

WFP Mali's Eliminate Violence In Families Through The Practice Of True Love

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On November 16, 2021, WFP Mali celebrated the International Day for the Elimination of Violence by hosting a "True Love Heals the World" event in Diban village, Mali. WFP Mali encouraged couples to attend with their partner to ensure this event becomes a meaningful way to improve the families.

The presentation started by identifying the different types of violence that exist within the family and society: psychological violence, verbal violence, physical violence, economic violence and sexual violence. These types of violence are not uncommon to see in families and we have indicated that this time has come to end these types of violence in the families.

It is often more common for men in the relationship to resort to violence, but women can also be the perpetrators of violence. WFP Mali stressed that men and women as well, should not display violence to their children so as not to traumatize them. The more difficult thing to do is to practice patience and love. We also explained that women play a crucial role in giving love to their husbands and children. "When the husband comes home after a hard day at work, the wife can welcome him with much joy." The presenter gave an example of how to serve your husband by suggesting, "When she serves him a meal she can sit next to him and say encouraging words to him, comfort him and massage him if he is very tired." This advice is meant for both husbands and wives and it is a way to practice unconditional love to eliminate violence in families.

The couples were very grateful for the talk and were reminded that love is not easy, but it is worth it. WFP Mali emphasized that happy families are the cornerstone to a peaceful world.

