

IRFF UK: What is IRFF UK?

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www.irff-uk.org



IRFF UK – Changing Lives Across Africa

Who We Are

IRFF UK is a UK-registered charity dedicated to transforming lives through international development. We currently support **seven vital projects** across **three African countries** - Senegal, South Africa, and Uganda - reaching over **4,100 people** whose lives and futures have been uplifted by your support.



Run by a small, passionate UK team of nine (a mix of volunteers and modestly paid staff), IRFF UK is powered by love, commitment, and purpose. Thanks to the income from **the Tricycle shop**, our charity shop in Alton and **Gift Aid**, we're proud to say that **100% of all new donations** go directly to our projects - every penny you give goes where it's needed most.

What We Do - and Why

We believe that everyone deserves the chance to live with dignity, opportunity, and hope. Through partnerships with trusted local teams, IRFF UK supports education, healthcare, and humanitarian initiatives that make a lasting difference.



Our projects currently include:

- **Education:** Supporting schools from primary to tertiary levels, helping hundreds of young people access quality education.
- **Menstrual Health:** Reaching over **1,500 schoolgirls** with single-use and reusable pads, and menstrual health education.
- **Nutrition:** Running a **soup kitchen in South Africa** that feeds **500 children and elderly people daily**.

Our recently completed projects have provided:



- Care for **60 orphans in DR Congo**,
- **Vocational training** for young women in Ghana,
- **Reusable sanitary pads** for **700 girls in Ghana**,

- And emergency relief in **Nepal, the Philippines, Jordan, and DR Congo.**

We do this because we can - and because we *must*. As our founder's principle reminds us, "You can live for yourself, or you can live for others." At IRFF UK, we choose to live for others.

Our Proudest Achievements

Over the years, IRFF UK has celebrated many milestones:

- **Destiny School in Uganda** - founded in 2009 and now home to 206 students and 11 staff, with secure facilities and a bright future ahead.



- **New kitchens and water wells** in schools across Uganda, including Busabala School, visited by our GirlChild period poverty team.



- **Disaster relief** in crisis zones like Nepal and DR Congo.
- **TVET and literacy projects** empowering



young people in Gambia,
Ghana, and South Africa.



- **Launching period poverty projects** in three African nations - an initiative that continues to grow as funding allows.

Why Support IRFF UK?

We know there are many amazing charities out there - but IRFF UK is different.

- **Every penny counts:** We can pass **100% of new donations** straight to local teams.
- **Small but mighty:** We act fast when crises strike - such as the invasion of Goma in DR Congo or the recent water crisis in Uganda.
- **Direct impact:** You can see the tangible difference your support makes - from a child's meal to a girl's education.



How You Can Help

Our dedicated team manages ongoing projects, fundraising, and emergency responses - but we need *your* help to go further. We're looking for:

- Follow us on **social media** - > facebook.com/IRFF.UK - > linkedin.com/company/irff-uk/
- **Regular donors** to help sustain our projects,
- **New volunteers** (we have around **10 open roles!**),
- And **specialists** in areas such as fundraising, diaspora engagement, and legacy giving.

With your involvement, we can keep expanding our reach and deepen our impact.

Looking Ahead: 2025-2026

The year ahead is full of promise. With increased funding and new volunteers, IRFF UK plans to:

- Expand our **period poverty work**,
- Launch another **child hunger relief project** in South Africa,
- Fund **more water wells** in rural communities,
- And help **Destiny School** grow to 400 pupils - complete with a new **IT suite** for teachers and students.



By **March 2026**, we aim to be serving **5,000 people** - a 20% increase from today.

Join Us in Changing Lives

Together, we can give hope, opportunity, and dignity to thousands more across Africa. Whether you choose to donate, volunteer, or simply share our story - *you're part of something life-changing*.

Visit irff-uk.org to learn more, get involved, or make a donation today.

Every act of kindness counts - and every penny truly changes lives.

[Click Here to Support us Today](#)



Every donation counts

Empower a Child's Future: Your donation can provide the education that will transform lives. Join us in making a lasting impact—because every child deserves the chance to learn, grow, and thrive.



Your £3 donation can help provide essential learning materials for a child.



With £7, you can contribute to a child's daily nourishment, ensuring they're ready to learn.



A £10 donation can support a child's education for a week, giving them the chance to succeed.

Choose amount



One-time

Monthly

£10

£25

£100

£ Custom Amount

Designation

I am happy for IRFF to choose

Next

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Join us in making a difference

Every donation counts

You will directly be improving the lives of those in need around the world. Every donation, no matter how small, can make a significant impact.



Empowering Communities
and Changing Lives

Charity Number: 281776

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Period Poverty

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