

WFWP USA Awakened and Empowered: A Life-Changing Experience Retreat

Kaeleigh Moffitt
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President of WFWP USA



“I launched the Women’s Federation for World Peace as a movement to awaken women to their true value and help them embrace men and develop themselves in partnership with men.”
- Dr. Hak Ja Han Moon, Founder, WFWP



From October 10-13, 2024, the Awaken Retreat hosted in Carlisle, Pennsylvania, was a transformative spiritual journey for 80 women, blending rejuvenation, empowerment, and spiritual reflection. With a focus on awakening to their true value, participants explored Heavenly Mother’s essence and Mother Moon’s leadership as a model for women.

The retreat allowed participants to deeply reflect, find clarity, and feel supported. The mornings offered meditation, yoga, and nature walks, providing moments of peace and connection. Participants engaged in content-rich sessions, emphasizing Mother Moon's teachings on Heavenly Parent, true womanhood, and leadership. The afternoons included a range of creative and empowerment workshops, such as watercolor painting, mochi making, and drum circles, allowing participants to explore their talents and passions.



Key to the experience was the focus on understanding Heavenly Parent's feminine aspect, which was a new revelation for many. As one participant noted, "There is a Mother God, a motherly energy I can tap into, and I am not alone." This spiritual breakthrough left many feeling empowered by Heavenly Mother's love and guidance. Another participant shared, "Before, I didn't believe in myself, but now I do. I am enough."



Another touching aspect of the retreat was the childcare offered for young mothers. One young mother, moved to tears, expressed how grateful she was to attend and fully participate in the retreat, something

that is usually difficult for her as a parent of young children. “The childcare made it possible, and it meant so much to me,” she said.



The atmosphere of sisterhood was a central theme throughout the retreat. Many women shared how they felt seen, heard, and understood in ways they hadn't experienced before. One participant remarked, “I found home. I found sisters”, and “I'm so used to being that person for others, I forgot what it was like to receive it.”



The Awaken Retreat was a rejuvenating experience, allowing women to tap into their true identity as daughters of Heavenly Parent, explore their own light, and overcome personal fears. It left many feeling empowered, valued, and ready to embrace their roles as leaders in their communities.

“I can step more into my own light and let go of the fear of being great,” said one attendee, capturing the spirit of the retreat. Through Mother Moon's example and the powerful spiritual breakthroughs

experienced, these women left feeling awakened and ready to carry forward their mission of peace and empowerment.



The Awaken Retreat proved to be one of the most impactful women's events hosted by WFWP USA, leaving a lasting impression on the participants and fostering a deeper understanding of Heavenly Parent, Mother Moon, and the unique role women play in the world.

