

FFWPU UK: Beautiful and Meaningful Spirituality Workshop at Livingstone House

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Beautiful and Meaningful Spirituality Workshop Held at Livingstone House!

Reflecting on the Youngsung 21-Day Spirituality Workshop

From June 10th to June 30th, 2025, Livingstone House in the United Kingdom was filled with a spirit of deep devotion and sincere reflection as 68 participants gathered for the Youngsung (Unification Spirituality) 21-Day Workshop, organised by the CheonBo EUME Branch. The workshop offered an opportunity for brothers and sisters to come together to renew their hearts, deepen their connection to Heavenly Parent, True Parents, and Holy Mother Han, and nurture their spiritual lives.



The programme was rich and varied, including Vigil Prayers, the study of Chambumo-ron, the Annual Gathering, Chanyang Yeoksa, group discussions and sharing, witnessing activities, worship services, a Korean epic, pilgrimage experiences, and the CheonBo EUME event. A special highlight was the Ancestor Liberation Ceremony, the Ancestor Blessing Ceremony, and the Cheonshim Won Special Prayer Condition (Vigil Prayer) held on June 14th and 15th.



This workshop carried a precious spirit of inheritance and dedication to raising pure-hearted leaders, echoing True Mother's guidance:

"Cheonshimwon must take responsibility for raising leaders who can become successors. In particular, it must nurture leaders who can understand True Mother's heart. It should serve as a protective fence for establishing three generations. Leaders who are not pure and not chaste must never step forward. Therefore, Cheonshimwon is a place of sincere devotion, educating to remove flaws and blemishes. Now, we must live in accordance with the Cheon Il Guk era. Cheonshimwon must call and educate children whom Heaven deems pure. Just as Tibetan Buddhism nurtures individuals from a young age, we must also raise them from childhood. Spiritually bright children should be brought in and nurtured. Cheonshimwon must raise pure and innocent children with purity. When advancing with the priesthood system, Cheonshimwon must cultivate individuals who can hear Heaven's voice and convey Heaven's heart. No one can come and wield control over it. The spiritual and physical worlds must become completely united as we move forward."



Throughout these 21 days, participants shared profound and honest reflections on their experiences.

One UK second-generation brother shared:

"For me, the resonance prayer practices were really the best part of this workshop, it helped me really express my heart in prayer, not just use my brain but really talk to Heavenly Parent from my earnest heart and original self. It really helped me improve my prayers, connect to Heavenly Parent with my original self. From here on out, I want to keep what I learnt in my heart to really support Holy Mother Han substantially, through prayer, devotion, action, and most importantly, love."



Another participant expressed:



"I'm so happy I could have this experience and not regret having never done resonance prayer practice at all. Grateful feels like such a small word to express how I feel, but I hope it can carry the full weight of my heart. I thank you so sincerely for the experiences I could have in my short time on the workshop."

Words cannot fully express the love everyone on this workshop has for you, True Mother. I pledge my life, True Mother, to fulfilling the Will of Heaven. With all the love in my heart."



A UK first-generation participant movingly reflected:

"Wang Omma I came to realise how deeply you must have suffered to watch True Father pass away in this way. You had no one to support you during this period. Omma I am so sorry I did not think to reach out to you in the midst of your difficulty, that you had to be alone without a single child to support you. During Dr Balcolmb's lecture he spoke of the period after Hyo Jin Nim's death. I came to realise that True Parents are truly human, feeling things even more deeply than myself because of the original mind. Yet True Parents had to put their feelings aside for the sake of the providence. I had made a determination to come to the workshop, even though it was only 40 days since my wife's Seonghwa, we had made a determination to be more public no matter what, I felt I should honour that pledge. Dearest Wang Omma, I am so sorry that you have to carry the weight of the providence on your own. I don't know what the path forward holds for me but I will try to do my best."



As the workshop concluded, many participants expressed a renewed determination to bring what they had learned back into their daily lives. Through prayer, action, and love, their sincere devotion shone as a beautiful offering to Heaven, encouraging our community to keep walking this path together with hope, strength, and unity.