

## WFWP USA: Spring Awakening: Born Again Through Love

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*"There is no birth or rebirth without the mother" - Hak Ja Han Moon, Holy Mother Han*



This is a truth of life that many of us discover, only when we are on our knees in the darkest pits of our lives. **It's strange that grace can be fully felt and understood in this darkness.** When we are forced to surrender to accept the way life is, to accept and acknowledge the paints that life brings, somehow we are reborn. **Somehow we are changed. And by some miracle, we grow.**

Birth and rebirth bring about change, isn't this so? Usually in the events of birth, a baby has to go through so much. Of course the mother labors and pushes and sweats and perseveres, but a baby actually is working very hard as well. My mother always reminds me that when babies are born, they have to work harder than the mother, as they are entering a new world completely.

**In this way, when we embrace our situation, push forward, and overcome our difficulties, we find some lesson or light that we could not have had without the whole painful process.** It's not easy, but the creation of something new takes total investment. Like a baby, sometimes we have to put our life on the line just to make it out of the tunnel. A baby doesn't resist the fact that she or he must be born. He or she simply simply tries their best to find the light, hoping that the mother is doing her

job.

**When we see rebirth as creation – or better put, recreation – we can become excited about the new opportunities overcoming darkness can bring.** Sometimes it means a new path, sometimes it means a whole new opportunity that was not there before. Sometimes these dark times can seem to bring you to the bottom, yet transform something within you. **Each process of growth that comes after difficult times is unique and a once in a life-time opportunity that you can claim as your own.**

Many people acknowledge and celebrate the Easter Holiday that comes around this time of year. With spring finally touching our side of the earth, it feels as though we all can relax and breathe again. The world also seems to breathe with us: the breeze, the flowers, our blue skies. May we take this time of year to appreciate all the ways we are growing, changing, and through it all, being born again after a long, hard winter.

It is the gift of a mother that allows us to be put back together after a tough time period in our lives, or when we need healing. As spring time approaches, I invite you to lean into the motherly love our universe, and our Heavenly Mother, provides for us. **Even after dark times, spring time always comes, and newness, inspiration, and life is ever abundant again.** May God bless you, and may we appreciate this new season in our lives.