

WFWP USA: What Do We Mean By Empower?

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We are excited to announce our theme for this year as Empower, Collaborate, Impact: Towards a Culture of Heart! Each of these words were chosen to show the full circle of what it takes to build and experience a peaceful, loving world.

Throughout the next few Logic of Love editions we will be taking a deeper look at the meaning and importance of these words, and share ongoing activities you can get involved in related to this theme. Read on to find out more about the connection between empowerment and peace below:

Empower: When we at Women's Federation for World Peace talk about being empowered, we view it as much more than a trendy buzzword for regained confidence and authority. Rather it is held as an essential starting point for peace that expands

outward in a ripple effect.

When we are empowered to the core, we understand our divine and infinite value as human beings. No matter what anyone else says, or experiences you have been through, you know that you are truly precious and invaluable, and nothing can diminish your shine or take it away. Your divine value is what gives you power.

And those who are able to grasp their own value naturally begin to recognize the immense and irreplaceable value of every other life around them. This awareness of the divine in ourselves and others is what prompts us to "practice peace". In other words, to treat ourselves and others with kindness, love, and respect, and to take action against violations of dignity.

Imagine what it would feel like to live in a world of empowered people. And how is that different from your actual life experience?

Seeing the current need for more empowered people, WFWP USA has created educational seminars to both deepen the awareness of our inherent value, and to use this awareness to become active leaders for peace in our everyday life. We call this the Leadership of the Heart Curriculum. Find out how you can experience this curriculum here.

In addition, WFWP USA continues to support the [#peacestartswithme](#) movement, which promotes that peace must first be found within ourselves, affecting how we relate with others, before it is able to spread to our families, societies, and world.

Stay tuned to learn about next steps and building blocks for peace in an upcoming edition!