

## The first 7-Days All Japan TIMD Workshop held in Shizuoka, Japan

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The first 7-Days All Japan TIMD Workshop was held at the international youth friendship center in Shizuoka about 10 kilometers from the foot of Mt. Fuji. The center is located between two military camps of the US Forces in Japan and the Japan Self-Defense Forces. The center also serves as an evacuation center in this part of the country when disasters happen.

The theme of the workshop is “Inheriting the Culture of Loyalty and Filial Piety”. Its purposes are to revisit the philosophical, historical and technical foundations of the Way of the Unified Martial Arts or Tong-Il Moo-Do; teach and reorient TIMD instructors about the identity of the organization and development of its techniques by absorbing the selected techniques of Taekwondo, Kyukoshin, Chung Do-Sool and Won Hwa Do in its order of relay towards the realization of its overall purposes since the time of its foundation in 1979.





Centering on the teachings of the main inspirators of TIMD, Dr. and Mrs. Moon, the foundations of the art were jointly and intensely taught by its founder, Grandmaster Dr. Joon Ho Seuk, Executive VP/Secretary General, Master Takamitsu Hoshiko and by Master Koji Ishizaki, President of Japan Won Hwa Do Federation.

### **Looking at the Performers**

The first 2 days of the workshop was devoted to technical training and lectures on True Family Values and Universal Principles and Three Life Goals. The training was held at the specially- built and spacious Kendo- Judo Hall overlooking the big ball field of the Japan Self-Defense Forces. Trainings were held at least twice a day for six days. The last day was designed for both written test and practical test. Megumi topped the written test. Akihito topped the performance of techniques.

Dr. Joon Ho Seuk visited the center and gave a speech to all the select participants from three countries: six from Japan, 6 from The Philippines and three from Korea. Dr. Seuk emphasized the significance of TIMD, its amazing history and development, as well as its dedication to the education of young people who can become the true owners and true transformers for world peace.



The participants enjoyed the day with Dr. Seuk. He had a wonderful time together with everyone appreciating the majestic ambience of the center's location in front of the powerful beauty of Mt. Fuji. The day is full of historical memories and emotional experiences with the participation of some of the foundation black belts and instructors of Philippine TIMD who are now in Japan to support it.

This first 7- Days Workshop was made more special with the absolute presence and devoted attendance of two 2nd generation junior black belts, Akihito Sakaguchi and Megumi Nabeshima, who came all the way from Kurume City in Kyushu Island together with Master Hoshiko and Master Rafael Ablong. They joined the training together with the rest of the first generation instructors.

The other highlights of the workshops were: the making of the video of the form of peace and the promotion of active TIMD/IWD practitioners following the written test.

Those who were promoted during the workshop with the authority of Dr. Joon Ho Seuk based on their great contribution to the promotion of TIMD were: Master Koji Ishizaki to 6th degree; Master Jeong Woo Hwang to 5th degree; Master Bienvenido Denajeba to 4th degree, and Megumi Nabeshima, 2nd degree junior black belt.

The reflection of workshop participants was collected each night. The most interesting notes were shared by our young practitioners who symbolically represented all the young people in Japan. Akihito was so grateful that he met Dr. Seuk and practiced each form with more focus on the details of the execution of each skill. He considers the Form of Creation or Chang Jo Eui Bon, as the best because it gives him a lot of inspiration to control his desire for sleep, food, clothing, shelter and rest. In contrast, Megumi



emphasized Dr. Seuk's message about having practitioners realize the internal goal of being the true owner, true parent and true leader. As the martial arts practitioner, Megumi also stressed the importance of having the form of peace because it actually defines, in form and meaning, how peace is achieved from the individual, family, society nation, to world level.



This is the first All Japan Tong-Il Moo-Do Workshop but it is the beginning of so many exciting things and memories for its young people who are the hope of this nation and the world.