WFWP USA Throwback Playback: Energize Your Life with Angelika Selle

Angelika Selle April 4, 2020



Dear friends,

Thank you to all who joined us the last Thursday in March for this timely message of how to **balance your energy for greater peace and happiness.** We had our WFWP president Angelika Selle live with us to watch this recording from December 2018, and she shared how keeping yourself energized can help you during the current situation. We offer apologies that, due to tech capabilities, we were unable to record this addition. Please enjoy this uplifting and healing webinar and stay healthy!

Access to our full library of webinars with topics such as, "Creating and Keeping

Compassionate Connection" and "Journal Your Way to Healing", is one of the benefits you receive when you become a WFWP member.

Notes from the WFWP president:

- When seeking an energized mindset, she also loves to put on music, feel the rhythm, and move! Dancing can really bring in the positivity.
- In this webinar, she also shares how following an alkaline diet helped her to improve health and boost energy. Before following any diet, be sure to discuss with your own doctor or medical professional whether it is appropriate for your own unique health needs.

Mrs. Selle is an educator, inspirational speaker, and writer. She loves God and people, and seeks to create harmony and peace wherever she goes. She was born in Germany, studied Catholic Theology, German, and English at the University of Freiburg. She was ordained as a minister in 2005 under "God's Vision International", and thereafter has served for 4 years as the Pastor of New Hope Family Church in Maryland.

Mrs. Selle has held the positions of editor-in-chief of two magazines—Die Neue Hoffnung (New Hope) and Today's World. In 2004, she received the Crown of Peace Award from the Interreligious and International Peace Council in Washington, DC for "Exemplary Leadership in Reconciliation and Peacemaking". She and husband Robert Selle have four children and two grandsons.



