

Carina Mendez
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New Episode

How I'm Getting Everything I Want in 2026 (two habits)

Benjy shares two habits that changed everything—and could make this year your best ever.

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We hope you'll tune in — and importantly, share episodes with:

- Anyone who wants to learn about the Blessing
- Matching candidates
- Parents

This newsletter isn't replacing the FamilyFed newsletter — it's simply here to support your Matching and Blessing journey in a deeper way.

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"What if I don't fully believe in the Blessing?"

LISTEN NOW



Not Ready for the Blessing? Do This First

LISTEN NOW