Carina Mendez August 1, 2025



New Episode:

3 Steps to Get Clear About the Blessing—If You're Still Unsure

Still unsure about the Blessing? You're not alone. In this episode, we walk through 3 simple steps to help you get clear about your beliefs.

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We hope you'll tune in — and importantly, share

episodes with:

- Anyone who wants to learn about the Blessing
- Matching candidates
- Parents

This newsletter isn't replacing the FamilyFed newsletter — it's simply here to support your Matching and Blessing journey in a deeper way.

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"What if I don't fully believe in the Blessing?"

LISTEN NOW



Not Ready for the Blessing? Do This First

LISTEN NOW