

FFWPU USA: I Experienced Heavenly Parent's Heart in the Cheon Shim Won

Lisa Regidor

March 19, 2025

Participant in the Cheon Shim Won USA 2nd Spiritual 40-day Workshop



My name is Lisa Regidor. My dad is Filipino and my mom is Japanese. I am 24 years old, from Queens, NY but moved to Las Vegas in 2021. I came to this workshop to become a more filial daughter to Heavenly Parent and True Parents, to have an open heart to receive what responsibility Heavenly Parent needs me to fulfill, and receive it as a blessing instead of as a duty.

I experienced Heavenly Parent's heart in the Cheon Shim Won.

At first, I wasn't planning to attend the special prayer since it wasn't required and I was tired, but somehow I ended up going. The drum was so loud it shocked me, and the holy song wasn't familiar to me. Yet when we started praying, I connected instantly. I sincerely prayed about my goals, Mother's health, wanting to become a more filial daughter, and wanting to know and understand Heavenly Parent and True Parents more. I was desperate to know their hearts.

It was powerful. Though it was such a short amount of time, there were many tears.

After the prayer finished, I stayed behind to continue to pray. I couldn't stop the tears. It was like a waterfall that kept flowing. Somehow I felt an overwhelming feeling of pain in my heart that hurt so much and didn't stop. It was hard to breathe, tears kept coming, my whole body was shaking and I couldn't calm down. This lasted for some time, and all I could think of was how to stop hurting because all I could feel was pain.

I asked, "Why was I experiencing this?" In my special resonance prayer, I said I want to be a more filial daughter and know Heavenly Parent and True Parents more. So, Heavenly Parent was sharing His/Her heart with me.

I kept crying because I was experiencing Heavenly Parent's heart during that prayer.

When the pain finally stopped, I started to calm down. Then I started to realize though I didn't feel the pain anymore, Heavenly Parent's heart is always feeling this pain, this han. It's never-ending. The only way to stop it is by fulfilling Heavenly Parent's dream. I realized to know Heavenly Parent is to experience Heavenly Parent's heart - that is resonance. This experience continued the next day.

I was praying to be open to what responsibilities Heavenly Parent wants me to fulfill so I can be a filial daughter.

I stayed afterwards again to pray and I was praying about Heavenly Parent's heart that I felt the day before. It was so painful, that was all I could think of, but Wang Omma, being in oneness with Heavenly Parent, must experience the same painful heart. If she experiences Heavenly Parent's heart, then she too, cannot take away the pain.

It's always there, but she keeps moving forward, thinking about the world, all her children, and Heavenly Parent's heart.



The image that I saw was a heart, pumping, but with swords, blades, and knives thrust inside. Despite all the hurt Mother's heart went through: the division between North and South Korea; persecution in Japan; lost Blessed Children; her children going to the spirit world before her; and all her suffering children who don't know Heavenly Parent's love. Despite all of this, she has to keep moving forward.

I was praying to become a daughter who can take away the pain, who can carefully remove the blades from her heart and cover it so it stops bleeding.

Only through fulfilling Heavenly Parent's dream is this possible.

From these experiences, I realized when we cry and feel deeply during prayer, we are resonating with Heavenly Parent's heart. Heavenly Parent's heart is always in the Cheon Shim Won, it's just a matter of if we can get on the same frequency to feel and experience Heavenly Parent's heart.

Cheon Shim Won means "Heart of Heaven." It only dawned on me after this experience. Though it's been there all along, I didn't get it until now.

I realized that only through resonance - experiencing Heavenly Parent and True Parents' hearts - can we become their filial children.

Thank you for listening and thank you to Heavenly Parent and True Parents for giving me the chance to share this testimony.

[Related: A Testimony by Margaret Repke, participant in the 1st Cheon Shim Won Spiritual 40-day Workshop](#)

Want to experience God's heart? [Register for the HJ Cheonbo Special Great Works April 11-](#)

A Testimony from the First 40-Day Spiritual Workshop at Cheon Shim Won Las Vegas



Margaret Repke leading the 40-day workshop participants in song at the Get Ready for the Epic event

"Heart is the root of everything. The core, center, motivation, makes us who we are, our essence. When our hearts are taken care of, we feel free to be adventurous, spontaneous, authentic. When our hearts are hurt, we feel closed, needing to be cautious, protected."

Testimony by Margaret Repke

The spiritual 40-day is something that America truly needs. It changed my life in a way that only Heavenly Parent and True Parents can by healing old wounds. Some people might view 40 days as long, and in a sense it was, as every day felt like several days. It was also really short when we realized how much more there is to discover and learn about our Heavenly Parent.

The younger generation dove into devotion and prayer unlike anything I had experienced in the past. I am a 36-year-old second generation who has seen and been through a lot. We were shown what kind of value prayer and devotion add to our lives. The spirit world moved when we were encouraged and given space to start resonating with it.

We realized the importance of meeting Heavenly Parent with the right frequency. We learned how to fix tune our resonance, and our spiritual environment brightened. We can experience

now to fine-tune our resonance, and our spiritual environment heightened. We can experience Heaven's heart in our hearts, just as much as we can put our hearts into Heaven. It is the same with True Father, True Mother, and Jesus. This experience of resonance is beyond words.

The local community, both that joined us for the night vigils as well as when we joined local Sunday Services, talk about how different the atmosphere is. How our testimonies are helping to heal their family relationships. How they are going to miss the spirit we bring.

We came from three different nations (Korea, Japan, and America), and for some, it was more difficult to communicate with each other, but with the heart of Heavenly Parent, we all feel this deep connection to one another, as one family under Heavenly Parent. The providential countries came together to revive America and continue the foundation True Parents laid. This revival, a heart revolution, has taken hold and is only going to spread.

I came hurt. I came with deep shadows of the past. I came with fresh wounds that I wasn't able to let go of. How can the wounds in my heart heal after so long? How can I truly let go of the negativity?

After experiencing the spiritual 40-day workshop at Cheon Shim Won Las Vegas, I can confidently say that it is only through first resonating with True Parents' hearts that we can truly understand Heavenly Parent's heart.

At the beginning of the workshop, I learned that Cheon Shim Won means the "Garden of God's Heart." That alone gave a new perspective and attitude to my prayers. The night vigils became a way of practicing the resonance to come closer to Heaven.

As I practiced, asked questions, and learned more about the different aspects of Jesus', True Mother's, True Father's, and Heavenly Parent's hearts, the closer I felt to them. Mother's heart helped heal my heart towards True Father and my dad. I have always loved my dad but the pain would outweigh the love. I finally only have peace for him.

It has brought joy, a new sense of self, a new freedom. Every day, I feel closer and closer to becoming the person who can bring Heavenly Parent and True Parents the most joy, by being my authentic self.

I feel secure and loved. This experience is only possible through the Cheon Shim Won. Entering the Garden of God's Heart and sincerely putting my heart into devotion.


Thank you Heavenly Parent and True Parents.

[If you are interested in joining the second 40-day spiritual workshop at CSW Las Vegas, learn more here.](#) Please note that you will need to make a free account on the CSW website in order to view the information.


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


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EVENTS

2025 Spring Great Works Information

March 19, 2025 By Willus Namowicz



For Registration Click Here

Information Concerning the
'2025 Hyojeong CheonBo Great Works
Commemorating the 65th Anniversary
of True Parents' Holy Wedding'

May the blessings and love of our Heavenly Parent and True Parents be with all mission nations.

The 2025 April, "Hyojeong CheonBo Special Workshop" will be held as the "2025 Hyojeong CheonBo Great Works Commemorating the 65th Anniversary of True Parents' Holy Wedding" and this will be conducted as an online (livestream) video broadcast workshop together with personal attendance at the training center.

Please note that this official memo is intended for members living outside of Korea, Japan, and Taiwan.

1. Event Date: April 11 (Fri) ~ 13 (Sun) (Korean Date)

* Schedule is subject to change.

2. Registration Deadline:

Registration for Participation Only: April 4 (Fri) at 18:00 (Korean time)

*As requested by the USA branch, we will only be accepting workshop fees and offering papers for the Great Works from members of Heavenly North America. Members from North America should register for Liberation and Blessing's during their branch workshops.

3. Program (Detailed schedule will be announced later)*

3.1 Program (Detailed schedule will be announced later).
* Online Participation Method: Log in to our website and click the banner that says "Watch Great Works Live" on the first page.
* In order to watch the Great Works you will need to have a login ID for our Homepage. Please join the website before the Great Works for we might be busy on the day of the Great Works to help you login to the website.

4. Great Works Locations:

During this Great Works, members can participate from their church, a church facility, or from their home.

A. Attendance from a church or church facility

1) The following members should attend from a church or church facility.

- a) Members experiencing internet or Wi-Fi issues
- b) Members who, due to various difficulties, are unable to view the Great Works live broadcast at home (For example; home environment or lack of support from family members).

B. Attendance from a blessed families' home

1) In the family, those attending can clap and pat their own body to separate spirits from it during the Chanyang session but it should not be done unto other individuals.

2) Items to prepare at home:

- a) True Parents' official portrait picture
- b) Hyojeong Won (Recommended)
- c) Holy Robes (Recommended for members participating in the Ancestor Blessing)

5. Workshop Participation Registration

Please access the HJ Heaven and Earth CheonBo Training Center Homepage on the day to participate.

a) We regret to inform you that sharing or recording the event is not permitted.

b) Workshop Participation Fees:

1) Online participation: There are new workshop fee standards for the online workshops based on the donation standards for each nation group. Please refer to the chart below.

Group/Age	0 ~ 12 years	13 years and older
1	\$10	\$25

For Registration Click Here

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HJ CheonBo Event Registration
(March 29, 2025)



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REGISTRATION

2025 Spring Great Works Group Registration

March 19, 2025 By Willus Namowicz



Click Here For More Information



www.hjcbt.org



North America Group Registration

2025 Spring Great Works North America Group Registration

This is the Group Registration for Blessed Family Members from North America only. By filling out this online form, you are registering to participate online the 2025 Spring Great Works that will be held on April 11 ~ 13 (This is Korean Date).

Adult Registration (age 13 and above): USD\$25
Children Registration (age 12 and under): USD \$10

How many Adults (age 13 and above) will you be registering? *(Required)*

1

▼

Adult Fee: USD\$25/individual

At least 1 Adult must be registered for this form to be submitted.
Maximum registration is 10 adults. Please make another registration if you want to register more than 10 adults.

Adult Workshop Fee *(Required)*

Price: \$25.00

How many Children (age 12 and below) will you be registering? *(Required)*

0

▼

Children Fee: USD\$10/individual

At least 1 Adult must be registered for this form to be submitted.
Maximum registration is 10 children. Please make another registration if you want to register more than 10 children.

Children Workshop Fee *(Required)*

Price: \$0.00

Processing Fee *(Required)*

Price: \$1.06

Total

\$26.06

Adult 1 – Main Contact

Name Adult 1 *(Required)*

FirstLast

Blessing Group Adult 1
(Required)

Gender Adult 1 *(Required)*

- ☐ Male
- ☐ Female

Date of Birth Adult 1 *(Required)*

mm/dd/yyyy

Church Community Adult 1 *(Required)*

Email Adult 1 *(Required)*

Enter Email

Confirm Email

Phone Adult 1 *(Required)*

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Mozumdar

October ENG CSW 7-Day Workshop



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