

## Celebrating Dads - Honoring Fathers And Father Figures

Myrna Lapres  
June 3, 2025



Coach Myrna, June 2, 2025  
[www.coachmyrna.org/](http://www.coachmyrna.org/)

### Celebrating Dads

The third Sunday in June is dedicated to honoring fathers and father figures for the sacrifices they make, for embracing the responsibility of nurturing and raising children, and for devotion to their family. It is a well-known fact that Father's Day doesn't get the same attention that Mother's Day does and there are far less cards, chocolates and flowers sold. As I approach my second Father's Day without my dad, I would like to offer some reflections.

As a child, Mondays were special days because it meant pancakes for breakfast made by my dad. Working as a hospital chaplain and the pastor of a Mennonite congregation kept my father quite busy. Mondays were his days off and he

developed a whole wheat flour recipe that he mixed up for us the first school day of each week.

Served with butter and warmed syrup, we enjoyed this weekly treat and it became part of our family tradition. And if there were some left over, we might have them that evening with some vanilla ice cream sandwiched inside. At some point, he was given a white chef's hat which he proudly wear as he made the pancakes (pictured above.) As adults, my siblings and I would often request pancakes for breakfast when we visited.

As we are approaching Father's Day, I have been reflecting on the influence of my father on my life. Every summer, my dad helped my mom pack us in the car for a day trip to the Oregon coast or a camping trip to Honeyman State Park where we collected sticks and sea shells, built sandcastles and rode the dune buggy on the Oregon Dunes. My dad helped me appreciate the wonders of nature.

Later when we moved to Kansas, we spent several summers in the Ozarks. I remember once, we were expecting to hear some local musicians perform on the courthouse steps. However, when we arrived at the empty town square, it became clear that we had outdated information.

My dad asked around and eventually found some local musicians gathering nearby to play for their own entertainment. Being an awkward teenager, I am pretty sure I was lobbying for going straight back to our campsite. But soon we found ourselves seated in some battered folding chairs enjoying the music from a dulcimer, some fiddles, a banjo, a few guitars, a hammered dulcimer and even a couple of cloggers (a type of folk dance.),

On one of our visits to the Arkansas Ozarks, my dad inquired about how to make a dulcimer and before we headed home, he had purchased plans to build one. I am the proud owner of one of his 'limited editions.' From my dad, I learned the importance of curiosity and not letting shyness get in the way of experiencing life.

From the very beginning of my life, I was influenced by the lifestyle choices of both my father and mother. I was born in Mathis, a small Texas town near Corpus Christi in a maternity hospital built by volunteers from the Mennonite Church. As the directors of the program, my parents provided leadership, support and meals eaten around a ping pong table.

Through the Mennonite Voluntary Service unit, the local community benefited from having access to the maternity hospital, a kindergarten to help children learn English before starting elementary school, cooking & basketball after school clubs, adult education and more. MVS, started in 1944 as a practical peaceful alternative to serving in the military, continues until today as a way for volunteers make a 1-2 year commitment to make a difference.

I find the words of American writer Clarence Budington Kelland sum up well what I learned from watching my dad, Millard E. Osborne. "My father didn't tell me how to live life; he lived, and let me watch him do it."

If you are trying to think of the best way to honor your dad, how about doing something special together that he enjoys instead of buying a gift? If you don't live nearby, organize a zoom call to share your appreciations with him. Create a short video interviewing family members about their favorite memories or a photo book that everyone can collaborate on. Need some more ideas? Check out these: [www.allprodad.com/5-ideas-for-fathers-day-to-honor-your-dad/](http://www.allprodad.com/5-ideas-for-fathers-day-to-honor-your-dad/)

To purchase my book on

Amazon: [www.amazon.com/gp/product/B09L7KS5VH](http://www.amazon.com/gp/product/B09L7KS5VH)

If you already purchased my book, I would love for you to leave a review.

[www.amazon.com/review/create-review/?ie=UTF8&channel=glance-detail&asin=B09LGWWXVZ](http://www.amazon.com/review/create-review/?ie=UTF8&channel=glance-detail&asin=B09LGWWXVZ)

---

*If you would like to know more about what I offer as a coach, please visit my website: [www.coachmyrna.org/](http://www.coachmyrna.org/)*

*Find out more about creating better connections with Safe Conversations [www.coachmyrna.org/create-connection.html](http://www.coachmyrna.org/create-connection.html)*

