

WFWP USA: Top 3 Netflix Shows for Moms with Strong Female Leads

Kaeleigh Moffitt
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Between the balancing act of work, family, and that endless to-do list, finding "me time" can feel like a dream. But when you do carve out that sacred TV-watching slot, it's so worth finding a show that resonates with all the roles you play. These three Netflix shows have strong, relatable women who juggle life's challenges, bring meaning to family moments, and show us that with a little resilience, we can take on just about anything.

So grab a cozy blanket, and get ready to dive into some truly inspiring storytelling!

Madam Secretary



Synopsis: *Madam Secretary* follows Elizabeth McCord, a former CIA analyst who becomes the U.S. Secretary of State, and trust me, she's unlike any political figure you've seen. Elizabeth juggles the complex, cutthroat world of global diplomacy with the ups and downs of family life. And while she's tackling crises on the world stage, she's also dealing with the day-to-day realities of raising kids and keeping her marriage strong.

Why You'll Love It: Elizabeth isn't just a powerful woman on screen - she's a reminder of the strength we all bring to our roles as mothers, partners, and professionals. Her grit, humor, and honesty in balancing family and career might just make you feel a little better about the juggling act we do every day. Plus, her story makes us realize it's okay to be ambitious *and* family-focused. Watching her rise to challenges is not only empowering but also

refreshingly relatable.

Call the midwife



Synopsis: Set in post-war East London, *Call the Midwife* tells the stories of a group of nurse-midwives who work with expectant mothers in one of the city's most impoverished neighborhoods. The show's charm comes from the way it combines stories of life's beginning with the everyday struggles, joys, and heartbreaks of the women and families in the community.

Why You'll Love It: This show nails what it means to be a woman who cares for others. As moms, we're often the healers and comforters in our own worlds, and *Call the Midwife* captures that beautifully. Each episode feels like a warm reminder of how women show up for each other and for their families. It's not just a feel-good

show; it's a testament to the strength, compassion, and unspoken heroism that so many women carry. You'll laugh, you'll cry, and you'll leave feeling deeply connected to the universal experience of motherhood and community.

Friday Night Lights



Synopsis: *Friday Night Lights* takes us into the heart of small-town Texas, where high school football is life, and everyone has a stake in the game. But don't let the sports theme fool you; at its core, this show is about relationships, family, and community. We follow Coach Eric Taylor, his wife Tami, and their journey as mentors and parents trying to navigate small-town pressures and raise good kids.

Why You'll Love It: This one hits home on so many levels. Watching Coach Taylor and Tami navigate the highs and lows of marriage and parenthood in a world that often feels like it's pulling them in a million directions? Sounds familiar, right? It's honest, it's real, and it reminds us that we're not alone in trying to raise kids with strong values in a world that doesn't always make it easy. Whether it's a tough love moment with a player or a quiet chat

over family dinner, this show is packed with heartwarming reminders that family and community are everything.

So next time you find that rare, quiet moment, these shows are here to recharge your soul and remind you that, as moms, we are truly the backbone of our families and communities. Happy watching, and enjoy the inspiration!