

FFWPU USA Blessing and Family Ministry: Join Us for 2026 Blessing Event Prep

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April 10, 2026



FAMILY FEDERATION

Blessing & Family Ministry Newsletter

MATCHING | MARRIAGE | PARENTING

April 10, 2026

Hello family. Blessing event prep meeting. Rooted: Blessing workshop and tour. Start Smart workshop. HN Core program. Finding balance.

what's new?

2026 Blessing Event Prep



2026 Blessing Event Prep Meeting

For Couples and Guests going
to Korea for the Blessing

April 16 @ 9 pm EST



[Register HERE](#)



Attention, those receiving the Blessing in Korea!

We'd like to invite you to the 2026 Blessing Event Prep Meeting on Thursday, April 16 at 9 PM

EST.

All 2026 Blessing participants and guests are welcome.

4.
 - a. The first part of the meeting would be congratulatory messages from our Continental and Regional Directors if available.
 - b. The second part of the meeting will be focused on logistics and preparations for the Blessing in Korea.

Register below!

[register here](#)

events

Rooted: Young Adult Blessing Workshop and Korea Pilgrimage



ROOTED

Blessing
workshop &
pilgrimage
in Korea

April 30 to May 6, 2026
For anyone 18-30 years old

*Join the Missionaries in Korea
Pilgrimage • Blessing Education
Attend the 2026 Hyojeong Cheonju Blessing Ceremony*

We are excited to share a special opportunity for **young adults 18-30 years old** to participate in ROOTED, a Young Adult Blessing Workshop and Korea Pilgrimage taking

place April 30 – May 6 at the HJ Heaven and Earth CheonBo Training Center.

ROOTED is designed for those who are preparing for the Blessing, discerning their future, or seeking deeper understanding of their spiritual and relational journey. Through this program, participants will receive meaningful guidance on building a God-centered life—while deepening an understanding of the Blessing as a lifelong commitment and inheritance from True Parents.

Dates: April 30 – May 6

Location: HJ Heaven and Earth CheonBo Training Center

Limited Space: 50 Young Adults

Registration Fee: \$375, flight not included

Covers lodging, meals, local transportation, workshop sessions, and pilgrimage experiences

Arrival: April 29, by 7pm KT

Departure: May 7, after 12pm KT.

Please note that transportation to and from Incheon Airport cannot be provided for flight out of these times.

The registration deadline for the pilgrimage is April 17, so don't wait and sign up now!

[join here](#)

2026 Blessing Candidates Education Workshop

SAVE THE DATE

START SMART

BLESSING LEVEL 3 WORKSHOP

ONLINE ON APRIL 11 & 12

For all matched couples going to the
2026 Blessing

REGISTER THROUGH THE
BLESSING APPLICATION



BLESSING & FAMILY MINISTRY
FAMILY FEDERATION FOR WORLD PEACE AND UNIFICATION NORTH AMERICA



If you are a **Matched Couple** planning to attend the **2026 Blessing**, please save **April 11 and 12** for a live online workshop, *Start Smart* — the required education for

couples before the Blessing. Registration is available for those who have applied for the 2026 Blessing.

High Noon Core Program for Singles



C O R E

**Blessing Prep
for Singles**

- Enter the Blessing with clarity and confidence
- A community of brothers and sisters pursuing the same goal
- Understand God's vision for sexuality and love

M A Y 11
highnoon.org



The High Noon Core program for singles is now open. Register below!

[join here](#)

food for thought

Finding Balance Between Authenticity and Connection



*Self-Care Isn't Selfish:
Heal Yourself, Your Family & the World*

**Finding Balance Between
Authenticity & Connection**

Sat., April 18, 2026 10-11:30 am PT/1-2:30 pm ET



- Join **Myrna Lapres**, professional relationship & family coach and educator in exploring the two sometimes opposing forces in our lives: the need to be authentic and the need to stay connected or attached.
- Authenticity calls us to honor our true selves while attachment ties us to relationships, jobs, and responsibilities that provide stability and connection.
- Discover how to strike a more healthy balance in your life.

by Myrna Lapres

The Tug-of-War Between Us & We: We all live in this quiet, constant tension between two of our deepest needs: **attachment or connection** and **authenticity**. On one hand, we are wired for connection. From the moment we're born, we look to others for safety and belonging. On the other hand, we have an internal compass—that gut feeling that tells us who we really are and what we actually value. While one side pulls us toward others, the other pulls us toward ourselves.

[read more](#)

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