## WakuWaku Online Seminar - Testimony Cecilie Fortune - May 16, 2020

Sayaka Suzuki May 22, 2020

WakuWaku Online Seminar on 16th May - Testimony by Cecilie Fortune

## I AM EXCITED.

I really am.

When I first heard the term "WakuWaku", it sounded like a children's game, or a ball game or something like that. Instinctively, though, I felt this was something worth looking into. I first heard about it at the end of last year, when two WakuWaku seminars took place in the UK. One in Lancaster Gate and one in Livingstone House. I was in America at the time. Hearing reports from participants I became more curious and decided to host a seminar in the South London Peace Embassy in April. We all know this was not possible. However, on Saturday 16th May, the seminar did take place – by Zoom – with 21 countries and 100 people in attendance. It was overwhelmingly well-received. Here some comments from participants:

'..... this is bringing the Kingdom of Heaven in a substantial way to earth'

'The WakuWaku Seminar is God's Way of Teaching the Divine Principle of the "Heart" ......'

'The content of the seminar is truly precious, of extraordinary value. I deeply felt the presence of God, His love and His light'

WakuWaku does mean "I Am Excited". And now it makes sense. We can get excited about this content. True Parents' words on conscience, original heart, fallen nature and a lot more were shared. More than the precious words, WakuWaku is a way to help us practise how to become a true person. Questions such as "What do I do when I have negative feelings towards others? How can I practically work on removing my fallen nature and be my true self? When do I know I am my true self?" were answered.

Sayaka Suzuki shared with us simply and beautifully, with a lot of heart and love. We learnt how to practise listening to our conscience; were taught to differentiate between what I am willing to do and what not; how not to deny others; that I cannot change anyone nor my circumstances, only myself. There is deep wisdom in WakuWaku, beyond the initial simplicity which is conveyed. Through daily practice of WakuWaku, there is hope that we can become our true peaceful selves and live in peace with others, a Kingdom of Heaven.

What next? Practice, practice, practice.

## Living as an Owner of Cheon II Guk: A Self-Development Program Focusing on the Three Blessings Saturday 16th May from 1–5pm The WakuWaku seminar will be led by Ms Sayaka Suzuki (2nd Gen) via Zoom.

Ms Suzuki joined CARP while at Tsuda University and after completing her Tokyo CARP mission, she was active as a welfare, education and WakuWaku trainer. She worked for an NGO in Turkey as a Midd

was active as a welfare, education and WakuWaku trainer. She worked for an NGO in Turkey as a Middle East Youth Envoy. Ms Suzuki has been very successful in introducing WakuWaku to people including Muslims at the Hyojeong Center in Turkey.

What is WakuWaku?

> A new and successful educational project from Japan

- > Will help you find your true self and love others
- > Divine Principle self-development program

Programme:

3 x 1-hour sessions

First two sessions will focus on the 1st Blessing and the last session will focus on the 2nd and 3rd Blessing.

Registration Deadline: 15th May Maximum Number of Participants: 100