

## WFWP USA Webinar: How to Love Your Way Back to the Body You Want!

Angelika Selle  
September 14, 2020



*WFWP of Westchester invites you to an exciting webinar!*

### **How To Love Your Way Back to the Body You Want: A Mindful Approach to Weight Loss and Wellness**



#### **Presented by Caleb Nelson**

*Wellness specialist and Weight Loss Coach  
BS, Kinesiology (movement science)*

Caleb's goal is to change the world by inspiring others to live life to fullest by nurturing greater self-awareness and empowerment to sustain a path to wellness for years to come.

If you have been dreaming of achieving long lasting weight loss, strength, and well-being, this seminar is for you.

Feel free to invite your friends!

**Thursday, September 17**

8:00 - 9:00 pm Eastern

[Click Here to Join](#)

Join by phone:  
+1 646 558 8656  
Meeting ID: 893 7335 4709

Find your local number: [us02web.zoom.us/j/84811111111](https://us02web.zoom.us/j/84811111111)

For info or to RSVP text 914-275-1278 or email [info@wfw.org](mailto:info@wfw.org)

WFWP of Westchester Invites You to an Exciting Webinar

How-To Love Your Way Back to the Body You Want

*A Mindful Approach to Weight Loss and Wellness*

Presented by Caleb Nelson, Wellness specialist and Weight loss Coach  
BS, Kinesiology (movement science)



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If you have been dreaming of achieving long lasting weight loss, strength and wellbeing this seminar is for you.

By zoom on Thursday, September 17<sup>th</sup> 8-9 PM

For info or to reserve text to 914-275-1278 or email [info@wfw.org](mailto:info@wfw.org)

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