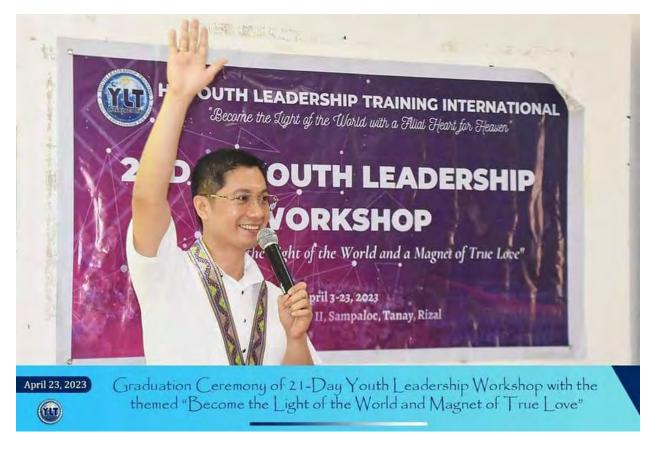
## YLT Tanay, Philippines' Graduation of 21-Day Youth Leadership Workshop

Rich Jalipa April 23, 2023



The Eastern culture is vertical (spiritual), while the Western culture is horizontal (humanistic and materialistic). We need to find the balance, centered on the culture of heart, which is the culture of true love, or living for the sake of others. Parents should sacrifice for the children, and children should be filial and loyal to the parents. Married couples should be loyal and sacrifice for each other. Siblings should help, protect and serve one another. Only then can the environment of freedom, peace, harmony, unity and happiness for all can be achieved. Selfishness will always lead to self-destruction, and the destruction of the family, society and the nation. People in materially affluent countries are often miserable and unhappy because of their individualistic, materialistic, hedonistic, narcissistic, and immoral lifestyles.



The key to sustainable peace and development is fulfilling both the spiritual and material goals in life, through the pursuits of truth, goodness and beauty centered on the heart of love, compassion, loyalty, piety, righteousness, kindness, humility, patience, sacrifice and purity.