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Dear,

Welcome to June’s edition of *HerTribe Thrive*!

As summer unfolds, June invites us to pause and honor the relationships and inner wisdom that shape our lives. It is a season of reflection and appreciation—of fatherhood and family leadership, the strength found in community, and the deep inner knowing that guides us through change and growth.

In this issue, we’re excited to share a thoughtful collection of features to inspire and support you. Explore the [Mother Archetype Webinar](#), where we continue our journey through the feminine archetypes and reflect on the power of nurturing and compassion. Celebrate the fathers and father figures in your life with [Father’s Day Tips: Celebrating Fatherhood & Family Leadership](#), a reminder of the quiet strength and leadership found in everyday acts of care. In [Building Our Village: Revisit the Inspiring Conversation with Rashidah Cartwright](#), we reflect on the importance of community, support, and not walking life’s journey alone. Finally, [Finding My Inner Wisdom through Acceptance and Identity](#) offers a personal reflection on resilience, intuition, and discovering peace within life’s unexpected turns.

May this June encourage you to slow down, reconnect with what matters most, and continue growing in love, gratitude, and awareness.

MEMBER’S HUB



Mother Archetype Webinar

In this Members Hub webinar, we continue our exploration of four feminine archetypes with a special focus on the Mother. The four "faces" of femininity—Lover (Spring), Mother (Summer), Warrior (Autumn), and Sage (Winter)—are inspired by the book *Four Faces of Femininity: Heroic Women Throughout History* by Barbara McNally.

Each webinar addresses the many facets of each feminine face: the seasons of life they represent, their attributes, and even their pitfalls. We hope you take time to connect with your inner Mother this month, and extend her care, compassion, and empathy to all facets of your life.

Free access for members; not a member yet? Join us today

Check it out >>>

WISDOM IN ACTION



Finding my Inner Wisdom through Acceptance and Identity

What happens when life takes an unexpected turn? In this thoughtful reflection, Eika Jung shares how a sudden job loss became an opportunity to deepen her trust in her inner wisdom and connection with the Divine. Drawing inspiration from Mother of Peace and the timeless lessons of Kung Fu Panda, she explores the power of acceptance, identity, and learning to listen to the quiet guidance within our hearts.

Every conversation has the power to inspire.

Read the full article >>>

TIPS & TITLES

Father's Day Tips: Celebrating Fatherhood & Family Leadership

As we celebrate Father's Day, we honor the men who lead with love, serve with humility, and quietly support their families day after day.

In this inspiring reflection, Naomi Tanaka explores the importance of fatherhood, family partnership, and the qualities that help create strong, healthy homes. Discover meaningful ways to express gratitude and recognize the lasting impact fathers and father figures have on our lives.

Building Strong Families Together

Read the full article >>>

SPARK OF INSPIRATION

Building Our Village: Revisit the Inspiring Conversation with Rashidah Cartwright

What happens when motherhood doesn't unfold exactly as expected? In this heartfelt reflection inspired by our conversation with Rashidah Cartwright, we explore the power of community, vulnerability, and self-care. Through life's challenges and triumphs, we are reminded that support, connection, and shared wisdom can help us find strength for the journey ahead.

Building the Village Every Mother Needs

[Read the full article >>>](#)

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**WOMEN'S FEDERATION
FOR WORLD PEACE USA**





Exploring the Mother Archetype

WEBINAR + HANDOUTS

We're excited to share our new **Archetype Webinar**, now available for WFP Members! This session explores the four feminine archetypes—**Lover, Mother, Warrior, and Sage**—with a focus on the **Mother archetype**, and comes with **recordings and downloadable handouts** to support your reflection and growth.

The materials are **exclusive to members**, but if you're not yet a member and would like access, you can always **join WFP** to participate and receive the resources. Reconnect with the energy of each archetype and explore how they shape the seasons of your life.

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Exploring the Mother Archetype



A Summer Webinar

Presented By :
Dr. Mika Deshotel

ARE YOU A MEMBER OF WFP?

The **Mother Archetype Webinar** is **FREE** for members! Simply log in or create your account for the Members' Portal. You can download this in the Resources Library

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If you don't already have an account, request a new one above. We will confirm your active membership and approve the request. Upon approval, you will be able to log in and access the portal. If you don't remember your password, click "forgot password." Please make sure to check your spam folder.

NOT A MEMBER OF WFP?

Not a member of WFP? [Join today](#) to access exclusive resources, including The Mother Archetype Webinar, and become part of a community of women empowering each other to be peacemakers in the world





Father's Day Tips: Celebrating Fatherhood & Family Leadership

Written by: Naomi Tanaka

June gives us a special opportunity to pause and appreciate the role fathers play in our families and communities. Father's Day is more than a holiday for gifts and cards. It is a reminder to honor the steady strength of fathers, husbands, grandfathers, mentors, and father figures who help shape our lives.

In today's fast-paced world, it can be easy to overlook the importance of intentional leadership. But strong families are built on partnership, mutual respect, and the balance of both feminine and masculine energy within the home.



Celebrating Father's Day does not need to be extravagant to be meaningful. Often, the most memorable moments come from simple acts of appreciation.

Consider creating traditions such as:

- A family breakfast or picnic together (Great tips on picnics included in May's newsletter!)
- A handwritten letter sharing specific gratitude
- A "Dad Appreciation Jar" where family members add notes of thanks
- Looking through old family photos and sharing favorite memories

These small but intentional gestures create lasting emotional connection and remind fathers that their efforts are seen and valued.

While gifts can be thoughtful, genuine words of affirmation often means more to fathers than any physical gift. Many fathers carry responsibilities quietly. They work hard, make sacrifices, solve problems, and support the family emotionally and financially without asking for recognition. Taking time to acknowledge these efforts can be incredibly meaningful.

Simple ways to show appreciation include:

- Saying thank you for everyday things
- Publicly recognizing their efforts in front of children
- Asking about their dreams, stresses, and needs
- Creating time so that they can rest and refresh

Children learn more from what they see than what they are told. Positive fatherhood leaves a lasting imprint not only through discipline or advice, but through example. When children witness fathers demonstrating patience, integrity, responsibility, humility, and love, they begin to understand what healthy leadership looks like. This also applies to grandfathers, uncles, mentors, and community leaders. Father figures help shape children's understanding of trust, safety, and character. Strong role models teach children that leadership is not about control. It is about service, responsibility, and love.

Healthy families thrive when parenting feels like partnership rather than pressure placed on one person alone. Mothers and fathers each bring valuable strengths to raising children. When parents work as a team by communicating openly, supporting one another, and sharing responsibilities, children benefit from stability and unity. This does not mean parents must be perfect or identical in style. It means creating a shared vision for the family and respecting each other's contributions. Children feel secure when they see cooperation, trust, and mutual respect between parents.

At WFWP, we believe that both feminine and masculine energy plays an important role in the home. Every healthy family benefits from both nurturing and structure, compassion and guidance, softness and strength. Feminine

family benefits from both nurturing and structure, compassion and guidance, softness and strength. Feminine energy often brings emotional connection, intuition, empathy, and relational warmth. Masculine energy often brings protection, direction, stability, and clarity. Neither is superior, and both are necessary. Children flourish when they experience both unconditional love and healthy boundaries, both tenderness and accountability. This balance does not depend strictly on traditional roles, but on the willingness of each family member to contribute the qualities that create harmony and growth. Families become stronger when both energies are honored and respected.

Fatherhood is often quiet. It is found in early mornings, late nights, difficult decisions, and everyday sacrifices that may never be fully seen.

This June, let us move beyond simple celebration and into deeper gratitude. Let us honor fathers not only for what they do, but for who they are. Let us strengthen families by encouraging partnership, respect, and intentional leadership.

And let us remember that strong families build strong communities, and strong communities help shape a better world for everyone.



Building Our Village: Revisit the Inspiring Conversation with Rashidah Cartwright

For many women, the journey to motherhood begins long before a baby arrives. There are conversations with loved ones, countless hours of research, doctor's appointments, and preparations for welcoming a new life into the world. Yet even with careful planning and anticipation, motherhood often brings experiences that cannot be fully understood until they are lived.

The arrival of a child is accompanied not only by joy and wonder, but also by sleepless nights, physical and emotional exhaustion, changing relationships, self-doubt, and the pressure to be the "perfect" parent. Many mothers find themselves facing moments of isolation, guilt, or uncertainty as they adjust to their new role, even more so when met with situations they are unprepared for, such as a child being diagnosed with a medical condition, developmental disability, or other challenge that requires additional care and support. There is a need to pause and be willing to look outside of ourselves for spaces that can support us on our journey.

In some instances, those who have come before us have already created the village, and we can simply find it, plug right in, and receive the support that we need. However, in other instances, we have to be the ones to create the community, do the research, and engage with others on their journey. By embracing our authentic selves, being vulnerable enough to share our struggles, and allowing others to walk with us, we find community.

Motherhood is not about being perfect and doing everything by ourselves. We have to give ourselves permission to notice when we need time for ourselves, whether through self-care days, hobbies, making new friends, or leaning on others for support. I came across the quote, *"Motherhood is about finding the balance between giving to others and giving to yourself. Both are equally important."* and I believe this to be true. Perhaps that is why community matters so much—because motherhood was never meant to be a journey walked alone.



Rashidah Cartwright : From Struggle to Strength

<https://open.spotify.com/episode/2hFkHHEL4c2WoKI761AwmR>

Finding my Inner Wisdom through Acceptance and Identity

Written by: Eiko Jung

"Your Heavenly Parent who loves you resides deep in your heart. You are designed to hear God's true voice. We all need to hone our ability to hear the true voice of Heavenly Father and Heavenly Mother in our hearts. Your heart is your eternal guardian." – Mother of Peace

There are certain life outcomes that aren't ours to decide, regardless of the contributions we've made. One such example is being laid off from a job. And so, I've joined thousands of corporate workers that are newly unemployed. AI has come for my job. Yet, I was not completely caught off guard. A few months prior, I was mulling over whether to report a work incident, when I felt an intuition, strongly advising me to let it go and to urgently find another job. So strong was this sense that I stayed up after midnight searching for jobs.

Mother Han reminds us that "your heart is your eternal guardian." Whether it's a voice, a visual, a bad taste, or a gut feeling – I think its effect is similar for all of us. We experience a quiet shift, an internal tug, a sense of momentum or of letting go. The heart as a guardian implies protection and a sense of safety. While it did guide me to look for jobs, it did more – I felt at peace with the news that I was being let go the moment it happened. I felt guarded from anger, stress and grief (all perfectly valid feelings to have by the way).

But how does one "hone our ability to hear the true voice of Heavenly" Parent in our hearts? It certainly isn't straightforward. I'd like to tackle this by discussing the legendary cartoon movie, "Kung Fu Panda (2008)." The premise is that the Dragon Warrior is destined to receive the Dragon Scroll. Tai Lung, Master Shifu's most dedicated student, trains for the Dragon Scroll prize, convinced his Kung Fu mastery will earn him the unrestricted power that the Scroll gives. Master Shifu builds up this expectation in Tai Lung very explicitly. But to everyone's surprise, the spiritual leader, Master Oogway, reveals an untrained, seemingly undeserving panda, named Po, as the Dragon Warrior. Master Shifu is also incredulous. This insult is too much for Tai Lung to endure and he vows vengeance on Po, determined to steal the Scroll and its power.

It is Master Oogway – much like the quiet voice of God – who never explains or defends the revealing of Po. In fact, many times, he shifts the attention away from Po. It's clearly not really about Po. He simply trusts that the Divine is already at work. It is really Master Shifu's expectation of Tai Lung that created a monster. Master Shifu could have shaped Tai Lung's training differently – no need to perform or cling to rigid rituals to force a Dragon Scroll outcome. **I believe Master Oogway and Mother Han share the belief that "honing our ability to hear" means lowering our external expectations of how God should sound (obvious, clear, specific) and trust that the Divine is the life force swirling within and all around.** This life force is illustrated well by the petals of the movie's sacred peach tree, swirling in the wind.



Scene from *Kung Fu Panda* (DreamWorks Animation, 2008)

Master Shifu resists change, resists accepting what is, and it's honestly extremely relatable. At the end of the movie, the Dragon Scroll is revealed. It does not contain a magical power – it is just a mirror, reflecting self. But Po understands the true reality, and the ultimate reassurance, that he is already Divine. In many ways, we are each a Dragon Warrior. Our heart is the Dragon Scroll; revealing (and accepting) our nature is Divine power. Master Shifu is genuinely surprised that Po defeats Tai Lung – but his full acceptance of the outcome allows him to feel peace.

In this period of uncertainty – unemployment, recession, war, El Niño, AI – it can feel as though outcomes are simply happening to us. And in a sense, they are; the Divine governs what we cannot. But Mother Han's reminder is also an intimate one: because our Heavenly Parent resides in us, the same force moving the larger world is also quietly moving within. Our heart is not separate from that governance – it is the personal address where the Divine speaks. Like Po before the mirror of the Dragon Scroll, we don't need to earn access to that voice. We only need to trust that it is, always, already there.

In HerTribe, we are creating spaces where women can discover their personal inner knowing and relation to the Divine. If you would like to learn more and join one of our uplifting communities, check out HerTribe here: <https://www.wfwp.us/hertribe>

< BUILDING OUR VILLAGE: REVISIT THE INSPIRING CONVERSATION WITH RASHIDAH CARTWRIGHT

16TH ANNIVERSARY CELEBRATION OF LIFE "HEALING CIRCLE OF COMMUNITY" NATIONAL CEMETERY OF THE PACIFIC

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