

IRFF UK: A Global Call on World Hunger Day - Ending Hunger Starts Here

Edward Hartley
May 28, 2026

www.irff-uk.org



Ending hunger starts here

World Hunger Day, marked on May 28, is a global call to action. It reminds us that hunger is not inevitable – **it can be ended.**

Around 673 million people worldwide live with hunger, roughly one in eleven people on our planet. In Africa, the crisis is especially severe: over **300 million people are undernourished**, and **more than one in five live with hunger every day.**

Behind these statistics are real lives – especially children. Malnutrition weakens their bodies, keeps them out of school, and limits their future before it has begun.



A moment that stays with you

The people IRFF UK works with are no strangers to hunger. For many, it is a daily reality. This recollection of a scene at a soup kitchen is especially moving:

"Barely ten years old, she stood in the food line – a waif of a girl, all sharp bones and watchful eyes. We saw her collapse. I went over and lifted her in my arms, and she breathed, **'I'm afraid there'll be no food left when I reach the front'.**"

That, too, is the burden on the volunteers distributing the food. There is never enough. They scrape pots clean, mopping up every last trace, but still the food runs out. The line breaks. Some people sink to the ground. Others wait, as if waiting might change the answer. As the pots are washed and stacked away, people drift away, now certain there was no mistake.



Understanding the crisis

Hunger is driven by conflict, economic instability, climate shocks, and deep inequality. On the ground, we see this daily. It looks like overcrowded food lines and children arriving at school not only to learn, but

because it may be the only place they will eat that day.

Across Africa, the problem is becoming entrenched. For children, it means missed education and a lifetime held back before it begins.

Hunger is not inevitable

Our work focuses on immediate relief and long-term change.

Over the years and across more than a dozen countries, IRFF UK has helped thousands of people. We have run food lines and soup kitchens, supported orphaned and abandoned children, and provided safe homes and access to education.

Our school feeding programmes mean children receive daily meals alongside education.

Boreholes installed at schools provide clean water for both pupils and the surrounding communities. Young girls, in particular, no longer have to trek long distances to fetch water, risking harassment and even rape.

Girls' programmes have offered training in practical skills such as sewing, baking, and small business



management, helping them
earn an income.

We have also improved
sanitation and healthcare
interventions, reducing
preventable illness in these
communities.

The challenges we face

Charities like IRFF UK are facing increasing pressure. **Rising costs, global instability and a less certain economic climate** are making it harder to sustain and grow support.

While many are feeling the strain, it is those already living at the very bottom who suffer the most. For them, even a small setback can mean going without food.

[Tap or click to donate](#)

No child should go hungry

Pause for a moment: **Right now, somewhere, a child is hungry.**

World Hunger Day reminds us that “the end of hunger is in our hands.”

Awareness matters – **but action matters more.**

Every donation, no matter the size, can transform a life. And **100% of what we receive goes directly to those in need.**

If this message has moved you, we ask you to turn concern into action and donate today.

Thank you.

The IRFF UK team

Press this button to feed a child

Connect with IRFF UK

Contact us on social media or **email us at:** info@irff-uk.org

Follow IRFF UK to stay close to our work and see real-time updates here:

- [LinkedIn](#)
- [Facebook](#)
- [Website](#)
- [Instagram](#)



Also, please [Click here](#) to visit our website and **read in-depth reports** on all our projects.

International Relief Friendship Foundation

Account number: 96497645

Sort Code: 60-05-29

Every donation counts

Empower a Child's Future: Your donation can provide the education that will transform lives. Join us in making a lasting impact—because every child deserves the chance to learn, grow, and thrive.



Your £3 donation can help provide essential learning materials for a child.



With £7, you can contribute to a child's daily nourishment, ensuring they're ready to learn.



A £10 donation can support a child's education for a week, giving them the chance to succeed.

Choose amount 🔒 ● ○ ○ ○ ○ →

One-time Monthly

£10 £25 £100

£ Custom Amount

Designation
I am happy for IRFF to choose ▾

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Powered by Donorbox

Join us in making a difference

Every donation counts

You will directly be improving the lives of those in need around the world. Every donation, no matter how small, can make a significant impact.

UK Donors:
Bank transfer is also available and helps reduce processing fees, allowing more of each donation to support our work.

International Relief Friendship Foundation
Account number: **96497645**
Sort code: **60-05-29**



Empowering Communities
and Changing Lives

Charity Number: 281776

98 Dyke Drive, Orpington, BR5 4LZ

Period Poverty

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A Charity for Africa

Breaking The Cycle Of Poverty

IRFF UK, a charity for Africa based in the UK, runs projects throughout Africa with a key focus on fighting poverty through education and tackling period poverty.



Help end period poverty. Donate now for girls' education and empowerment.

[Click to Donate to Period Poverty](#)



Your donation helps children access quality education and build brighter futures.

[Click to Donate to Education](#)

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Supporting African Communities from the UK UK Based Charity for Africa

Our Charity Is Focused on Period Poverty & Education Support In Africa

IRFF UK is a UK-based charity for Africa operating projects across Africa with a **dual focus on education and addressing period poverty**. We are breaking the cycle of poverty by ensuring access to education for all and **preventing female dropouts through the provision of menstruation products and education**. Through this communities and youth are empowered and Africans are given the best chance for a brighter future.

Support Us Today



Come See What We Do

What Areas Does Our Charity Support In Africa?

Education

Period Poverty

Emergency Relief

Menstruation Should Not Be An Obstacle In Life

As a charity for Africa, IRFF UK holds a strong promise to help underprivileged African girls facing challenges, especially period poverty, which makes it hard for them to go to school. We are dedicated to breaking down these barriers by making sure these girls have what they need for their periods. By doing this, we empower these young minds, giving them the chance to stay in school, learn, and break free from the cycle of poverty.

[What is Period Poverty?](#) | [Ending Period Poverty](#)



A Small Glimpse At The Difference IRFF UK Has Made How IRFF UK has helped in Africa so far?

Destiny Junior School

Jigger Removal

Home For Children

Kampala, Uganda

Destiny Junior School



IRFF UK built Destiny Junior School in 2009. The children in the local area have thrived ever since!

IRFF UK built **Destiny Junior School** in Kampala, Uganda in 2009, and has gone on to see more than 500 students graduates go into further education which otherwise wouldn't have happened. £115,000 has been invested in total, starting from £330 a month and now at £1,150 with 206 students in total



Why Choose IRFF UK?

What makes our charity for Africa unique?

What sets IRFF UK apart is our commitment to more than just being

We prioritise a comprehensive approach centred on education and empowerment to

intermediaries in fund transfers.

uplift individuals from poverty.

Our unique focus is on equipping people with the skills necessary for self-sustainability, fostering independence rather than dependence on Western donations.

We believe in creating lasting change by empowering individuals to build a better future for themselves and their communities.

How Can You Get Involved?

How Can You Support Our Charities Work In Africa?

Making A Donation



Spreading Awareness



Volunteering Your Time & Skills



What Our Donors Are Saying

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The Women's Federation for World Peace, South London, has been supporting Destiny Junior School through IRFF-UK for more than 12 years. Our ladies sincerely had been helping to provide a better place for the children of Destiny Junior School in Uganda. We believe Education and health are the most important things for the life of the child.

Dolores Read
Destiny School Sponsor

I have been happy to support some projects that IRFF is running in Uganda. In particular, I have donated funds towards the building of a perimeter wall and a borehole at Destiny School. I really appreciate the good work IRFF has been doing over the years to help people/children in Africa.

Joyce Suda
Destiny School Donor

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UK-registered char
impacts on many y
education and well
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women in various s
recently, it has emk
period poverty carr
all who visit this we
in any way they ca*

Terry Sweeney
IRFF UK Volunte

Support IRFF UK With A Donation Today

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