

MFT: Changing Our Nature for the Better by Doing Things We Didn't Like to Do

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Photo Belvedere, date unknown

There are lots of people who never experience changing their internal nature for the better by forcing themselves to do something externally that they didn't like to do. That's exactly what happens on MFT, for example-- IFF a person will allow heaven to work. MFT is meant to be a training ground for pushing ourselves externally so to change ourselves internally for the better. Then, on the foundation of our more heavenly attitude, we can more effectively go out and change the world into a principled place. So change is from external to internal, and then it continues on to an even higher external level.

Another way to look at it is to realize that we need to receive what the Teacher / Messiah is offering us -- external experiential knowledge -- and it is in the process of pushing ourselves externally to do what he asks of us, that we can expedite the process of perfecting ourselves internally.

The same process was meant to occur for Adam and Eve. It was through their external compliance to an increasingly "unreasonable warning" ("Commandment") from their Heavenly Father that they would in effect be sacrificing themselves both for the sake of one another and for the sake of their Father. In the process of pushing themselves to do that, for however long it took, through that process, each of them would also be perfecting their internal character. So the change that heaven sought to bring about in Adam and Eve is from external compliance to internal enlightenment.