

WFWP USA: I Wish My Kitchen Would Stay Clean

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I was cleaning my kitchen for the 3rd time the other day and I almost had to throw my hands up! Why is there always so much cleaning to do?

For some reason I laughed out loud as I realized how true this was of my internal situation. I have had some incredible moments of growth and transformation which have helped me to see the world and my life with completely different eyes. But I never seem to run out of opportunities to grow. And sometimes I find it incredibly frustrating. When will I just be the person I want to be and stop having to work on myself?

Isn't that how I also feel about my kitchen? When will my house just be clean?! This analogy suddenly hit me. Perhaps if I lived a life of solitude away from all the people and stressors in my life I could find an inner peace that does not waiver. But life doesn't work that way, and that's not how our Creator designed it. My kitchen is the place where people are constantly coming through to eat, do their homework, or have dance parties (yes, you heard that right!). And my life is also full of people entering and exiting and surprise experiences that throw me off balance.

Perhaps my kitchen would stay clean and pristine if no one was ever allowed to eat there or have dance parties. If that were the case, would I still love my kitchen so much? I think not. Just like my kitchen, the people and the experiences in my life are what bring me profound joy. Yes, they sometimes stir up things inside my soul that make me struggle. However, without them I wouldn't be able to experience what love is.

To be a clear mirror that reflects this age, each woman first needs to be clear and pure within herself. Each needs to find the indomitable power within that is necessary to overcome self-centeredness. - Mother Moon, Founder, Women's Federation for World Peace

When I find myself stressed out by how messy my home is, I know the real problem is stirring much deeper than my external environment. It is my heart and my soul which are feeling messy. The more than I can look within myself and be a clear mirror as Mother Moon describes, the more I will find peace in my relationships and with my messy home. Let us find that indomitable power within to be able to overcome the mess in our hearts, so that we can finally appreciate the beauty of our lives.