

IRFF UK: Together, We Can End Silent Hunger

Edward Hartley
November 12, 2025

www.irff-uk.org



A New Food Lifeline For South Africa

She was just 10 years old. She hadn't eaten in two days. And when she collapsed in the soup line, she whispered, **"I'm afraid there'll be no food left when I reach the front."**

This is happening in South Africa – every day. In just 18 months, 973 children died from severe acute malnutrition (SAM). Most didn't die directly from SAM, but from other causes where malnutrition was a silent killer.

One in three children under five suffers from stunting, which

damages brain development and locks them into poverty and chronic illness.



Where do the children play? – In the heart of urban neglect, a child finds joy amid filth and squalor.

In the Eastern Cape, over 30% of households don't have enough to eat. Nelson Mandela Bay is even worse. With unemployment at 33.2%, many parents go without food so their children can eat.

The Human Rights Commission calls it “systemic hunger” – a crisis worsened by failing nutrition programmes and poor coordination.



As cities expand, makeshift homes cluster around rubbish dumps, giving rise to informal settlements built from necessity.

IRFF UK has stepped in where government efforts fall short.

“These issues must be resolved at the state level,” says Edward Hartley, IRFF UK manager, **“but they’ve persisted for too long. We’ve got to do more. If we can save just a few children, we will have made a difference.”**

That’s why IRFF UK is partnering with the Walmer Angel Project in Port Elizabeth (Gqeberha) to launch a second soup kitchen in

Walmer G West.

The first kitchen, already supported by IRFF UK, feeds 330-350 people a day, five days a week. The second, started just days ago, will serve 280 people three times a week – **if we can keep it running.**



Amid heaps of unwanted clothes at a rubbish dump in Walmer township, this man searches for something usable - an overlooked shirt or an abandoned coat. Young children can sometimes be seen scratching for food at the tip.

Glenda Brunette, founder of the Walmer Angel Project, (shown on right) began her outreach in 2006.

She's seen children sleeping on bare floors, **surviving on a school meal of a chicken neck and rice**, and collapsing from hunger and fear. Her team now ensures children are fed first. But the need is overwhelming.

Walmer Angels ran five kitchens before COVID. But then financial disaster struck and donors disappeared. So they had to close four. With



our new push this month, they
now have two.

"I can barely begin to explain
how bad the situation is,"
Glenda says, adding: " But I will
do everything in my power to
change that in the future."



JULIA GETS A KICK OUT OF A GOOD DEAL - World Food Day 2025 called for
action: "Hand in Hand for Better Foods and a Better Future!" We've already
answered that call. But Julia needs more assistance.

CAN YOU HELP?

Every penny goes to the cause – food, fuel, and related costs. **In the short term, we've reallocated funds from other areas in the hope that new donations will carry us through 2026.**

We recently sent £600 to keep the new kitchen going into January.

But **we need £300/month** to sustain it – **and £500/month** to grow the kitchen.

Please, give today. Your support helps us reach the children still waiting for a meal.

4 WAYS TO HELP

This isn't just a story – it's a call to action. Please be part of the response. Here are four ways:

1. Donate if you can. It could be a regular or a one-off monetary donation. We're pleased to say that just **£10** provides around **120 meals** to children who would otherwise go without.

2. Share this newsletter with friends, colleagues, or anyone who cares about child hunger. Awareness leads to action.

3. Connect with us on [LinkedIn](#) or [Facebook](#) or [Website](#) for real-time updates, stories from the field, and progress as it happens.

4. **Champion the cause** by starting a conversation, hosting a fundraiser, or simply spreading the word.

Also, please [Click here](#) to visit our website and **read in-depth reports** on all our projects.

Follow IRFF UK today on [LinkedIn](#) and receive even more news and updates!

A Charity for Africa

Breaking The Cycle Of Poverty

IRFF UK, a charity for Africa based in the UK, runs projects throughout Africa with a key focus on fighting poverty through education and tackling period poverty.



Help end period poverty. Donate now for girls' education and empowerment.

[Click to Donate to Period Poverty](#)



Your donation helps children access quality education and build brighter futures.

[Click to Donate to Education](#)

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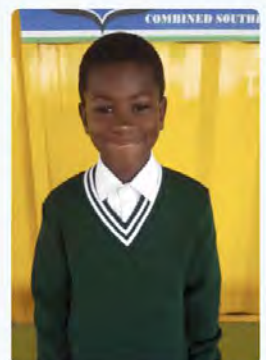
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Supporting African Communities from the UK

UK Based Charity for Africa

Our Charity Is Focused on Period Poverty & Education Support In Africa

IRFF UK is a UK-based charity for Africa operating projects across Africa with a **dual focus on**



education and addressing **period poverty**. We are breaking the cycle of poverty by ensuring access to education for all and **preventing female dropouts through the provision of menstruation products and education**. Through this communities and youth are empowered and Africans are given the best chance for a brighter future.

Support Us Today



Come See [What We Do](#)

What Areas Does Our Charity Support In Africa?

Education

Period Poverty

Emergency Relief

Menstruation Should Not Be An Obstacle In Life

As a charity for Africa, IRFF UK holds a strong promise to help underprivileged African girls facing challenges, especially period poverty, which makes it hard for them to go to school. We are dedicated to breaking down these barriers by making sure these girls have what they need for their periods. By doing this, we empower these young minds, giving them the chance to stay in school, learn, and break free from the cycle of poverty.

[What is Period Poverty?](#) | [Ending Period Poverty](#)



A Small Glimpse At The Difference IRFF UK Has Made

How IRFF UK has helped in Africa so far?

Destiny Junior School

Jigger Removal

Home For Children

Kampala, Uganda
Destiny Junior School



Destiny Junior School

IRFF UK built Destiny Junior School in 2009. The children in the local area have thrived ever since!

IRFF UK built **Destiny Junior School** in Kampala, Uganda in 2009, and has gone on to see more than 500 students graduates go into further education which otherwise wouldn't have happened. £115,000 has been invested in total, starting from £330 a month and now at £1,150 with 206 students in total



Why Choose IRFF UK?

What makes our charity for Africa unique?

What sets IRFF UK apart is our commitment to more than just being intermediaries in fund transfers.

We prioritise a comprehensive approach centred on education and empowerment to uplift individuals from poverty.

Our unique focus is on equipping people with the skills necessary for self-sustainability, fostering independence rather than dependence on Western donations.

We believe in creating lasting change by empowering individuals to build a better future for themselves and their communities.

How Can You Get Involved?

How Can You Support Our Charities Work In Africa?

Making A Donation



Spreading Awareness



Volunteering Your Time & Skills



What Our Donors Are Saying

Your efforts in the areas of education, health and sustainability are vital in certain countries and truly appreciated. My family will continue to sponsor a child at Destiny Junior School in Uganda, and will endeavour to support other causes that IRFF UK informs us about.

Marshall de Souza
Destiny School Sponsor

The Women's Federation for World Peace, South London, has been supporting Destiny Junior School through IRFF-UK for more than 12 years. Our ladies sincerely had been helping to provide a better place for the children of Destiny Junior School in Uganda. We believe Education and health are the most important things for the life of the child.

Dolores Read
Destiny School Sponsor

I have been happy to support projects that IRFF is running in Uganda. In particular, the funds donated towards a perimeter wall at Destiny School. I really appreciate the good work IRFF has done over the years to help people/children in Africa.

Joyce Suda
Destiny School Donor



Support IRFF UK With A Donation Today

Yes, I'll Donate!

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Empowering Communities
and Changing Lives

Charity Number: 281776

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Period Poverty

Period Poverty Intro

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Ending Period Poverty

Period Poverty Projects

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Past Projects

Charity Gambia

Jigger Mobile Medical Team

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