## Friday Open HoonDokHae Discussion

Bucharest, Romania, 11. November 2016



By Romania CARP Team

nnyong Haseyo! Good afternoon!
"Dear brothers, sisters, mothers, fathers, uncles and grandparents around the world,

We are thinking about you and your worried lives!"

In a sense this has been the starting feeling of our Open discussion – Open HoonDokHae event that took place on the 11th of November 2016, in the Downtown Bucharest CARP Center. We are raising awareness concerning the dangers of routine and blind compliance to society and underlining that we need the courage to change when change is needed.

Throughout our lives there are many decisions that we need to take, there are different levels of our spiritual, mental and emotional development that we need to be sensitive about and this is the topic that we wanted to make people think about.

The participants ranged from high-school students that are going through a tough time with their parents and stressing over the final exams of their last year to older guests of 29-30 years old. We all realized that change is wanted, it's searched after but it's often put in words that are so vague or it's comes through the pressure of the environment that we don't want to embrace it because it doesn't feel as our own.

In the first part of the event, the MC – lecturer prepared a short PowerPoint with a few key questions: where is your life going? Why are we afraid to change? On a scale from 1 to 10 where is your life right now? Who would you like to become?

It was explained that the fear of change comes firstly because we choose to remain in our old concept, in our comfort zone, because we don't like to admit or recognize that we made a mistake or that there's something that we're doing wrong. The participants were engaging well in the open "questions and answers session", but they got even more energy when some pieces of advice were given especially because the change talked about the change of perspective and not the change of character only. People feel threatened when somebody tells them that they are doing something bad, but they are more willing to listen when they are asked to change their point of view and try to look at things differently. And this is the feedback that we received also at the end of this session of discussion. Of course, the nice atmosphere in the Peace Center also helps a lot!

The last part of the PowerPoint presentation included 3 quotes from Wayne Dyer, an American public speaker that we found very similar in heart with True Father's own ideas: "Have a mind that is open to everything and attached to nothing", "If you don't



make peace with your past it will keep on showing up in your present – giving up your personal history" and "When you change the way you look at things, the things you look at change."

The text that was later on read and discussed included a short life story about how a teacher changed because of one of her students (Letters from Teddy - Salinger) and an inspiring quote from HeungJin Moon - The Victory of Love – part of it being: "A change is taking place in each and every one of us. There is pain involved in some cases, but we have to go through and understand the significance of what we represent. If we focus on loving the way God does, then our hearts become more and more mature. Fallen habits will fade away. Goodness will be liberated."

We hope to make the message of every meeting easy to understand and to be taken to heart. More than an intellectual dimension, the participants need to feel touched in their conscience and Shimjung with something that can inspire them to put true love in practice.

After they were split into 4 different teams, the people had the chance to talk about their own life changes, having to answer a few questions:

What was the biggest change in your life and how did you feel at that moment?

If you would have only one year to live what changes would you make in your life?

What is your biggest expectation for your future?

The team conclusions included ideas as: we are difficult and feel challenged

when we need to change our environment (moving to another city, change of school, finding new friends), we feel joy because we can choose our future but there is also stress because of responsibility, we have more confidence and joy when we try and try and try but we succeed than not having tried at all. During these team discussions, some people became emotional, others got inspired and confident and we hope that all of them could get a better feeling towards change and towards their perspective in life

As much as we can we want to be good brothers and sisters, with a growing parental heart towards our guests and participants in the events. We hope that God can find hope and love through our devotion and prayers.

Have a great week of joy and peace!

## **Purity Program**

## Bucharest, Romania, 18. November 2016



By Romania CARP Team

reetings from Romania!

We are so happy to offer this report in front of Heavenly Parents and True Parents. On the 8th of November 2016, we organized Open Purity Education Event. The purpose of this program was to share the message about 'Absolute Sex' for all kind of people. Especially 'How important prepare for future family'. For this week, the main topic was about "Lineage". There was many kind of participants with different ages.

This program started with introducing each other in order to know each other. This helped us to overcome the emotions that we had before the beginning of the event.

The program was interactive, beside the presentation of the topic we had two activities in order to understand better the meaning of lineage. First was a game of mime, the goal of the game was to transmit a family motto from generation to generation without speaking. The teaching of the game was that no matter how hard we try, we

cannot give only good things to our descendants, they get good and bad things from us.

Second activity was to shar in teams about our lineage, about what we inherited from our parents, grandparents and so on, and what we want to give to the future generations. Everybody realized is important how he is developing himself as preparation for the future, in order to give only the best characteristics to the descendants.

The conclusion of the lecturer was that is important to have as many experiences as possible and she gave as example one colleague from university that took some time off his study in order to experience people. He was travelling and was going to people asking to wash their toilets. In this way, he could experience a lot of people, in Korea, Japan and USA.

The guests had a good time and they said they will come back with other occasions and they were happy to participate in this meeting.

We wish this program bring new wind of True Love for Romania young people and help them to create ideal family in the future.

Thank you so much Heavenly Parents and True Parents.