FFWPU USA Blessing and Family Ministry: Should I Get Matched Now?

Yun-A Johnson October 14, 2022

BFM at Home

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Should I Get Matched Now or Work On Myself More?

Yun-A, Christian, and Benjy give perspectives on the "right" time to get Matched & Blessed.

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Communication: The Key to Romance | Christoph & Lena Yasutake

Lena & Christoph discuss

Communication: The Key to Romance

The Blessed Couple Podcast is the only podcast just for couples who are trying to figure out this Blessed marriage thing and experience God in the process.

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Doing Hard Things - More On Resilience | Myrna Lapre

A practice that Dr. Duckworth and her family live by is the "Hard Thing Rule." It's an easy concept. Everyone in the family including Mom and Dad chooses a hard thing, something that requires "daily deliberate practice." It can be anything one chooses to do—yoga, running, piano, soccer, ballet, mountain climbing—it just must be something that's challenging and is interesting enough to continue for a set amount of time...

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