

WFWP Italy: We Are Bridges of Peace - Swim Across the Strait of Messina

Elisabetta Nistri
September 25, 2025



WE ARE BRIDGES OF PEACE is the theme that accompanied the courageous participants in the swim across the Strait of Messina on September 25, 2025, an initiative promoted by Marina Aragona and the FORZA E BELLEZZA (Strength and Beauty Association).



WFWP ITALY was pleased to support this deeply meaningful event: stroke after stroke, symbolically letting go of what causes us discomfort, to lighten our load and head towards the "other shore," that of PEACE OF THE HEART; a moment of connection between women on paths of rebirth.

A transformative spiritual journey of mind, body, and soul, to remind us that, breath after breath, stroke after stroke, even in difficult times, even against the current, we can draw on unexpected resources, talents, passions, abilities, and interests, as well as ignored potential. We can ask for help when we can't do it ourselves, we can stop for a while to rest, we can feel serene that, whatever happens, wherever we end up, we will have done our best.

Complicated situations can stimulate us to change our perspective, thus becoming a precious opportunity to create new Beauty!

The event was accompanied by the blessing of His Excellency Monsignor Renato Tarantelli Baccari,

Vice-Gerent of the Diocese of Rome.

Reported by Elisabetta Nistri

WFWP Italy President