

## “Cerebral hemispheres and differences men and woman”

Rome, Italy, 29. November 2013



**W**FWP Rome held a conference in Rome with the collaboration of psychologist Dr. Ciro Aurigemma and the WFWP President Elisabetta Nistri.

The conference was held in a public library of Rome and 25 people attended. The atmosphere was very nice. People were very interested by the topic, in fact later on there was a discussion and question section. Together with the participant we created a lively and joyful environment.

The conference touched the differences between right and left hemisphere and then relate it to men and woman.

The left side of the brain is the part responsible of fast perception and survival instinct. The right side of the brain is the sensitive and artistic side of the brain. Woman have 25% more connection between the right and the left side of the brain. Thank to that woman can understand quickly the needs of a baby. Woman are very good listeners and understand with empathy; woman try to see every aspects and details of a situation.

The man on the other hand, focuses their intelligence and wisdom to solve problems quickly. Most of the misunderstandings and discussion are caused by not consider the feelings of others.

The non-reactive communication is very important. Both woman and men desires is to be understood and listened, but the way we search for that is different.

Practical advices for husbands and wives:

For husbands: When the wife talks with the husband she wants to share all about the situation she is living, but the husband want to find right away the solution. So husbands try to sincerely listen to your wives, don't interrupt them with your fast solution; she needs to feel loved and understood, listen to her with attention, empathy and sincere love.

For wives: When the husband talks about something he wants to feel that he is giving a big help to the whole situation; so wives let him know that what he's saying has sense and logic even if you don't see eye to eye with him about that situation.

Wives must express clearly the desires and wishes to the husbands.

Husbands must know that the small things and acts of appreciation makes the wives glow of happiness.

As in the brain the collaboration of right and left side of the brain create a consciousness thinking, the collaboration of men and woman create the base for families school of love.