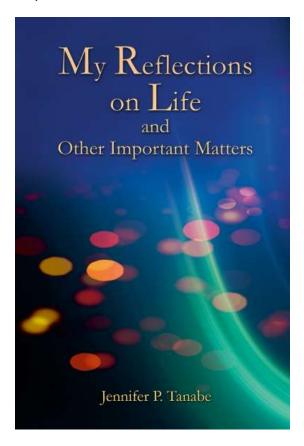
## Where to Live Well

Elisabeth Seidel September 13, 2025



After reading, and loving, the latest book by Dr. Jenny Tanabe My Reflections on Life and Other Important Matters I learned that Eve (of Eve and Adam our first ancestors) was living in a cave and that Cain was in pain.

In this story telling book of Genesis in the Bible, we all know the spooky happening of Eve's mistake with the archangel Satan and the continuous dramas of how God placed angels at the gate of The garden of Eden that no one could enter! Certainly not Eve as because of her sin, and sins have consequences, or Adam who followed her in disobedience to God their creator and parent. So in a sense, what seems to be like a bedside story, is more like a horror movie of nowadays.

But the stories of Dr. Jenny have hope of deliverance, of a better tomorrow, of a successful ending. We all expect movies to have a happy ending, to be satisfied in the matters of love and heart.

You need to read those two special favorites of mine, "The Cave" and "Cain was in Pain." You will learn also why Cain killed his beloved brother, and all the pain Cain went through. As mothers we want to embrace our children. we want peace and love. we want all wars to be terminated.

The solution? Let's include God. our Heavenly Parent, as we go over the hill of the end of the providence of restoration into a world of hope and joy which resembles very much the Garden of Eden found again, or the opening of the Kingdom of Heaven on Earth as it is in Heaven.