

WFWP USA: Cornerstone for Happiness: Marriage and Family Seminar Session 4

Angelika Selle
May 13, 2020

We're going LIVE in 1 hour at 2:00 PM (EST)!

CORNERSTONE FOR HAPPINESS
Session 4: Can You Hear Me Now?

Wed, May 13
2 PM EST

SEE YOU SOON!

WWW.FACEBOOK.COM/WFWPUSA

Tune in today for the fourth and final live session of our Cornerstone for Happiness: Marriage and Family Seminar where we will be diving into communication habits, and how to form new, loving and healing ways to communicate and deepen relationships. Watch it live on our Facebook page and be sure to "like" our Facebook page to be notified when we start!

Click the following link to join: www.facebook.com/wfwpusa

Note: We will be doing a questionnaire and discussing it together during the seminar, feel free to print it out beforehand.

[Click Here for the Questionnaire](#)

Click below to access any one of the sessions.

[April 22 – Session 1 – “Where Are We At?”](#)

[April 29 – Session 2 – “What Can We Do?”](#)

[May 6 – Session 3 – “A New Way of Looking at Marriage”](#)

[May 6 – Session 4 – “Can You Hear Me Now?”](#)

[For more information, Click Here to Visit WFWP USA Website](#)



Women's Federation for World Peace
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Listening Skills Questionnaire


Read each statement and give yourself a score. **1** –needs some work, **2** – not bad, **3** – doing really well

1	I make a great effort to enter other people's experiences of life.	
2	I do not presume to know what another person is trying to communicate.	
3	My close friends would say I listen more than I speak.	
4	When people are angry with me, I am able to listen to their side without getting upset.	
5	People share freely with me because they know I listen well.	
6	I listen not only to what people say but also for their nonverbal cues; body language, tone of voice, and the like.	
7	I give people my individual attention when they are talking to me.	
8	I am able to reflect back and validate another person's feelings with empathy.	
9	I am aware of my primary defensive mechanisms when I am under stress, such as placating, blaming, problem-solving prematurely, or becoming distracted.	
10	I am aware of how the family in which I was raised has influenced my present listening style.	
11	I ask for clarification when I am not clear about what another person is saying, rather than attempting to fill in the blanks.	
12	I never assume anything, especially anything negative, unless it is clearly stated by the person speaking.	
13	I ask questions when listening rather than mind reading or making assumptions.	
14	I don't interrupt or listen for openings to get my point across when someone else is speaking.	
15	I am aware, when listening, of my own personal "hot buttons," that cause me to get angry, upset, fearful or nervous.	



Cornerstone for Happiness

MARRIAGE AND FAMILY SEMINAR



WOMEN'S FEDERATION
FOR WORLD PEACE USA

**CORNERSTONE FOR
HAPPINESS** MARRIAGE AND
FAMILY SEMINAR

The Cornerstone for Happiness: Marriage and Family Seminar is a one-day interactive workshop developed by WFWP USA to empower women and men of all ages to improve their family and marriage relationships based on the unique undergirding philosophy of living by the logic of love.

The Cornerstone for Happiness curriculum helps create stronger, healthier, and happier families which is the cornerstone of a peaceful world.

IF YOU'RE MARRIED 5 YEARS OR 50 YEARS...

marriage is a lifelong commitment and investment that requires continuous learning.

"I have been married for twenty-five years and I needed to hear this."

"For me, one of the great takeaways...was the concept and activity presented on Loving Actions...we work at becoming more loving and accepting and focus on what we can do differently!"



During the seminar, explore...

- Challenges we are faced with making it difficult to create healthy marriages and families
- What we can do to repair, nurture and grow essential family ties
- A unique take on marriage, considering how it can be an active spiritual practice
- How to form new, loving and healing ways to communicate and deepen the relationships that matter the most

Married couples are also invited to participate in a special and deeply moving ceremony to recommit their relationship and family to God through the Marriage Rededication Ceremony.

www.wfwp.us / Info@wfwp.us / (212) 302 8837

“I have been married for twenty-five years and I needed to hear this.”

— Anonymous

The Cornerstone for Happiness: Marriage and Family Seminar is a one-day interactive workshop developed by WFWP USA that is meant to empower both women and men of all ages to improve their family and marriage relationships based on the unique undergirding philosophy of living for the sake of others and living by the logic of love.

The Cornerstone for Happiness curriculum has proven to help in creating stronger, healthier and happier families which we believe is the cornerstone of a peaceful world. It has motivated and inspired many to take a new look at their marriage and family, and yes, commit or even recommit to the same spouse they have been married to.

This curriculum illustrates the importance of building healthy marriages and families, both for ourselves and for our society. It also addresses the inherent challenges we are faced with that make it hard to accomplish the goals of a healthy marriage and family. Whether you have been married for 5 months or fifty years, marriage is a lifelong commitment and investment that requires continuous learning. As such, this curriculum is a tool to facilitate that learning process by first and foremost teaching how to lead by example within your family.

We believe that world peace begins within an individual, that the family is meant to be the school of love, and that parents are meant to be the primary educators of the heart for their children. This means that the strength and success of a family depends on the strength and success of a marriage. We believe that marriage matters!

The hope is that each participant in this seminar leaves empowered with new insights and practical strategies that can be immediately applied to daily life, whether one is currently married or not.

SESSION OVERVIEW:

Session 1: Where Are We At? - establishing the current culture and its effects on

marriage and family relationships.

Session 2: What Can We Do? - focusing on what we can do to repair, nurture and grow essential family ties.

Session 3: A New Way of Looking at Marriage - exploring a unique take on marriage, considering how it can be an active spiritual practice.

Session 4: Can You Hear Me Now?* - delving into communication habits and how to form new, loving and healing ways to communicate and deepen relationships.

***End of Session 4 - Marriage Recommitment Ceremony & Toast** - as WFWP is proudly part of an international movement designed to strengthen and uplift marriage – the International Celebration of Marriage – the program can conclude with a toast to strong marriages and families centered on God.

The Cornerstone for Happiness curriculum is adaptable to any audience and presenter style, and it includes a worksheet, group sharings, and more.

Participant fee: Donations are encouraged to cover program costs.

TESTIMONIALS:

Myrna, Georgia

“For me, one of the great takeaways from this particular presentation and the day as a whole was the concept and activity presented on Loving Actions. A loving action is intentional behavior on our part that is motivated, unilateral, experimental and requires discipline. Instead of trying to get our partners to change, we work at becoming more loving and accepting and focus on what we can do differently!”

GET INVOLVED:

1. ATTEND AN UPCOMING SEMINAR:



Free Facebook Live
Sessions: WFWP USA
Cornerstone for Happiness:
Marriage and Family Seminar
May 13, 2020

2. TRAIN TO HOST A SEMINAR

Your Name *

First Name

Last Name

Your Email *

I am interested in joining a training session to host the following seminar(s): *

- Leadership of the Heart Seminar
- Cornerstone for Happiness: Marriage and Family Seminar

Submit

If you have any questions, please email us at info@wfwp.us or call us at 212-302-8837

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Enhancing our ability to love:

for Happiness, Marriage & Family Seminars

Apr 27, 2020



A NEW CHAPTER FOR WFWP MARYLAND OPENS WITH THE CORNERSTONE FOR HAPPINESS SEMINAR SERIES

Aug 1, 2019

WFWP Westchester holds Cornerstone for Happiness seminar

Apr 9, 2020



FAMILY IS THE SCHOOL OF LOVE!

Jul 17, 2019



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