

Benjy Uyama
October 14, 2025



New Episode: What We Can Do for True Mother

If you want to do something for Mother – Cathy & Benjy offer some options that anyone can take action on.

[LISTEN NOW](#)



We hope you'll tune in — and importantly, share episodes with:

- Anyone who wants to learn about the Blessing
- Matching candidates
- Parents

This newsletter isn't replacing the FamilyFed newsletter — it's simply here to support your Matching and Blessing journey in a deeper way.

You can unsubscribe at anytime at the bottom.



"What if I don't fully believe in the Blessing?"

LISTEN NOW



Not Ready for the Blessing? Do This First

LISTEN NOW



Podcast

What We Can Do for True Mother [Ep. 129]

We recommend listening on your favorite
Podcast Player!

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If you want to do something for Mother – Cathy & Benjy offer some options that anyone can take action on.

Watch more videos about the Matching 📌

- 7 Steps to a Successful Matching ▶
<https://youtu.be/xVKaIDbzVGg>
- Step 1: God & Spirituality ▶
<https://youtu.be/uof46sgeRYw>
- Step 2: Understanding the Blessing ▶
<https://youtu.be/D5jKj23DxOE>
- Step 3: Sexual Integrity ▶
<https://youtu.be/2ZmapGYbRqA>
- Step 4: Your Matching Team ▶
<https://youtu.be/iRt54eo-T8E>
- Step 5: The Matching Process ▶
<https://youtu.be/ABR62KQusYg>
- Step 6: Finding the Right Person ▶
https://youtu.be/hKcVB_-yGug
- Step 7: Create a Successful Blessing ▶
<https://youtu.be/-4rruKWWQUA>



What We Can Do for True Mother [Ep. 129]
MatchNet – Blessing & Family Ministry





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True Mother [Ep. 128]

Sep 26, 2025



Your Future Blessing Will Be Incredible [Ep. 127]

Sep 18, 2025



How to Thrive in an International Blessing (not just survive) [Ep. 126]

Aug 28, 2025





Still Unsure About the Blessing? Here Are 3 Steps to Get Clear [Ep. 125]

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"What if I don't fully believe in the Blessing?" [Ep. 124]

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Not Ready for the Blessing? Do This First [Ep. 123]

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"Should I share my past mistakes with my match?" [Ep. 122]

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"How do I get over Crushes?" [Ep. 121]

Jun 15, 2025



"How do I know this is THE ONE—or I'm just forcing it?" [Ep. 120]

Jun 6, 2025



Surrender & Let God Work Through You [Ep. 119]

May 22, 2025



How We're Raising Kids in CIG (w/ Cathy & Benjy) [Ep. 118]

May 8, 2025



Want to Get Blessed Next Year? Start Here



Guiding Adult Children to Receive The Blessing [Ep. 116]

Apr 3, 2025



Keeping Strong Faith in Times of Doubt [Ep. 115]

Mar 28, 2025



Discouraged in the Matching Process? [Ep. 114]

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Blessing Prep in Your 20s (Faith, Finance, Health, Career) [Ep. 113]

Feb 28, 2025



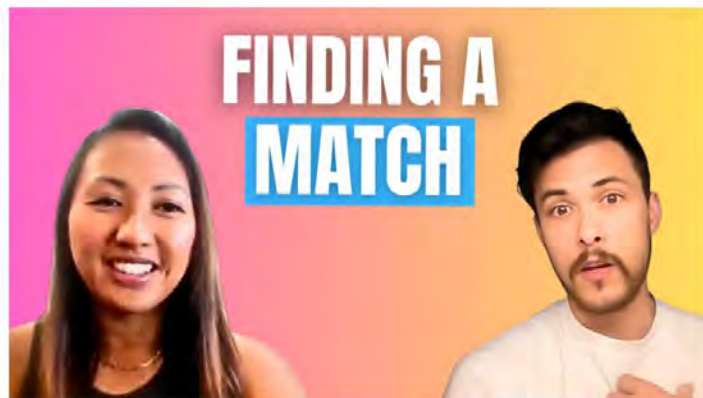
How to Find Your People & Build a Community [Ep. 112]

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How to Get Yourself Out of Low Times [Ep. 111]

Jan 30, 2025



How I Would Find a Match If I Did It Over Again (w/ Cathy & Benjy) [Ep. 110]

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How Matched Couples Can Prepare for the Blessing (w/ Cathy & Benjy) [Ep. 109]

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God is Here With You (Not Somewhere Else) [Ep. 108]
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CIG is Now – Not Someday [Ep. 107]
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How to Let Go of Your Ego [Ep. 106]
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Marriage, Gender Roles, Alcohol – Oh My! (w/ Cathy & Benjy) [Ep. 105]
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You CAN Have a Successful Matching & Blessing [Ep. 104]

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What Makes the Blessing Different from Marriage? (w/ Cathy & Benjy) [Ep. 103]

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The Power of Internal Growth Before Matching [Ep. 102]

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Dr. Yeunhee Chang's Blessing Testimony [Ep 101]

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100th Episode Special! (w/ Yun-A & Benjy)
[Ep 100]

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True Mother [Ep. 128] >

Frequently Asked Questions

Registration Questions

Q: I don't see any welcome email, did my registration go through?

Find the answer

Airtable Questions

Q: I registered but it says I need to create an airtable account, how do I do that?

Find the answer

System Questions

Q: I forgot to bookmark my dashboard page! How do I find it again?

Find the answer

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