

Protect Young Eyes

Myrna Lapres
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Coach Myrna, February 17, 2025

www.coachmyrna.org/

Protect Young Eyes

One of the podcasts that I follow is ***School of Love*** which has the mission to "Empower parents to have authentic, ongoing conversations with their children about God's intention for love and sex." In a recent podcast, host Amelia Lindemann interviews Chris McKenna, founder of ***Protect Young Eyes*** who is on a mission to help families navigate the digital world safely! In this episode, he dives into open communication about trust, how to address worries about internet access, and why being present in your child's online world matters.

When Chris McKenna was asked about the recommended age to begin talking to your kids about internet safety, he responded, "If they have access to things connected to the internet, they need access to information in order to use the internet. It is probably going to be a whole lot younger than we want to start these conversations. This doesn't mean introducing pornography to your four-year-old...but give them guidance about what to do when they see something that they don't understand." He explains the importance of parental involvement, providing guardrails for children and youth. All children crave boundaries and need to understand and practice what to do when they see something that isn't appropriate.

Protect Young Eyes explains digital trends, social media, and parental controls. It provides step-by-step instructions for setting up parental controls for parents, schools and churches. Visit their website here: www.protectyoungeyes.com/

Listen to/watch the podcast and check out the other resources on School of Love: schooloflove.org/podcast/protect-young-eyes

To purchase my book on

Amazon: www.amazon.com/gp/product/B09L7KS5VH

If you already purchased my book, I would love for you to leave a review.

www.amazon.com/review/create-review/?ie=UTF8&channel=glance-detail&asin=B09LGWWXVZ

If you would like to know more about what I offer as a coach, please visit my website: www.coachmyrna.org/

Find out more about creating better connections with Safe Conversations

www.coachmyrna.org/create-connection.html





WE HELP FAMILIES PROTECT KIDS ONLINE

Let's tame the tech and reconnect, because they get one, precious childhood.

[Let's Begin](#)



WELCOME TO PROTECT YOUNG EYES!

Hi! I'm Chris

This isn't what I'm supposed to be doing! I thought for sure I'd be a partner at Ernst & Young by now.

But that wasn't my path. So, I started PYE in 2015 to show amazing families like yours how to take it slow and use the right tech at the right time.

Because something about giving kids iPhones made me unsettled. They get one, precious childhood.

For whatever reason, I have been given an insane amount of energy directed at this work. For such a time as this! **My misery was transformed**, let's transform the digital culture of your family, together.



Chris McKenna
Founder of Prot

[Read my story](#) →

THE ESSENTIAL TECH-READY HOME COURSE

Tame the tech in 30 days. Guaranteed. Time to reclaim the gift of each other.

[Learn More](#)



WE TRANSFORM COMMUNITIES

Our world-class speaking team puts boots on the ground.



[Learn More](#)



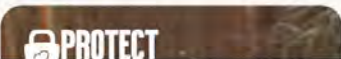
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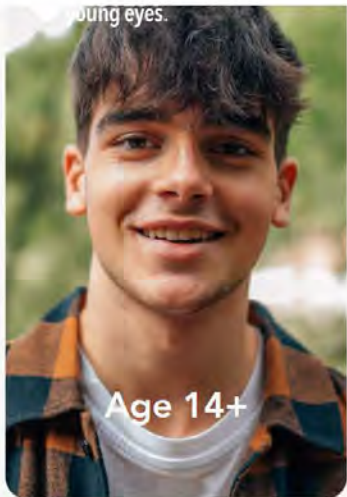
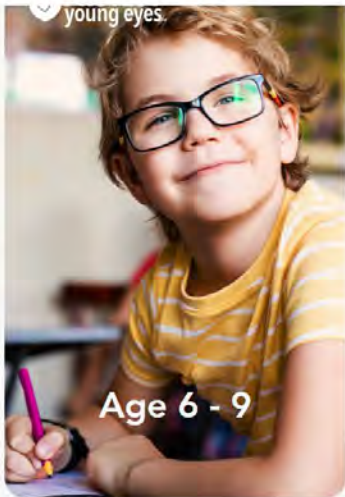


[Learn More](#)

WE BELIEVE IN GIVING KIDS AND TEENS THE RIGHT TECH AT THE RIGHT TIME

The tech journey is slow and intentional. This allows children and parents to learn technology together. Learn more about the PYE tech journey, one stage at a time!





IS YOUR HOME TECH-READY?

Answer 9 questions to know where you might have digital safety gaps in your home.


Start the Assessment



KEEPING CURRENT AND HELPING YOU DECIDE


WE REVIEW THE TOP APPS, DEVICES, AND TOOLS

- APPS
- DEVICES
- TOOLS




Saturn

School schedule app with risks. It's social media.




Kik

Popular messaging app. High predatory risk.




CapCut

Video editor social media. Risky. Owned by ByteDance.



Messenger Kids

A messaging app for kids. Good controls. Owned by Meta




VSCO

A photo app without the common tropes of social media.



Wattpad

Find and read books! Explicit content easily found.



Lapse

Authentic photo and messaging app. Still social media!



Facebook

The father of social media. Owned by Meta. High risks.

Chris, please share the latest!

We send a periodic email called The Download with tech news, research, and updates.



Let's stay connected!

Forbes

C-SPAN

BBC

FIGHT THE NEW DRUG

ForEvery MOM



We help families, schools, and churches create safer digital spaces. It's time to tame the tech and reconnect.



Powered by The Creative Co

RESOURCES

- Ambassador
- Tech Ready School
- Store
- Devices Guides
- App Reviews
- Blog
- Delay Manifesto

QUICK LINKS

- About
- Events
- Contact Us
- Membership

LATEST FROM OUR BLOGS

- How to Prepare Kids and Technology for...
- School Policies: Should Teachers "friend" ...
- No Digital Secrets! 3 Actions that Help Ki...
- Snapchat Introduces Cosmo After Dark (It...



Protect Young Eyes with Chris McKenna

PROTECT

YOUNG EYES



With

CHRIS MCKENNA

Chris McKenna, founder of Protect Young Eyes, shares some novel and needed ideas in how to protect our kids when they connect to the internet.

In this episode he shares about open communication with our kids about trust, our worries about what internet gives them access to, and how present we need to be in their internet world.

He also shares the inspiring story behind his journey, turning his passion for internet safety into a mission to empower parents through Protect Young Eyes.

His website, <https://www.protectyouneyes.com/>, has thorough information and resources such as device guides, app reviews, and up-to-date info on tech trends for families.





Your child's learning begins in the home.
You are your child's first teacher and we are here to help you.



amelia@schooloflove.org

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