

## Tong-Il Moo-do Panama: Peaceful Men and Women Act In Times of Pandemic

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### Objective accomplished

Recently the Panamanian Organization of Martial Arts called Hisao Lee School about to turn 50, led by Soke Fabio Pérez, have been recognized by the President of the Nation, His Excellency Don Nico Cortizo, for the great work of solidarity in packaging food for ship to the entire country in times of pandemic during 2020 and 2021.

Despite the pandemic, none of the 400 Hisao Lee volunteers who participated in this task were infected with COVID 19 or another disease. They kept respecting the protocol, working hard and drinking yerba mate with algae micro chlorella, which created immunity and kept them in good health.

### A little history

Since 2006, Soke Fabio Pérez made contact with the Grand Master Gustavo Giuliano, responsible from 2001 to the present of the Tong-Il Moo-do style throughout Latin America in a Tournament in the country of the Philippines.

On that occasion, Soke Pérez deeply studied the philosophy of Unification and when he returned to his country, he brought together the 8 closest Masters to listen to the same content. Later it was extended to 200 black belts and finally 50 families received the Marriage Blessing and carried out all the corresponding steps.

From an early age, Soke Fabio Pérez met two Masters, one from Karate and the other from Kung Fu who taught him their styles with a peaceful spirit, he received the enlightenment that his school would be made up of men and women of light or warriors of the light, called Sung Shi Da.

Those Masters told them that they had to prepare because in the future the other men and women of Light would come from the east and that they would have to unite with them for the good of God and humanity.

It should be noted that the Hisao Lee School throughout its history did not allow other Masters of other arts to teach courses to its students. However, they opened the external and internal doors of their organization for the teaching of Tong-Il Moo-do.

### The guardians of the country

Hisao Lee Academy is essentially a highly disciplined and spiritual group. All of Panama talks about them, made up of around 3,500 members. They are considered the guardians of the country.

400 instructors are part of the National Civil Defense to take action against any disaster that occurs in the country. It is a group that is constantly on the move.

The interesting thing is that it is made up of many professionals, young people who in the past did not have a clear future due to poverty or the loss of their families. It was thus that Soke Fabio invited them to the Academy, trained them focused on values and they became great Professionals.

The Ministry of Social Development, with the presence of the President of the Nation of Panama, His Excellency Don Nito Cortijo, paid tribute to the country's volunteers, highlighting the enormous value of their contributions to transform and improve lives. The National Government supports and will always support their efforts, committed to strengthening volunteering at the national level.



### **The importance of martial arts**

What is the Federation of Martial Arts for World Peace and its objectives?

The Federation of Martial Arts for World Peace was founded by Dr. Sun Myung Moon and Dr. Hak Ja Han in March 1997 in Washington DC in the US Its first president was Master Duk Sun Myung, the second president was Grandmaster Dr. Joon Ho Seuk, and the third president is currently Grandmaster Pyun Rae Moon.

The Martial Arts Federation for World Peace held its Inaugural World Convention in Washington DC on March 23-27, 1997, bringing together more than 400 leading martial artists from 83 nations to discuss how their disciplines can cooperate to provide moral leadership and contribute to the establishment of world peace.

It has tried to transcend all the differences that exist between people who practice martial arts. The Federation respects all martial arts and is dedicated to achieving unity and cooperation for a greater purpose, namely world peace.

To achieve world peace, the Federation emphasizes teaching Unification thinking and strengthening the spirit of martial artists through education. In this regard, Tong-Il Moo-Do will actively support the Martial Arts Federation for World Peace and will be at the forefront in providing spiritual education for martial artists through the Tong-Il Moo-Do Philosophies.

Currently, its headquarters are in Korea, and there are delegations in Japan, the United States and in the other countries where the work of Tong-Il Moo-do is installed.

### **What is Tong-Il Moo-do?**

The core of Tong-Il Moo-Do (TIMD) is the Unification Principle. Tong-Il Moo-Do is the path of unified martial arts that, centered on the Unification Principle, harmonize and systematize circular movement (smooth movement) as a subject and linear movement (hard movement) as an object, and give it meaning and value. about movements and techniques.

The technical aspects of TIMD are to harmonize and integrate the very essence of all martial arts

techniques, improve all existing techniques, and also create new techniques.

Through Tong-II Moo-Do training, students can learn the Unification Principle and feel the Principle through the body. and implement the Principle in your daily life.

The Unification Principle are the absolute universal values based on the heart, true love and conscience, which unifies spiritual and material values, harmonizes traditional and contemporary values, integrates Eastern and Western values. The central idea of Tong-II Moo-Do is the idea of "Love heaven, love humanity and love the nation."

It is a new Principle that can unify mind and body, help create a happy family, and achieve a peaceful world with true love.

The main goal of learning Tong-II Moo-Do is for all students to achieve mature character, establish a true family, and make a great contribution to the prosperity of society and world peace.

The ultimate purpose of Tong-II Moo-Do training is to build together a world of coexistence, co-prosperity and co-justice, which is the world culture of the heart.



### **Brief History of the Beginnings of Tong-II Moo-Do**

On January 5, 1979, Dr. Moon instructed Dr. Seuk to teach Tong-II Moo-Do at the Belvedere Training Center and Unification Theological Seminary in America. Shortly after that, he also told her to teach Tong-II Moo-Do to all the security guards in East Garden, including four "Kyokushin Karate" black belt holders.

On Easter Sunday, April 15, 1979, Dr. Moon visited the gymnasium at Belvedere to see the guards training at Tong II Moo Do. After watching a short exposition, he wrote a calligraphy with the words "Going boldly with discipline." This was the official beginning of Tong II Moo Do.

In 1980, representatives of four martial arts groups - Chongdosul, Kyokushin Karate, Joon Rhee Tae Kwon Do, and Tong-II Moo-Do - gave an exhibition.

On January 2, 1983, Dr. Seuk became the leader of CARP-USA and began a tour of American college campuses giving Unification Thought lectures and Tong-II Moo-Do exhibits. The title of the tour was

"Martial Arts and Unificationism." It began in the winter at Boston University and continued through the University of Texas at Houston, the University of Wisconsin at Madison, and the University of California at Berkeley. In those days, these universities were famous strongholds of the left-wing student movement.

During the first martial arts tour, the left wing students did their best to oppose the tour. However, most of the students showed interest in the lectures. During the second tour, the power of the leftists was greatly weakened.

In 1986, Kensaku Takahashi, one of the best Tong-Il Moo-Do instructors, visited England and Germany and held a European Continental Martial Arts Seminar in the Netherlands.

Michael Kellett established a Tong-Il Moo-Do school in San Francisco, and a Finnish apprentice returned home and established the first branch of Tong-Il Moo-Do in Europe. Soon after, he established a Tong-Il Moo-Do school in Estonia, which at that time was still part of the Soviet Union. Through the founding of Tong-Il Moo-Do in Estonia, Dr. Seuk and Mr. Takahashi were able to enter Russia even before True Father made his trip to Moscow in April 1990.



After that, Mr. Takahashi was sent to Eastern and Western Europe, Argentina, Kenya, the Philippines and Thailand to carry out special Tong-Il Moo-Do training programs, through which during this time many members new ones joined the church.

Gerry Servito began teaching Tong-Il Moo-Do in the Philippines. In the 1980s, during its heyday, more than 100 black belts were produced. Under the instruction of these black belts, thousands of students studied Tong-Il Moo-Do. To teach all these students, a branch was established in Manila and 40 new branches were opened in the Philippines. Many of the Filipino instructors traveled to various countries in Southeast Asia, Africa, and South America to spread Tong Il Moo Do.

In Argentina, the national leader of FFWUP Gustavo Giuliano, introduced Tong-Il Moo-Do in Brazil, Uruguay and some other countries. He once gave an exhibition of Tong-Il Moo-Do in front of 5,000 people at the Luna Park stadium in Buenos Aires.

During their heyday in Kenya, instructor Henry Mungai, who graduated top of his class, and Francis Njiru opened 32 Tong-Il Moo-Do clubs with more than 1,000 students as members. They also opened clubs in neighboring Ethiopia and Rwanda. In the Democratic Republic of the Congo, Tong-Il Moo-Do was

introduced in 1990 by a Pilipino brother named June Flores.

### **Final comment**

Despite the pandemic Tong-Il Moo-do (TIMD) has not stopped, holding Seminars, Leaders Meetings and Online Competitions. We recently had the competition organized by the World Mastership Chonju with the presence of 21 countries and 175 participants of just the TIMD style.

This competition is on its way to be the new "Olympics" for Martial Arts. It brings together 22 styles of traditional martial arts and is promoted by the Government of the Chonju province of South Korea.

In December, the World Tournament organized by the Kenyan Tong-Il Moo-do Federation will be played in person, led by Master Clarence Mwakio Ingala, where the Kenyan government itself supports the organization.

Dr. Hak Ja Han Moon, the Mother of Peace and Co-Founder of the Federation of Martial Arts for World Peace, the Tong-Il Moo-do recently in 2016 founded with Grand Master Dr. Seuk the Il style Won Do composed of gentle circular movements and movement-related yoga exercises similar to Tai-chi and Wu-Shu (Kung Fu) for healthy breathing. In addition, Il Won Do teaches the exercises practiced by Father Moon in Hungnam time and the aerobic exercises proposed by Mother Moon.

Through this article, it is hoped that readers will take a greater interest in martial arts for the sake of their health but more than anything as a tool for the testimony of the work and work of the Mother of Peace.

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