junta Naito, UC Berkeley graduate

"Dr. Bradley mentioned that even just having lunch with a younger brother once a month or simply giving a hug to guys who need it the most can change their life. Dr. Bradley reminded me to practice being down to earth when it comes to building relationships with others and to dig deeper into building a closer relationship with my own father." - Keisetsu Nakamura, senior at the New Jersey Institute of Technology

All speakers received some questions from the students right after their talk which created a space for engagement between them.

The day concluded with bonding amongst all the students. During dinner, many CARP members sat with some of the presenters and built more personal connections with them. Many participants mingled and networked with one another afterwards with several visiting the Princeton University campus.

To wrap up the experience, the CARP members gathered together on Sunday over breakfast to debrief about their experiences together. Many expressed that they felt revitalized in their mission from the content and meeting many like-minded students. Some said they already plan to come back to LFN's conference next year and some wanted to encourage other CARP members to come as well. A desire for



collaboration was also expressed, and some already planned to implement the content they learned in their CARP talks or invite the speakers to their campus impact events.



A few CARP members at Princeton University.

"Receiving logical information to back up the importance of sexual integrity and the importance of having a good relationship between parents and children was my highlight." - Isaac Nitro, freshmen at the College of Southern Nevada

"... understanding the logical and academic support for our values is an invaluable asset for all [CARP] members. Because the culture on college campuses today is so heavily against true family values, being able to show that living by these values is empirically better would help us find more conviction in our beliefs and improve our ability to convey the importance of these values." - Jonte Crawford, freshmen at the College of Southern Nevada

"I believe that while a large purpose for this conference is to continue to stand for marriage, family, and sexual integrity on college campuses, it's equally critical to fortify relationships with other like-minded groups to not only feel more empowered, but also to substantially show examples of a shift into this new culture." - Junta Naito, UC Berkeley

graduate

Overall, our students learned so much and made meaningful connections. During meals, breaks, and downtime, they reconnected with some friends from previous SIU conferences and former speakers at some of CARP's campus events. Thank you so much to Alain Oliver, the Love and Fidelity Network team, and to all those who made this possible for our students!







Support more students to have these kinds of opportunities by donating to CARP's End-of-Year Giving Campaign for Giving Tuesday on November 29th, via [carplife.org/donate](https://carplife.org/donate).





# The New Sexual Revolution

November 13, 2019 · Principled Perspective

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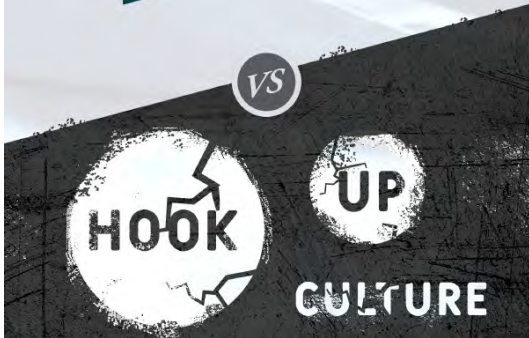
By Month ▼



### FORWARD

We invite you to consider the Principled Perspective on love and sex, championed by CARP and its founders. We hope this counterproposal to today's hookup culture will provide insight to help you frame your perspective and to make informed, healthy choices.





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**QUESTIONS  
WE HAVE ABOUT  
LOVE**

The search for love is as much a part of being alive and human as breathing. We long for a partner and companion whom we can trust absolutely and with whom we can endure all of life's sorrows and exult in all of life's joys. However, in our search for true love today, we just as often find ourselves falling into love as painfully out of it.

Placed within the context of the contemporary hookup culture, our search for love becomes infinitely more complicated, as love and sex are separated from each other in the pursuit of satisfaction and social status through casual sex. Today's hookup culture may seem normal, but if it ultimately leaves us feeling isolated, depressed, or brokenhearted, can it really be a viable path to true love, meaningful sex, and genuine intimacy?

With time and experience, many of us come to understand that having sex prematurely usually leads to insecurity and confusion. We've seen that engaging in sex without a clear or lasting commitment to the relationship can easily lead to:

- Heartbreak, regret, and jealousy
- Fear of commitment
- Loss of enthusiasm for life
- Depression and suicide

And it's not hard to draw the connection between the many risks of casual sex before marriage and the many challenges that married couples today face to maintain their relationships.

In the face of these challenges, many have given up hope that they'll ever truly find the love that they long to experience.

**But we believe there is reason to hope.**

**A NEW  
SEXUAL  
REVOLUTION**



CARP's founders, Rev. Dr. Sun Myung Moon and Dr. Hak Ja Han Moon, highlight the most important problem we face today as "the breakdown and loss of families." Why? Because, they say, "the family is the school of love."

This breakdown is the reason why people have not experienced and do not understand the value of True Love, which is the fundamental root of joy, happiness, and all ideals.

We need to understand the deep significance of human sexuality and its role in creating a happy, healthy marriage and family. Then, we can realize that the powerful intimacy of a sexual relationship is not to be engaged in casually but is something worth waiting for and working toward as a truly meaningful part of being human.

**What we need today is a new sexual revolution, a revolution that can revitalize marriage and families and recover true love and intimacy.**

**WHAT'S  
SO  
SPECIAL  
ABOUT  
SEX?**

**IT'S WORTH MORE**

Contrary to the understanding of sex perpetuated by the hookup culture, sex is much more than a fleeting, physical interaction between two people. Sexual activity involves the emotional impulse to love, the creation of life, and the continuation of lineage. When we reduce sex to only its physical dimension and self-centered pleasure, we miss out on the unique beauty, meaning, creativity, belonging, and growth that sex is meant to bring to our lives.



## LOVE

Sex, when engaged in purposefully and properly, links the deepest aspect of one's being to another's. Human love is a conduit for the expression of deep emotion and passion between a man and a woman. Ideally, this passion springs from a heart of genuine love, and its nature is to give rather than take. It focuses on mutual commitment, growth, communication and compromise. True Love seeks the deep inner joy and satisfaction of one's partner and oneself, not merely one's own physical pleasure.

## FREEDOM

Human sexuality is not merely an instinctual, animalistic drive to procreate. Human beings have free will: the capacity to make and to act on our own decisions. Our sexuality is intricately connected to this unique freedom: whatever choices we make, our decisions regarding sex have emotional, social, and moral consequences for ourselves and others. Being responsible for how we express our sexuality is the only way we can become owners of True Love.

## LIFE

Sex allows for reproduction but not just in the sense of passing on one's genetic code. It is the creation of life, the beginning point of another human being's very existence. It is the bequeathal of internal or spiritual characteristics like personality and character in a process deeply connected to our own life force.

## LINEAGE

Families and entire lineages are created from sex. Through lineage, sound legacies and healthy traditions are created for one's descendants to inherit, imitate, and build upon. The quality of love and commitment between husband and wife in each generation creates the conditions from which subsequent generations will benefit.

## CONSCIENCE

Sex also involves the conscience. Our conscience is a constant presence in our lives that guides us to act morally and altruistically in everything, including our sexuality. We experience True Love when our conscience guides the physical dimension of sexuality. The act of True Love originates deep within our spirit and resonates within our conscience. It is then expressed through the union of spirit and flesh, bearing fruit in new life and lineage. The conscience guides the power of sex to be constructive and creative rather than destructive.



## DISTINGUISHING BETWEEN

TRUE

VS

FALSE

Love

What does it mean to love someone? An abusive boyfriend says he "loves" his girlfriend, but is that really the same as when a mother says she "loves" her newborn child? We have to know what True Love is and how it differs from immature love, or what we might call "false love."

## INFATUATION VS. COMMITMENT

People often think they have fallen in love with someone because they can't stop thinking about them and they "feel" like they are in love, or because they feel a strong sexual attraction. This is not real love, however, but an infatuation. With infatuations, you can fall out of love as easily as you fell into love. True Love, on the other hand, is based on commitment and grows over time. It is based on your actions, not just your emotions. That's why when a couple gets married, they say "I do," not "I feel."

## INSTANT GRATIFICATION VS. LONG-TERM INVESTMENT

It is natural to pursue love, joy, and happiness. Sometimes though, we put momentary, instantaneous gratification before the things that matter most—the things that can only be built with time and effort. True Love is one of those things. It requires long-term investment because it grows from shared experience and mutual trust. It can even deepen when a couple overcomes life's challenges together rather than breaking apart or separating when the going gets tough.

Sometimes the best investment you can make into a relationship is to work on yourself. Through doing so, you have more to offer to your partner. And finding fulfillment individually actually makes the relationship more fulfilling, too.

## SELFISH LOVE VS. SACRIFICIAL LOVE

Everyone wants to be with someone who makes them feel good. However, it's easy for your focus to subtly—or not too subtly—shift to only what you are getting out of the relationship instead of what you are putting in. True Love doesn't grow by caring only about yourself, but by caring for your partner's happiness more than your own. Sometimes it requires sacrifice to put their needs and desires before your own. These kinds of sacrifices demonstrate your commitment to your partner and foster love in your relationship, even creating a protective sphere of trust around your relationship over time.



SO WHY WAIT?

## WE GET IT

In today's culture, abstinence can seem impossible and fidelity like a fantasy. But here's what we at CARP have learned over the years about some of the most common misconceptions about abstinence and fidelity.



## ARE ABSTINENCE AND FIDELITY DRIVEN BY IGNORANCE OR GUILT?

Before the Sexual Revolution, standards of sexual conduct discouraged discussion of sexuality, kept people ignorant, and restricted sexual expression even among married couples. We do not want to go back to that. We want to move forward.

We believe that there is profound meaning, beauty, and mystery in sex that we're meant to explore. However, we've come to understand that this exploration best takes place when guided by a clear moral framework and within the bounds of a committed, marital relationship.

## ARE ABSTINENCE AND FIDELITY UNATTAINABLE?

There are many who say abstinence followed by a lifelong commitment to one sexual partner in marriage is an unattainable ideal. They claim it is both unrealistic and inconsistent with human nature. There is a popular perception that a large proportion of people have always engaged in sex outside of marriage but it was just kept secret in previous generations.

Actually, cheating among married couples has always been the exception, not the norm. Even today, the vast majority of married couples are faithful to each other, despite the impression given by the media.



## ARE ABSTINENCE AND FIDELITY RESTRICTIVE?

Most people think that freedom means being able to do whatever you want. But you are never free from the consequences of your choices. Practicing sexual abstinence leaves you free from unwanted pregnancies and STDs as well as many of the negative emotional and social consequences mentioned earlier. You are free to:

- Enjoy your youth
- Develop a healthy, independent identity
- Invest into creative projects and a professional career
- Learn social skills to develop strong friendships
- Trust and be trusted later in marriage
- Set an example for future children

Similarly, fidelity in marriage generates freedom because it creates a strong foundation of trust in your relationship. Both you and your spouse are free to fully be yourselves, with all of your flaws, dreams, and potential. You are free to:

- Continue learning and growing
- Be honest and vulnerable
- Create a happy, vibrant family
- Build a lasting community
- Leave a legacy of love

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Though they're not often represented in pop culture, there are already countless young people who believe in **True Love** and have committed to abstain from sex before marriage in order to be the best person for their future spouse and family. You can find lots of these people in CARP!

We know from experience that it's not easy to go counterculture or stand for something that goes against the status quo. It takes strength and courage. It takes commitment to a greater purpose. But, when we consider the fallout of the current culture of free sex, it is clear to us that something needs to change.

**What we need now** is a new sexual revolution to reverse the damage that resulted from the previous ones. This new sexual revolution should promote a higher ideal for love and sexuality, where altruistic love is the supreme value sought in sexual relationships, rather than self-gratification, where lasting happiness is found in commitment to one's spouse and building a family together.

**This change starts with us.** Let's be the ones who make a change by standing up for True Love and true families. Let's usher in the new sexual revolution, starting with our own hearts, lives, and loves.

What will you stand for?

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## HOW TO STAND FOR TRUE LOVE

Sometimes the hardest part in making a change is knowing where to start. That's why we would like to offer some suggestions about how you could take part in the movement for True Love:

### "Peace Starts With Me"

A common phrase Mother Moon uses is "Peace Starts With Me." This phrase highlights the truth that all meaningful change in the world begins with changing ourselves first. Making a commitment to learn and to grow with integrity to one's values is the best starting point for lasting change.

### Connect with Others

One of the best ways to take a stand for true love is to connect with others who are standing for the same values. If you look, you may find others who are actively practicing and standing for these values. You'll definitely find some in your local CARP chapter! We invite you to check out our chapter directory on our website to find the CARP chapter nearest to you.

### Share about It

It may be a challenge to clearly articulate your values and opinions. One great way to improve this skill is to practice sharing what you stand for with others. It could be as simple as having a conversation with a friend or relative and asking about their opinions. You could also try researching these topics and writing about what you find for a class paper. Professors can give valuable feedback, and they love to see original topics and ideas coming from their students.



### Further Reading

Maybe you still have questions. We encourage you to keep researching these topics so that you can be confident in your opinions and make the most informed decisions. Please check out our suggested readings at: [carplife.org/research](http://carplife.org/research)

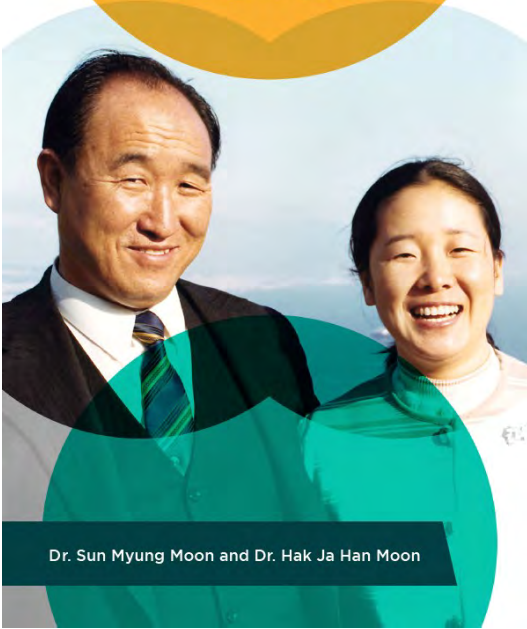


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# VISION OF CARP AND OUR FOUNDERS



Dr. Sun Myung Moon and Dr. Hak Ja Han Moon

Throughout their lives and in 52 years of marriage, the founders of CARP—Rev. Dr. Sun Myung Moon and Dr. Hak Ja Han Moon, who are affectionately known as Father and Mother Moon—have modeled a commitment to each other and to the ideal of True Love. They have been initiators and proponents of this new sexual revolution.

The Collegiate Association for the Research of Principles (CARP) was founded by Father and Mother Moon in 1966 in order to empower young people to study and live by the principles of True Love. In its more than 50 years of existence, CARP has worked to provide principle-based character education around the world.

CARP promotes a culture of sexual integrity, that is, a culture of abstinence before marriage and fidelity within marriage. This culture, and the relational environment it creates, empowers young men and women to pursue what really matters to them and to create lives they love.

We invite you to be a part of this new sexual revolution, leaving behind the degrading culture of false love and taking a stand for True Love!

#### Contact Us

To find out more about CARP and/or get in contact with us, please visit our website: [carplife.org](http://carplife.org).

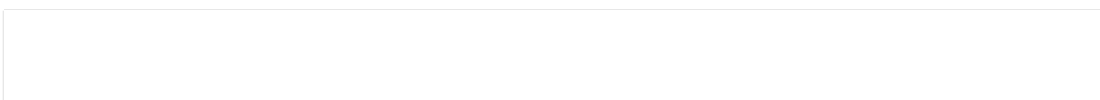


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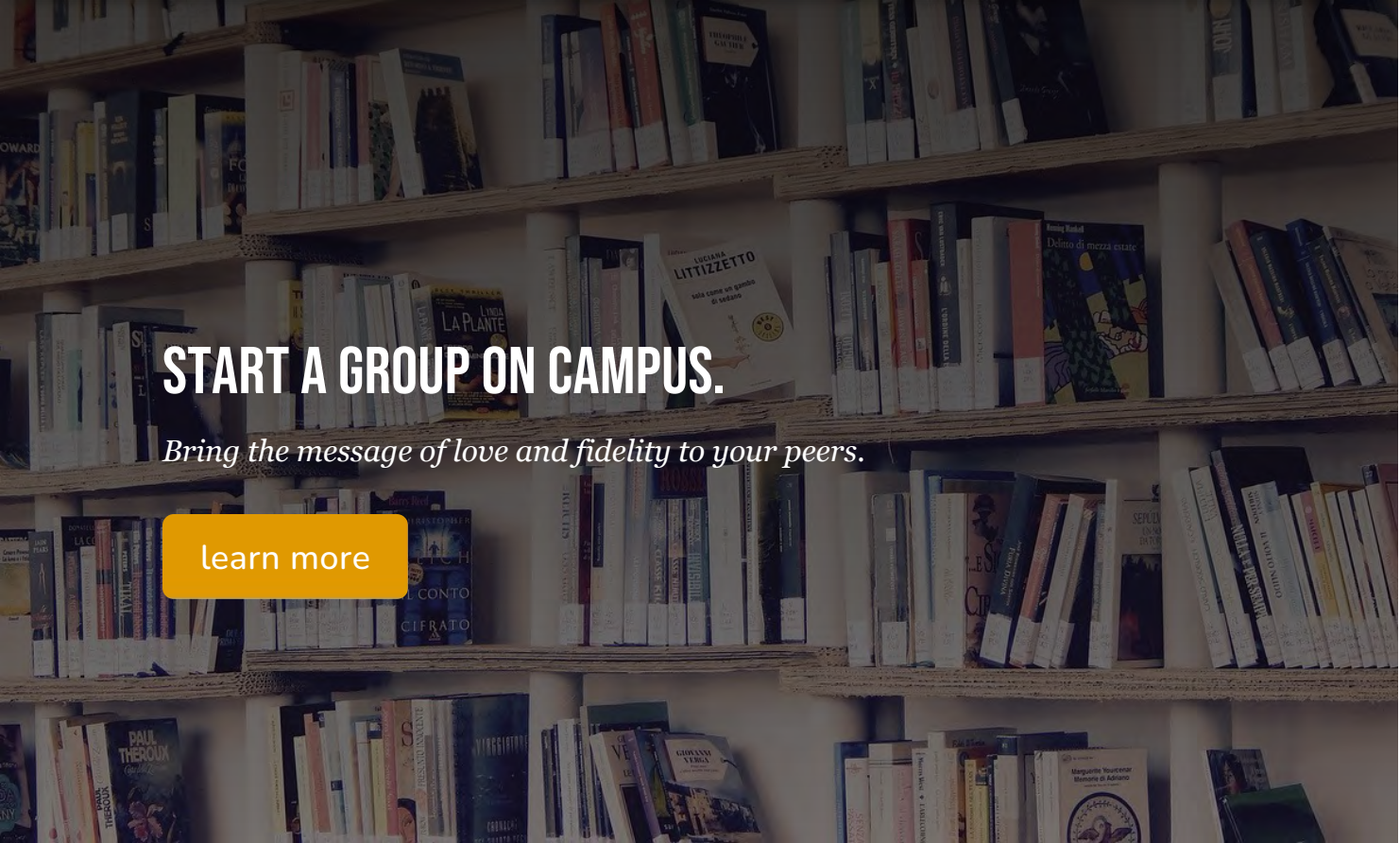
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# START A GROUP ON CAMPUS.

*Bring the message of love and fidelity to your peers.*

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Many college students are unhappy with campus expectations for sex and relationships. The hookup culture, while perceived as the norm, leaves students feeling lonely and unfulfilled.

## OUR MISSION

We use science, facts, and the human experience to enable college students to share a better vision of sex and relationships.

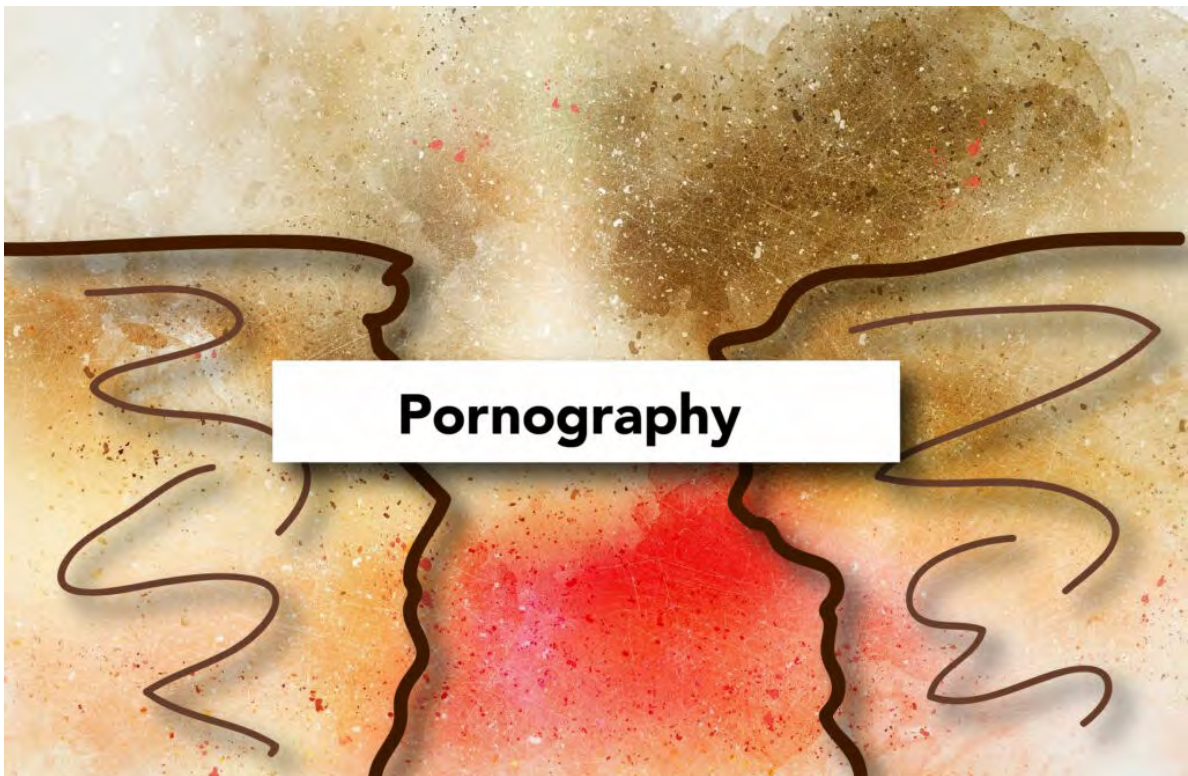


**Romance**

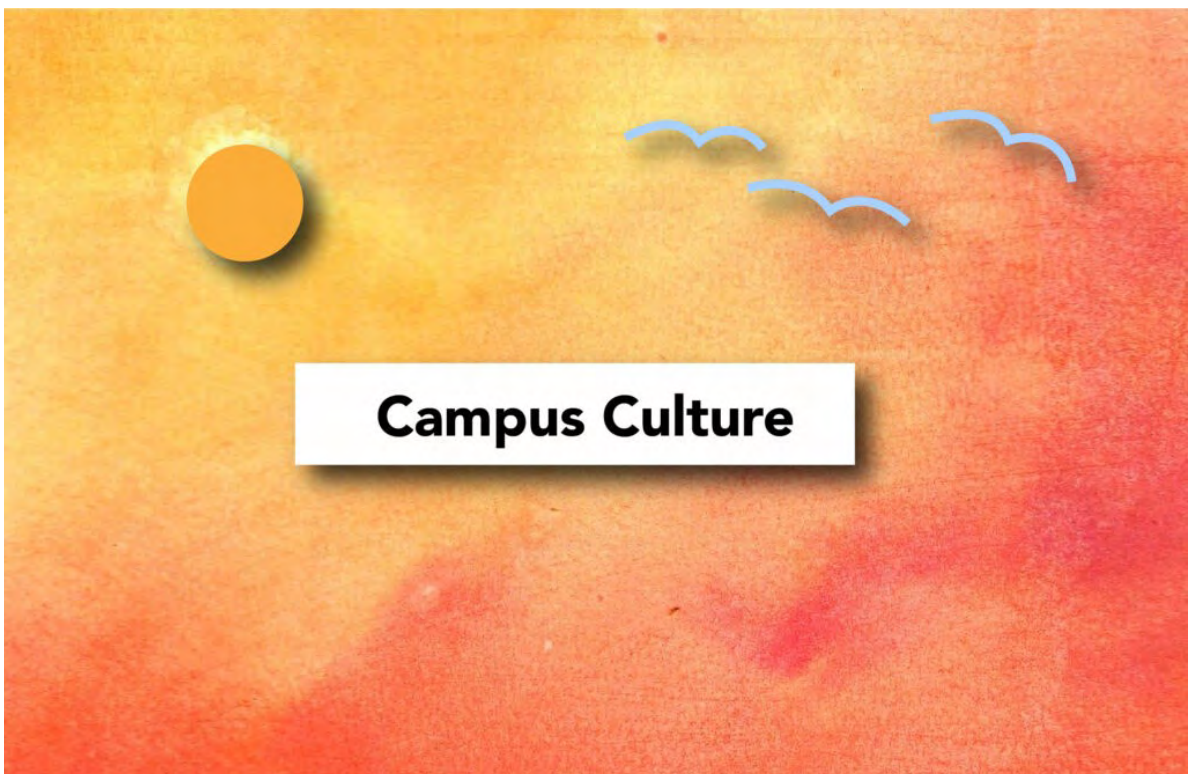




**Friendship**



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