

Hiking on the Swabian Alb

Stuttgart, Germany, 9. November 2014



Our starting point was a parking place in Pfullingen, where 14 members of the Stuttgart community met at 10.00 on the 9th of November. We decided to put True Mother's motto into action- hiking in nature is good for your health! Ulrich Zeiner, who lives in Eningen near Pfullingen, had prepared a hiking route for us.

He led our convoy of cars to a parking spot in the woods overlooking Pfullingen, and from there we started our hike. It was a beautiful day in late autumn. We had a breathtaking view of the Alb hills, down the Echaz valley towards Unterhausen and the rugged 'Albtrauf'. The trail led us through beech forests in their autumn colors, past the Elisen hut, and over green sloping meadows on the Urselhochberg. From this vantage point, we had a panoramic view of the knobby high plains of the Alb, down to Zellertal as far as Honau and could even see Burg Lichtenstein in the far distance. After a steep climb through a rocky knife-edge, we reached the plateau and the premises of the Übersberg gliding club.

Here in the restaurant in Übersberg we took a break. This restaurant is popular with hikers on day excursions and after a tasty bite to eat, we continued on our way. On the Mädles rocks we had a wonderful view over the Alb outlands to Eningen, the Achalm, Pfullingen and Reutlingen.

Now it was time to make our way back. There were two possibilities: the stalwarts from our group took a steep way through the forest on the Urselhochberg, hiked above the plateau and took another steep forest slope down to the Elisen hut. There they met those who had chosen the more comfortable and familiar less steep route.

We paused to savor the view over the spectacular scenery whose colors were now dimming in the mist. And at 16.00- right on schedule-we were back at the forest car park.

Happy that our hike had been so successful and feeling invigorated by activity in the fresh air, we took leave of each other.

So....when will the next hike be?