

Concrete Steps to Inner Peace - Dr. Hak Ja Han Moon's Peace Starts with Me

Angelika Selle
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Dear friend,

The word "Peace" still resonates in our ears as peoples and organizations commemorated International Peace Day on September 21 around the country and the world.

From what I've noticed, there seems to be a trend or deeper realization that's making its way to the surface in many global peace talks, ever so slightly, yet consistently, that peace on the larger level must begin with each person's inner state of being. That is to say, unless we focus on accomplishing inner balance and harmony within each individual, we will never have peace within societies and between nations.

At a recent international gathering in South Korea, Dr. Hak Ja Han Moon alerted all of the peace leaders in attendance that, "these next couple of years will be very hectic," and intense, and asked us all to refresh our spirits by taking three days off to meditate, empty ourselves, and let go of old and negative thoughts and references to the past. She asked us to instead make a new start, with a new determination and passion to focus on the important task before us: to cultivate the beginnings of that world of One Family Under God and lasting peace.

Those three days were a profound experience for me. I truly believe that the simpler one's heart and mindset is in being an effective peacemaker and peace leader, the better. It is simply about being in a "zone" or resonating with our Creator who is the Source of Peace, and consistently living by the principle of "Living for Others," which enables us to bring our mind and body into harmony. This will then provide us with the inner strength, clarity, positive energy, and love that are necessary to resist the energies of hate, strife, confusion, and anger. It will be an antidote for the poison of the lower energies and a tool for positive transformation. Peace, indeed, starts with me -- and with us!

That being said, may I invite you to hear Dr. Moon speak in person on November 12, 2018, when she will give a stirring message and impart a spiritual energy of love and hope under that very title, "Peace Starts With Me: Healing America"? (See below.)

Wishing you inner peace in this beautiful month of October!

Sincerely,

Angelika



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NYCB LIVE - LONG ISLAND, NEW YORK

FEATURING:



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HEZEKIAH WALKER**

INTERNATIONAL
GOSPEL SUPERSTAR
YOLANDA ADAMS



**KEYNOTE SPEAKER
DR. HAK JA HAN MOON**

FOUNDER, WOMEN'S FEDERATION
FOR WORLD PEACE

**A PERSONAL MESSAGE OF
RECONCILIATION AND HOPE**

INSPIRATIONAL MESSAGE
BISHOP NOEL JONES
CITY OF REFUGE CHURCH

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