

## Sometimes, things have to get worse before they can get better. Do you agree?

Angelika Selle  
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Dear friends,

Sometimes, things have to get worse before they can get better. Do you agree?

It seems like that's what's happening in our country and in many of our lives, as we are dealing with Covid-19, natural calamities, a toxic political and social environment, and inner crises. It seems to be as bad as it can get. But what is the way out, where is the hope, when will the strife and confusion end? What and where is the solution? Where shall we look for it?

As French novelist Andre Malraux (1901-1976) rightfully said, "The 21st century will be spiritual, or it will not be [at all]." And just recently I came across the book "The Rule of Benedict: A Spirituality for the 21st Century," authored by a Benedictine nun and writer, Joan Chittister, who discovers that St. Benedict's sixth-century texts in fact are currently applicable, as they directly touch on the contemporary issues facing the human community -- stewardship, conversion, communication, reflection, contemplation, humility, equality, and spiritual living in a secular world.

And just two weeks ago, in her latest speech to a one million-plus audience at her second Rally of Hope, Dr. Hak Ja Han Moon emphasized the fact that humanity needs to "turn away from our selfishness, which is the cause of pain, division and wars." She boldly stated, in the presence of current and former heads of states and parliamentarians, that it is time for leaders to kneel and to listen to the voice of heaven. "The time has come," she said, "for humanity to tune our ears to the sound of heaven." ([See her speech.](#))

The good news is that those who are willing and able to do so will be and are already experiencing a personal transformation that allows them to see themselves and others in a new light, which is the prerequisite for positive change. After a personal transformation from within, one is able to see and experience beauty and divine power within ourselves and others, which allows us to even heal ourselves and each other. Inner transformation will open the floodgates of discovering new, creative and exciting solutions to all problems and to experiencing real connectedness as one human family.

And with that movement for spirituality being already firmly on the way, I believe the tide will turn, as the circle of individuals -- even political, business, media and academic leaders around the world -- who come to this realization grows with every one of Dr. Moon's Rallies of Hope. As one of the thousands of participants in the rally, Mrs. Marguerite Felig, our WFWP Montana Chairwoman, said:

After watching the second Rally of Hope, I feel confident that if we mothers [women] follow Mother Moon's example, reject greed and selfishness and become responsible stewards of God's Creation, the tide will turn." Of course, men are included!

Wishing you a spiritually fruitful month of October!

Angelika