

IRFF UK: Soup Kitchens Fighting Frontline Starvation

Edward Hartley
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www.irff-uk.org



Soup Kitchens Fighting Frontline Starvation

We wanted to share a powerful and urgent update from our work on the ground. Our latest blog post tells the story of the crisis in Walmer Township, Nelson Mandela Bay, South Africa — where children are quietly starving while local heroes fight every day to stop that from happening.

“Children are dying – quietly, in hospitals, in townships, in homes...”

In the past year, more than 25 children under five have died from severe acute malnutrition — and the number continues to rise.



In the midst of this crisis, IRFF UK is supporting a lifeline: **a soup kitchen run by the Walmer Angel Project**, serving around **500 meals 5 times a week** to those who would otherwise go

without.

👤 **Read the full story:** [Soup Kitchens Fight Frontline Starvation](#)

💖 **See the post and share your support on Facebook:**

facebook.com/IRFF.UK/posts/pfbid02YpekPUZYvCn42UCzzT9wabB8wD12LhByQgx7UGxvG9H8muu1E37s2G5Qvevxc3xcl



Your compassion changes lives. And thanks to your continued support, a second soup kitchen is planned to start up shortly — we'll be sharing more details in a dedicated newsletter soon!



Here's how you can help right now:

- **Read and share the blog** to raise awareness
- **Follow us on Facebook** for real-time updates and stories from

the field

- **Donate if you can** — even £10 can help provide around 200 hot meals

Your support keeps these kitchens running and brings hope to families facing hunger. Together, we can ensure no child goes hungry in silence.

With gratitude,

The IRFF UK Team

[Click Here to Support us Today](#)



Soup kitchens fight frontline starvation

August 20, 2025



The reports are devastating - more than two dozen children starved to death in South Africa's Eastern Cape province over the past year.

"Children are dying – quietly, in hospitals, in townships, in homes," reported *Daily Maverick Baywatch* in late July.

This is happening in one of South Africa's most prosperous metros – Nelson Mandela Bay – named in honour of the former president and humanitarian.

Twenty-five children under the age of five died from severe acute malnutrition in the past year, according to state institutions and media reports. Hundreds more are starving. Diagnoses of malnutrition have surged, and **child deaths have nearly doubled since 2023.**





Two years ago, the South African Human Rights Commission called the situation a disaster and urged the government to declare a state of emergency. Nothing has been done.

Yet just a short distance away, an IRFF-supported soup kitchen is providing a lifeline in the poverty-stricken Walmer Township in Port Elizabeth. But it's not nearly enough.

The soup kitchen is one of four run by the Walmer Angel Project which currently feeds around 2,000 people. Every weekday, volunteers cook and serve hot, nutritious meals – mostly to children and the elderly. In a community where unemployment is high and many families live in overcrowded shacks, these soup kitchens are often the only source of food for the day.



"There is so much unemployment in the township, so we do what we can to alleviate many unbearable situations," says Glenda Brunette, founder of the Walmer Angel Project.



"It breaks our hearts to see people in this community going hungry," wrote Cecilia Adams in a message to IRFF UK.

"Any contribution, no matter how small, would make a significant difference in our ability to continue providing meals."





IRFF UK currently sends £200 a month to support the kitchen that feeds 500 mouths.

But with your help, we can feed more children. We want to ensure that no child suffers in silence. Please consider making a donation today.

Even a small gift can help us buy food, keep the soup kitchens running, and provide vital nourishment to those who need it most.



The Good News is - A small donation goes a long way

Just **£10** can help provide **200 hot meals** – enough to feed 200 people for a day.

- So, a **one-off donation of £5, £10, £25 or more** provides immediate help.
- Or **set up a monthly gift** to sustain this vital work over time.

*Thank you for your
compassion and support.*

The IRFF UK team



Empowering Communities
and Changing Lives

Charity Number: 281776

98 Dyke Drive, Orpington, BR5
4LZ

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IRFF-UK

October 29 at 3:01AM · 🌐

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🌐 On the IRFF-UK Blog: "Soup kitchens fight frontline starvation" 🍲

We're deeply moved and humbled by the stories we share today of children quietly dying of starvation, families going hungry, lives on the brink. But in the shadows of despair, there is hope. IRFF-UK is supporting the Walmer Angel Project in Port Elizabeth, South Africa, which runs **one soup kitchen feeding around 500 people, five times a week**, many of them children and elderly community members.

Yet this lifesaving work is stretched to its limits - your support can make all the difference. Even **£10 can provide 200 hot meals**

🔗 Read the full blog here: **Soup kitchens fight frontline starvation**

👉 <https://www.irff-uk.org/.../soup-kitchens-fight-frontline...>

🙏 Let's stand together to ensure no child suffers in silence. Please consider donating, sharing, or volunteering. Together we **can** save lives.

#FeedTheHungry #HopesInAction #SouthAfrica #MakeADifference



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Soup kitchens fight frontline starvation

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1 share

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