

## FFWPU USA Blessing and Family Ministry: Register for the 2026 Blessing yet?

Carina Mendez  
February 6, 2026



FAMILY FEDERATION

# Blessing & Family Ministry Newsletter

MATCHING | MARRIAGE | PARENTING

February 6, 2025

---

Hello family. 2026 Blessing registration. HN Core program. Caring for the Inner Child. Valentines Day.

---

*events*

## 2026 Blessing Registration Open

# 2026 BLESSING REGISTRATION IS OPEN!



BLESSING  
EXPERIENCE

APRIL 30 - MAY 3, 2026



[Learn More](#)

Registration for the 2026 Blessing is open now! Please find more information and details below.

[register here](#)

---

## High Noon Core Program: Blessing Prep Program for Singles



join here

## Caring for the Inner Child

We are happy to announce  
a series of OEC workshops  
on

# CARING FOR THE INNER CHILD

Following an amazing test run with about 50 participants last year that exceeded our expectations, the Original Energy Code Team & the Blessed Family Department of Europe and the Middle East warmly invite you to a special series of workshops aiming at releasing energies of the wounded Inner Child from yourself and your ancestors.

**Participation is recommended for:**

- Leaders of the HPHC, BFD-leaders, OEC-practitioners, and supportive members the invited people choose to bring along

**The workshops will be:**

- Biweekly (once every other week)
- Mondays, Tuesdays, and Thursdays from 10 am-12 pm PT, 1-3 pm ET (choose one)
- Extra Tuesday option: 8-10 am PT, 11 am-1 pm ET (with Russian translation)
- Start: mid-March to the end of June
- Topics: Inner Child issues from conception till puberty, plus one workshop on parenting
- Cost: Donation of your choice

**Why join?**  
This is a good opportunity to care for yourself and your ancestors and builds a foundation to better care for others. We hope to start a wave of healing for brothers and sisters and their ancestors in this time of transition.

**Don't miss the free intro! Introductory webinar:** Sat, Feb. 14, 8-9 am PT, 11 am-12 pm ET (with Russian translation): <https://us02web.zoom.us/j/86240054731>

In mid-February, we will send the registration form. Please pray, if Heaven wants you to make this investment for yourself and your ancestors.

Best Wishes,  
**Kurt and Marea**

Questions?  
Contact Arlene Metz Email: [oe2027@gmail.com](mailto:oe2027@gmail.com)  
WhatsApp: +41 796519495

Join this webinar on Saturday, February 14, 2025 to learn more about the healing work being done to care for ourselves, our families, and ancestors and build a foundation to better care for others. This is an international movement initiated by the Blessed

Family Department of Europe & the Middle East and the Original Energy Code team. On the webinar, hear from N. America participants Myrna Lapres, Liisa Freystatter, and Yun-A Johnson about their experience from the 2025 series.

Feb. 14, 2025, 8-9 am PT/11 am-12 pm ET

[join here](#)

---

*food for thought*

Share Your Love All Month Long



by Myrna Lapres

Did you know that in addition to Valentine's Day, February is also American Heart Month--a time when all people, especially women, are encouraged to focus on their cardiovascular health and Black History Month--celebrated in February to honor African American achievements and history, started by historian Carter G. Woodson in 1926? That is a lot of good things to celebrate and remember. I would like to share a couple of resources that you, your significant other, and your family can use to create more connection, communication, and celebration.

[read more](#)

---

Follow Us



---

Did a friend forward this to you? [Subscribe](#) to The Newsletter.

---



# 2026 HJ Cosmic Blessing

**Date:** Saturday, May 2, 2026

**Venue:** Cheongshim Peace World Center, Cheongpyeong, Korea

Begin the Blessing Registration process by completing your Blessing Application on the HJ Blessing Guide.

You are required to (1) officially become an updated and Certified Candidate and (2) report your match on the HJ Blessing Guide, before registering for the Blessing.

[Start your Blessing Application](#)

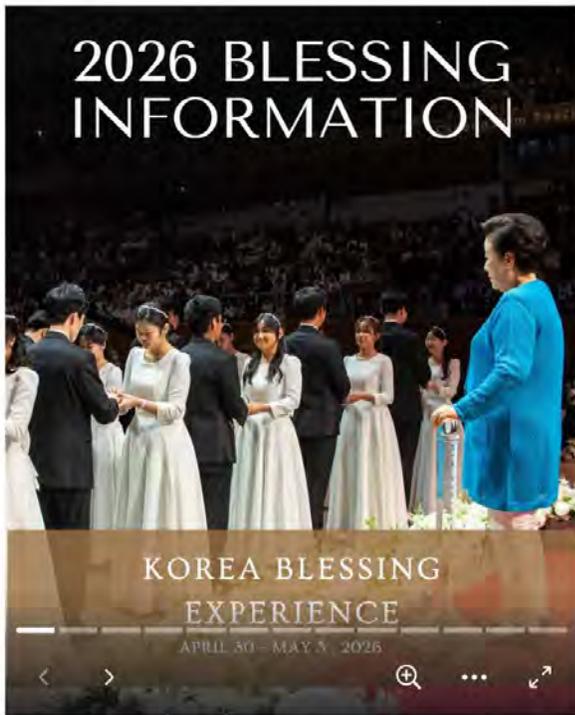
[Continue your Blessing Application](#)

**Blessing Application Deadline: April 6**

## Guests going to Korea

Grooms and Brides can bring guests with them for an additional cost. There is no limit to the number of Guests that they can bring. Guests will stay in the same hotel and follow the same itinerary as the grooms and brides. Registration will open soon.





# Look at the 2026 Blessing Brochure

Here, you'll find the [2026 Blessing Brochure](#) with additional details. Stay tuned for updates and begin preparing for this incredible journey.

[View HERE](#)

## Important Information

### \* Buying your tickets to Korea

When purchasing your ticket to Korea, we ask that you **arrive on April 30**, ideally in the morning, to ensure you are ready for the start of the event. You should also plan to **leave later in the afternoon on May 3**, to accommodate the full Blessing experience. Please make sure to fly into **Incheon International Airport**, as this will be the main airport for all transportation arrangements to and from the event.

### \* Blessing Attire

The official Blessing Attire and rings are the **Cheon Il Guk Attire & Accessories, from Kristina Han** which were designed by True Mother. These beautiful garments symbolize the sacred nature of the Blessing in the Cheon Il Guk era. They are available for purchase through the online shop [HERE](#).

While it is expected but not required for all participants to wear the Cheon Il Guk attire for the Blessing, we encourage you to embrace this tradition as a meaningful part of your experience.

## Blessing Application

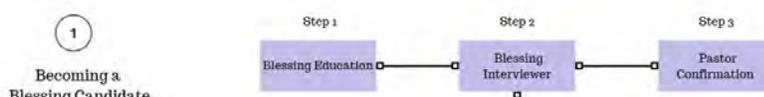
The Blessing Application is completed through the HJ Blessing Guide platform. This platform provides a clear, step-by-step guide to help you fulfill all the requirements to become a Blessing candidate and complete the final steps to receive the Blessing.



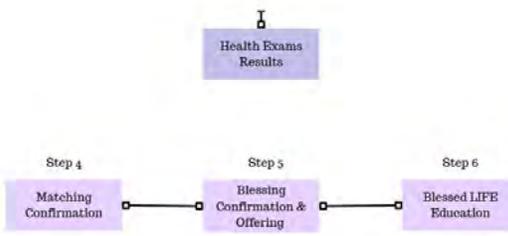
[Register in the HJ Blessing Guide](#)

[Log In to continue Application](#)

### Blessing Application for Singles



2  
Receiving  
the Blessing



**Blessing Application Deadline: April 6**

# Cheon Il Guk Attire (Kristina Han)

"Now is the era of new history. We have cleared up all the incomplete things and newly opened the new era of the settlement of the Chen Il Guk. In the new era, you must shed the old clothes. Without creating a new environment, you cannot be said to be people of the new era. You cannot be said to be people of the Cheon Il Guk. The tuxedo and wedding dress worn at the time of the blessing become the formal attire of the Cheon Il Guk."

[Words of True Mother, 2021.7.23, Cheon Jeong Gung]

[Shop HERE](#)

### Blessing Collection

The Blessing attire consist of the groom's tuxedo and the bride's dress, and the Blessing jewelry consist of a set of Blessing rings and a necklace & earring set.

### Design

**Pure. Natural.**  
A design that reveals natural beauty

**Classic. Timeless.**  
A design that preserves classical beauty that doesn't go out of fashion

**Simple. Elegant.**  
A design that is simple, elegant and delicate

## Motif



Amethyst

The purple of the amethyst is a spiritual color that represents spiritual healing and power. It's supposed to keep your mind clear.



Daffodil

It overcomes winter and rises through frozen ground to signal the arrival of spring. It symbolizes hope and victory.



Magnolia

It is a symbol of fidelity and purity. The gentle white leaves represent nobility and longevity.

[Shop HERE](#)

# 2024 Blessing Highlight

Please watch this Highlight video of the 2024 Korea Blessing Experience to have an idea about what to expect:



## What is included on the Korea Blessing Experience



## HJ Cosmic Blessing Ceremony

Commit to your spiritual journey and lifelong partnership in the presence of True Parents and Heavenly Parent.

## Local Travel Support

Transportation within Korea, ensuring smooth access to all scheduled events.

## Accommodations

Enjoy stays in hotels for a relaxing and memorable experience.

## Delicious Meals

Share meals with fellow participants, fostering connection and fellowship. Meals during the program are fully covered.

## Contact us.

[bfmadmin@unification.org](mailto:bfmadmin@unification.org)

Name

First Name (required)

Last Name (required)

Email (required)

Message (required)

Send

## Frequently Asked Questions

### Registration Questions

**Q:** I don't see any welcome email, did my registration go through?

Find the answer

### Airtable Questions

**Q:** I registered but it says I need to create an airtable account, how do I do that?

Find the answer

### System Questions

**Q:** I forgot to bookmark my dashboard page! How do I find it again?

Find the answer

BLESSING & FAMILY MINISTRY of FFWPU-USA

Build your Blessed Family. ♥

Search

[Podcast](#)

[YouTube](#)

[Blog](#)

[Matching](#)

[Blessing](#)

[Parenting](#)

[Seonghwa](#)

[Traditions](#)

[Crisis Care](#)

[Shop](#)

CONTACT US



Blessed Family photos by [@Fukuya.Sano](#)

# CORE PROGRAM

## Marriage Prep for Singles

### Save Your Spot!

## Program starts February 16

Registration closes February 8

- Discover God's vision for an extraordinary relationship in the future.
- Become a stellar individual in preparation for the Blessing.
- Just for young men & women—this weekly group call gets to the core of what you need to prepare well for marriage.
- You will get a clear understanding of God's vision for sexuality and prepare you for Blessed life.

[REGISTER NOW!](#)

Learn more about Core! [👉](#)



## Be the Right Person

This program will focus on preparing well for marriage through these three objectives:

1. Understand God's original vision for the absolute sex
2. Develop sexual integrity
3. Get support from brothers or sisters (separate groups) and learn together

These objectives will be achieved through discussions, guidance from group leaders, and studying True Parents' words on sexuality in the Core of the Universe book.

If you want to be a Godly husband or wife in the future, this is the best opportunity around.

[REGISTER NOW](#)



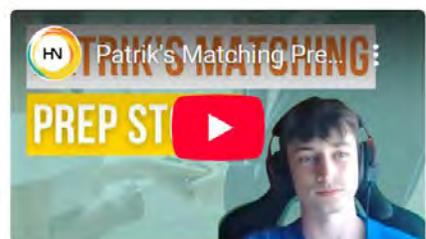
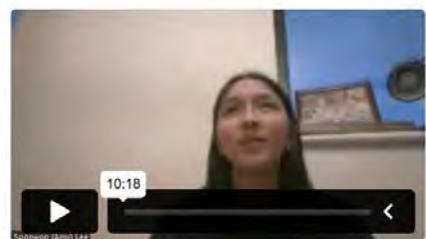
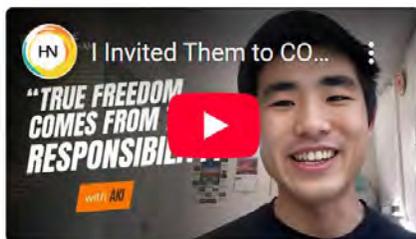
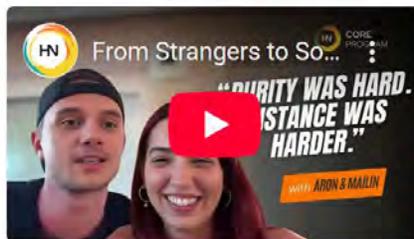
# What to Expect

- Weekly small group call (separated by gender)
- 1-on-1 support from program staff
- Engaging video content about preparing well for marriage
- Reading and discussing the Core of the Universe book
- Q&A with the High Noon staff
- The program will run for 8 weeks



JOIN US!

## Testimonies from Core Participants



## Have Questions?



**Contact Andi**  
[andreas@highnoon.org](mailto:andreas@highnoon.org)

Andi is our Programs Coordinator for Men. He wants to talk with you! Schedule a call to get clear on your next steps.

[BOOK A CALL](#)



**Contact Araceli**  
[araceli@highnoon.org](mailto:araceli@highnoon.org)

Araceli is our Programs Coordinator for Women. She wants to talk with you! Schedule a call to get clear on your next steps.

[BOOK A CALL](#)



We uphold True Parents' vision of sexual intimacy through education and building a High Noon culture.

[Privacy Policy](#)

[Terms of Use](#)

© 2025 High Noon - All rights reserved

### Navigation

[Home](#)

[About Us](#)

[Podcast](#)

[Blog](#)

[Videos](#)

[Donate](#)

[Contact Us](#)

### Contacts

[admin@highnoon.org](mailto:admin@highnoon.org)



On our journey in life, the most profound thing that we can offer others-- partners, children, parents, friends, co-workers, bosses, neighbors-- is our own healing and growth towards being a more loving person.

### Subscribe

\* indicates required

Email Address \*

First Name \*

Last Name \*

Subscribe

## Share Your Love All Month Long

2/6/2026



Did you know that in addition to Valentine's Day, February is also American Heart Month--a time when all people, especially women, are encouraged to focus on their cardiovascular health and Black History Month--celebrated in February to honor African American achievements and history, started by historian Carter G. Woodson in 1926? That is a lot of good things to celebrate and remember. I would like to share a couple of resources that you, your significant other, and your family can use to create more connection,

communication, and celebration.

First: There is a movement to switch the focus in February from Valentine's Day to "Generosity Day." It is an excellent way to keep it from becoming too commercial, focusing on candy, gifts, and cards. Whether you are a parent, grandparent, teacher, or friend, you can bring kindness to the forefront. "Doing Good Together" is an online resource for raising children and adults who care and contribute. They have a February 28 Day Kindness Challenge with suggestions for families to do something for others each day. You can discover more about this movement and simple ways to incorporate more kindness and generosity in your family here:

[take-valentines-day-to-heart.html](https://www.doinggoodtogether.org/valentines-day-to-heart.html)

Second: How you ever wondered how much time should you and your spouse spend together? How much time should you spend separately, doing your own thing? Like so many things in life, it's all about balance. There's no perfect equation, and every couple is unique. The sense of balance you find during one season of life may also look a lot different during another - that's normal!

So what happens when you know you're out of balance? Recognizing you need more "me" or "we" time is one thing, but how do you make the necessary adjustments, in a practical sense? Check out this article from *Prepare Enrich* to learn some practical tips to help you fit just a bit more "me or we" time into each day.

[www.prepare-enrich.com/blog/me-time-or-we-time-squeeze-more-into-each-day/](https://www.prepare-enrich.com/blog/me-time-or-we-time-squeeze-more-into-each-day/)

Third: Join the "Self-Care Isn't Selfish" webinar on Saturday, February 14, 10 am PT/1 pm ET. Our presenter, Kendra Stein will guide us to understand and use essential tools for connecting with true respect, uncompromising honesty, and ever-deepening love during her presentation "Fierce Intimacy, Part 2", based on Terry Real's book by the same title. Bring your partner or another family member to the zoom call.

To register and get the zoom link:

[tinyurl.com/Feb-14-Self-Care](https://tinyurl.com/Feb-14-Self-Care)

## Categories

[All](#)

[Begin Anew 4 Steps](#)  
[Being A Grandparent](#)  
[Celebrating Holidays](#)  
[Child Development](#)  
[Stages](#)  
[Coaching](#)  
[Communication](#)  
[Community](#)  
[Digital Age Parenting](#)  
[Finance For Kids](#)  
[Healing Ourselves](#)  
[Life Goals](#)  
[Parenting](#)  
[Parenting Adult](#)  
[Children](#)  
[Relationship](#)  
[Self Care](#)  
[Teens/young Adults](#)  
[The Brain](#)  
[What Children Need](#)  
[To Grow](#)

## Archives

[January 2026](#)  
[December 2025](#)  
[November 2025](#)  
[October 2025](#)  
[September 2025](#)  
[August 2025](#)  
[July 2025](#)  
[June 2025](#)  
[May 2025](#)  
[April 2025](#)  
[March 2025](#)  
[February 2025](#)  
[January 2025](#)  
[December 2024](#)  
[November 2024](#)  
[October 2024](#)  
[September 2024](#)

To view the previous webinar, "Fierce Intimacy, Part 1":

[youtu.be/WvOTPD0gLU?si=WkOLPrbooDQqMcl4](https://youtu.be/WvOTPD0gLU?si=WkOLPrbooDQqMcl4)

For more on Kendra Stein and her work:

[www.apathtofamlyhealing.com/home](http://www.apathtofamlyhealing.com/home)

[August 2024](#)

[July 2024](#)

[June 2024](#)

[May 2024](#)

[April 2024](#)

[March 2024](#)

[February 2024](#)

[January 2024](#)

[December 2023](#)

[November 2023](#)

[October 2023](#)

[September 2023](#)

[August 2023](#)

[July 2023](#)

[June 2023](#)

[May 2023](#)

[April 2023](#)

[March 2023](#)

[February 2023](#)

[January 2023](#)

[December 2022](#)

[November 2022](#)

[October 2022](#)

[September 2022](#)

[August 2022](#)

[July 2022](#)

[June 2022](#)

[May 2022](#)

[April 2022](#)

[March 2022](#)

[February 2022](#)

[January 2022](#)

[December 2021](#)

[November 2021](#)

[June 2021](#)

[May 2021](#)

[November 2020](#)

[September 2020](#)

[July 2020](#)

[June 2020](#)

[May 2020](#)

[March 2020](#)

[February 2020](#)

[January 2020](#)

[December 2019](#)

[November 2019](#)

[October 2019](#)

[September 2019](#)

[August 2019](#)

[July 2019](#)

[June 2019](#)

[May 2019](#)

[April 2019](#)

[March 2019](#)

[February 2019](#)

[January 2019](#)

[December 2018](#)

[November 2018](#)

[October 2018](#)

[September 2018](#)

[August 2018](#)

[July 2018](#)

[June 2018](#)

[May 2018](#)



## Self-Care Isn't Selfish:

Heal Yourself, Your Family & the World

Sat., February 14, 2026 10-11:30 am PT



Join us for "Fierce Intimacy Part 2." Kendra Stein will guide us to understand and use the essential tools for connecting with true respect, uncompromising honesty, and ever-deepening love. Invite your partner or family member to attend this special Valentine's Day webinar.

In the book *Fierce Intimacy* by Terry Real, we learn a revolutionary way of living in connection, one that allows you to cherish your partner, yourself, and your relationship. Terry's approach to relationship is called "full-respect living"--to skillfully and honestly assert your needs while also honoring your partners needs.

### A Monthly Series for WFWP Members & Friends

Facilitated by Certified Coaches: RoseAnn Kennett, Liisa Freystaetter, Myrna Lapres, Donna Avey, Kendra Stein, & Shawna Pace Kempf

A project of Women's Federation for World Peace, West Region

Like 0

Post

Comments are closed.

Home

Coaching With Myrna

Blog

Prepare Enrich

Create Connection

Copyright © 2026