



High Noon Event in Vienna

Vienna, Austria, June 1, 2019

By Elisabeth Cook

The High Noon team arrived in Vienna on Friday, May 31st. The program started on Saturday, June 1st in Vienna Headquarters. 110 brothers and sisters participated, about half of them being from the elder 1st generation and half of them from the younger 2nd gen.

Participants came from all communities of the Austrian Family Federation, but also from the neighboring countries Slovenia, Croatia, Hungary and Slovakia.

The program started with Sancha Odgen introducing High Noon, followed by Sammy Uyama and his wife Yigyu, all of them giving their testimonies of how they struggled and overcame problems connected to fallen love. Their honesty and sincerity opened the hearts of all participants, and it set the tone of the 1-day seminar: Everybody listened with attention and with the desire to make changes in his/her own life.

Andrew Love spoke on the topic “Porn and the Three Blessings”. He explained that today children get in contact with pornography at a young age, and as they are not confident to speak with their parents, educators or pastor, pornography becomes their “educator”. Shadows leading our kids.

The book “The Addicts’ Brain” by Dr. Garry Wilson explains how

pornography influences the human brain. He describes 4 stages of addiction and that it makes viewers insensitive to the pain and suffering of real people. (www.yourbrainporn.com)

The effects of pornography on intimacy are that it becomes like a 3rd person in the relationship.

David Wolfenberger, founder of “High Noon”, explained about how to start a conversation with kids about sexual behavior and pornography and how not to lead a conversation. He also advised how to respond when someone confesses his/her addictive behavior.

High Noon culture is characterized by

Honesty, Grace, Accountability, Integrity

Honesty: confess your situation! It should be honest, transparent and regular!

Grace: we need to learn how to give grace: “Thank you for letting me know!”, and we need to learn how to receive grace.

Accountability: report regularly to your mentor! Keep your promise, and if you fail, try again. We need to consistently change our habits.

Sexual Integrity: when your ideals are in line with your behavior. Make



investments/deposits in the relationship with your spouse!

In the afternoon the participants divided into 2 groups: married and unmarried people.

For the married couples David Wolfenberger and his wife Mitsue gave advice of how to improve the sexual relationship within marriage, whereas the rest of the High Noon team spent time with the young people. After the lecture we had a chance to discuss several questions in small groups, which allowed us to share our ideals, experiences and insights.

Towards the end of the day Sammy Uyama spoke about

“Solutions and Resources”

Confessing is essential. It is a transforming experience. Who can I share with? Parents, uncle/aunt, elder brother/elder sister. We need an accountability partner!

Separate from the things that lead to addiction and replace them with healthy activities!

High Noon created the “Ascend” recovery program, and the “School of



Love”: www.schooloflove.org Parents can learn how to have fruitful conversations with their children about sexuality from a young age.

www.highnoon.org newsletter

By attending this program, we could see how much the members of High Noon had invested in creating this program beforehand and are constantly investing. We were deeply moved by their openness and honesty, which

inspired us to practise the core values of their program in our own lives and in our community: Honesty, grace, accountability and integrity!

Thank you High Noon team!

For more photographs:

<https://photos.app.goo.gl/ZiqcyLr7JhXrKvkn6>

