

**WFWP Iceland: Painting Course Learning Basic Technics and Artistic Expression**

Edeltrud Maria Mantel  
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A professional artist taught us how to express our creativity and inner reality through paintings.

Students discovered their inner self and their emotions, which promotes self awareness and strengthening their own personality.

There was further sharing and enjoyment of our inspirations. We will meet on a monthly base.

Reported by Edeltrud Maria Mantel  
WFWP Iceland President

