

There is no battle in the world today more important than the battle in your heart

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There is no battle in the world today more important than the battle in your heart. That is where war is started or prevented, where peace is created or destroyed. These choices are with us every single day.

We might feel very small in this world, but no life is without meaning, and our hearts, what we do with our hearts, who we love and how we love and how we express that love have a great impact on all those around us. And together we can make a wave that can change hearts. But that's how it starts: no battle, no war in this world is more important than the battle in your heart.

Will you love, or will you give up? Will you be grateful, or will you complain? Will you resent and blame or will you forgive? Will you hold onto to God when things seem impossible? Will you ask Heavenly Parents if they've ever felt this heavy burden, or will you keep it as your own personal suffering? Will you embrace others the way your Parents would? Those are the battles that really matter in this world.

You may not have the power to stop bombs and rockets flying, but you can make a lasting change with how you manage your heart every day. Acts of love are never forgotten.